

2023-2024 Early Childhood Family Education (ECFE)

ECFE offers daytime and evening classes for families with infants, toddlers, preschoolers, and expecting families. Families have time to play and learn with other children and a licensed staff. Families also get to connect with other parents and a parent educator to discuss a variety of parenting topics.



Incredible Infants

One Time Infant Classes

The following classes are offered at no cost, though preregistration is required. Child care for siblings is available, at no cost, on a limited basis.

Babies & Books

Join us for this literacy focused class. Play with your baby, meet families, and enjoy stories and songs. A light snack will be served and families will go home with a free book for their home library! These classes are co-sponsored with HUG (Helping Us Grow).

Parents and their infants, birth through 12 months			
Course Number	Date	Time	Room
EF-F101	M Oct 16	1:15-2:15 pm	18
EF-F102	M Dec 11	1:15-2:15 pm	18
EW-F103	T Feb 27	6:15-7:15 pm	23
EW-F104	M May 6	1:15-2:15 pm	18

Baby Massage

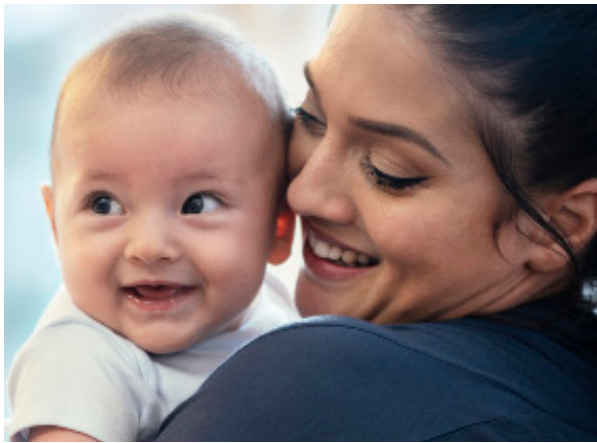
Enhance baby's development, digestion, sleep, and ability to relax through loving touch, sight, sound and movement. Massage also helps to improve communication and build your attachment to your baby. Bring a blanket for your baby.

Parents and their infants, 1 month to crawling			
Course Number	Date	Time	Room
EF-F107	Th Sep 21	1:15-2:30 pm	18
EF-F108	T Nov 14	6-7:15 pm	23
EW-F109	Th Jan 25	1:15-2:30 pm	18
EW-F110	T Mar 19	6-7:15 pm	23
EW-F111	Th Apr 18	1:15-2:30 pm	18
EW-F112	Th May 23	1:15-2:30 pm	18

Making the First Months Matter

Your baby's brain is growing and changing every second! Learn more about the important role you play in building your baby's brain and leave with brain building activities you and your baby can enjoy together.

Parents and their infants, prenatal through 12 months			
Course Number	Date	Time	Room
EF-F116	T Sep 5	6:15-7:15 pm	23
EF-F117	Th Oct 26	1:15-2:15 pm	18
EF-F118	T Dec 5	6:15-7:15 pm	23
EW-F119	Th Mar 14	1:15-2:15 pm	18
EW-F120	Th May 30	1:15-2:15 pm	18



Weekly Infant Classes

Having an infant is exciting and challenging. Our weekly classes are designed to be your time to slow down, enjoy your child, and connect with others. Children will explore and learn through music, movement, and play. With support from our licensed parent educators, families also get to discuss and learn more about infant sleep, feeding, ways to support growth and development, managing parenting stress and so much more. Child care for siblings is available for all weekly infant classes.

Parents and their infants, prenatal through 15 months								
Session 1 (Free)			Session 2 (Free)			Session 3 (Sliding fee scale)		
			Builds on information provided in Session 1, with all new topics.			Families who took session 1 or 2, continue with new topics in session 3.		
Pre-6 mo. EF-D101	W 6-7:15 pm	Sep 13-Oct 25 Rm 18	Pre-6 mo. EF-D201	W 6-7:15 pm	Nov 1-Dec 20 Rm 18	6-12 mo. EW-D301	W 6-7:30 pm	Jan 10-May 29 Rm 18
Pre-6 mo. EF-D102	Th 8:45-10:15 am	Sep 14-Oct 26 Rm 18	Pre-6 mo. EF-D202	Th 8:45-10:15 am	Nov 2-Dec 21 Rm 18	6-12 mo. EW-D302	Th 8:45-10:15 am	Jan 11-May 30 Rm 18
Birth-12 mo. EF-D103	M 6-7:30 pm	Oct 23-Dec 18 Virtual				3-15 mo. EW-D303	M 6-7:30 pm	Jan 8-Jun 3 Virtual
Pre-6 mo. EW-D104	W 6-7:15 pm	Apr 3-May 29 Rm 25						
Pre-6 mo. EW-D105	F 10:45 am-12:15 pm	Apr 5-May 31 Rm 18						

Register online at rdale.ce.eleyo.com > ECFE



View sliding fee scale for tuition



Infant Classes For parents and their children 6 through 20 months

6 through 12 months - for children born Aug 1, 2022-Mar 1, 2023

Course Number	Date	Time	Room
EF-B115	M Sep 11-Jun 3	6-7:30 pm	18
EF-B116	T Sep 12-May 28	12:30-2 pm	18
EF-B117	W Sep 13-May 29	8:45-10:15 am	18
EF-B118	Th Sep 14-May 30	10:45 am-12:15 pm	18

12 through 20 months - for children born Dec 1, 2021-Sep 1, 2022

EF-B119	M Sep 11-Jun 3	9:30-11 am	18
EF-B120	T Sep 12-May 28	6-7:30 pm	18
EF-B121	W Sep 13-May 29	10:45 am-12:15 pm	18
EF-B122	Th Sep 14-May 30	6-7:30 pm	18
EF-B123	F Sep 15-May 31	8:45-10:15 am	18

Semester 2 Infant Classes - 6 through 12 months - for children born Dec 1, 2022-Jul 1, 2023

EW-D301	W Jan 10-May 29	6-7:30 pm	18
EW-D302	Th Jan 11-May 30	8:45-10:15 am	18

Semester 2 Infant Class - 3 through 15 months - for children born Sep 1, 2022-Oct 1, 2023

EW-D303	M Jan 8-Jun 3	6-7:30 pm	Virtual
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The Joy of Grandparenting

"When a child is born, so are grandparents." Whether you will be, or are grandparenting, near or far, join other grandparents as you prepare for this special role, relationship and time in your life. We will explore how to support a brand new family, reading baby's cues and behaviors, ideas for play and get an update on today's safety practices. There is no fee for this class.

Grandparents of infants, pre-birth through 12 months

Course Number	Date	Time	Room
EF-F113	T Oct 17 & 24	6-7:15 pm	virtual
EW-F114	W Apr 17 & 24	6-7:15 pm	virtual

Register online at rdale.ce.eleyo.com > ECFE





Terrific Twos

Two year olds are growing at high speed. They require guidance and limits as they set out to explore their world. Our classrooms allow children to engage all of their senses as they sing, dance, create, build, problem solve, communicate and socialize.

While children gain confidence, trust, and independence, parents meet separately for parenting discussions with a licensed parent educator. Child care for siblings is available for all Terrific Twos classes.

1-day per week Terrific Twos classes for parents and their children			
21 through 35 months - for children born Sep 1, 2020-Dec 1, 2021			
Course Number	Date	Time	Room
EF-B130	M Sep 11-Jun 3	9:30-11 am	19
EF-B131	T Sep 12-May 28	8:45-10:15 am	19
EF-B132	T Sep 12-May 28	10:45 am-12:15 pm	19
EF-B133	F Sep 15-May 31	8:45-10:15 am	19
*2-days per week Terrific Twos			
EF-B134	W/Th Sep 13-May 30	8:45-10:15 am	19
EF-B135	W/Th Sep 13-May 30	10:45 am-12:15 pm	19
* Wednesdays, children attend alone. Thursdays, parents and children attend together. Tuition is an annual cost, divided into 9 equal payments. Child care for siblings is available on Thursdays only.			

[View sliding fee scale for tuition](#)





Mixed Age Adventures

Since children are at different levels of development at varying ages, they learn from one another as they play, interact, and develop skills. Activities are designed for fun and learning under the guidance of a licensed early childhood teacher.

While children develop their social, emotional, physical and cognitive skills, parents meet separately for parenting discussions with a licensed parent educator. Child care for siblings is available for all Mixed Age Adventures and Family classes unless otherwise noted.

Mixed Ages classes for parents and their children

21 through 42 months - for children born Feb 1, 2020-Dec 1, 2021

Course Number	Date	Time	Room
EF-B140	M Sep 11-Jun 3	6-7:30 pm	19
EF-A141	Th Sep 14-May 30	8:45-10:45 am	25

2 through 4 years - for children born Sep 1, 2018-September 1, 2021

EF-B142	W Sep 13-May 29	6-7:30 pm	19
EF-B143	F Sep 15-May 31	10:45 am-12:15 pm	19

Outdoor Explorers

Join us as we investigate and experience nature and the outdoors. Families will explore the outdoors together, then children will further their explorations with their teachers while caregivers engage in parenting discussions nearby (inside or outside).

3 through 4 years - for children born Sep 1, 2018-Sep 1, 2020

Course Number	Date	Time	Room
EF-D108	M Sep 11-Oct 23	12:30-2 pm	19
EF-D109	M Nov 13-Dec 18	12:30-2 pm	19
EW-D110	M Apr 15-May 20	12:30-2 pm	19

Register online at rdale.ce.eleyo.com > ECFE



Mixed Age Adventures – Family Classes

(non-separating classes families attend together)

Kids Create Art

Explore the wonder of messy art! This art and music class introduces young artists to an exciting variety of sensory experiences.

2 through 4 years – for children born Sep 1, 2018–September 1, 2021			
Course Number	Date	Time	Room
EF-B147	T Sep 12–May 28	6–7:30 pm	22

Math Rocks

Help your littlest learners explore the exciting world of numbers with our engaging collection of fun, hands-on math activities.

2 through 4 years – for children born Sep 1, 2018–September 1, 2021			
Course Number	Date	Time	Room
EF-B148	M Sep 11–Jun 3	6–7:30 pm	22

Book Buddies

Join your child(ren) as they explore the enriching world of literacy using new and exciting hands-on literacy activities.

2 through 4 years – for children born Sep 1, 2018–September 1, 2021			
Course Number	Date	Time	Room
EF-B149	W Sep 13–May 29	6–7:30 pm	24

Big Brother/Big Sister

Is your child expecting a new sibling or has your child recently become a big brother or sister? Join us and you and your child will participate in activities that help children learn what to expect when a new baby comes home, about caring for a new baby, and how to communicate their feelings. There is no fee for this class. Child care for siblings is not available.

Parents and their children, birth through 6 years			
Course Number	Date	Time	Room
EF-F121	T Oct 24	4:30–5:30 pm	25
EW-F122	T Apr 23	4:30–5:30 pm	25

[View sliding fee scale for tuition](#)



Drop-in Classes (non-separating classes families attend together)

Drop-in playtimes

Interested in exploring a new play space? Caregivers can drop-in anytime to play with their children as they explore an early childhood classroom and learning activities at the New Hope Learning Center. A Parent Educator will be available to answer any questions and provide resource information. There is no fee for this activity. Registration is not required.

Baby Talk & Play - children 6 through 20 months			
Course Number	Date	Time	Room
DI1	T Sep 12-May 28	10:15-11:45 am	18
Drop-in & Play - children 21 through 42 months			
DI2	Th Sep 14-May 30	12:45-2 pm	19
Drop-in & Play - children 2 through 4 years			
DI3	Th Sep 14-May 30	6-7:30 pm	22

Family Gym

Caregivers can drop-in anytime to play with their children and explore a variety of activities in the New Hope Learning Center Gym! There is no fee for this activity. Registration is not required.

Birth through 4 years			
Course Number	Date	Time	Room
DI4	M Nov 13-Apr 22	6-7:30 pm	Gym
DI5	F Nov 3-Apr 19	9-11:15 am	Gym

Parent Connections

Parents of children birth through 3 years old, join us for support, community and information around relevant parenting topics. There is no fee for these classes.

Toileting Independence - parents of children 16-36 months			
Course Number	Date	Time	Room
EF-F170	Th Sep 28	7-8 pm	virtual
EW-F171	Th Apr 25	7-8 pm	virtual
Infant Sleep - parents of children 6-16 months			
EF-F172	M Nov 13	7-8 pm	virtual
Toddler Sleep - parents of children 16-36 months			
EF-F173	M Dec 4	7-8 pm	virtual
Understanding Toddler Emotions & Tantrums - parents of children 16-36 months			
EW-F174	T Jan 9	7-8 pm	virtual
Navigating Challenging Behaviors - parents of children 16-36 months			
EW-F175	T Feb 13	7-8 pm	virtual

Register online at rdale.ce.eleyo.com > ECFE



Preschool (For children 30 months through 4 years on Sep 1, 2023)

Teachers help children engage and learn in ways that support all areas of growth and development (cognitive, physical, language and social). Our preschool programs have received the highest possible rating by Minnesota's quality rating system for early education settings. Call 763-504-5330 for more information.

Drop-Off Preschool for 3 & 4 year olds Classes meet 2-5 days per week, for 2.5 hours each day.

ECFE Preschool for 3 & 4 year olds One day per week, parents and children attend together. Children attend alone for an additional 1-2 days per week. It's the perfect combination!

5-Day Preschool for 4 year olds Classes meet 5-days per week, for 2.5 hours each day. Preschools are held at elementary schools across the district and at the New Hope Learning Center. Transportation is available within your attendance area school boundaries.

Early Adventures (For children 4 years on Sep 1, 2023)

Early Adventures is the full-day care, with preschool component, of Robbinsdale Area Schools. By combining high quality child care with the district's preschool curriculum, this program offers an opportunity for students to have a preschool experience in a safe, nurturing setting, with adults especially trained to work with preschool students. Call 763-504-5320 for more information.

Registration information is available online at rdale.ce.eleyo.com > Preschool



Family Literacy (For parents and children 33 months-5 years old)

Parents and their children attend school together. Parents can access a variety of Adult Academic Programming, in addition to attending parenting classes, while their children attend preschool. Classes meet Monday-Thursday, 9 am-2 pm. For information or to register, call Adult Academic Programs at 763-504-8300. Online registration is not available for this program.

Early Childhood Screening (For children 3-5 years old)

All 3 to 5-year-old children in Minnesota are required to complete an Early Childhood Screening. Early Childhood Screening is a free and simple check of your child's vision, hearing, height, weight and development, as well as a review of immunizations. The screening helps to identify children who may need additional support or services prior to kindergarten. Schedule an appointment online at rdale.ce.eleyo.com or call the screening office at 763-504-4180.

Early Childhood Special Education

Early Childhood Special Education provides opportunities for growth and support for children and their families. Any child between birth and five years of age with a demonstrated developmental delay, and who meets the eligibility criteria in early childhood special education, is eligible to receive services. If you have concerns about the way your child moves, sees, hears, plays, talks, or behaves, a referral for a free screening and/or evaluation can be completed through the Minnesota Help Me

One-to-One Visits (For parents with children, birth through 3rd grade)

ECFE offers free home visits with a licensed parent educator. A parent educator can come to your home or meet with you virtually to answer your parenting questions and provide information on child development and community resources. Scan the QR code or call 763-504-4170 to request an appointment.

