



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| | | <p><u>SOUP</u> Black Bean Soup</p> <p><u>ENTRÉE</u> Chicken Tenders Dipping Sauces & Vegan Tofu Tenders with</p> <p><u>SIDES</u> Oven Baked Tater Tots & Roasted Green Beans</p> <p><u>SANDWICHES</u> Build your own Sandwich. or Avocado Lettuce tomato Red Onion Wrap</p> <p><u>SALAD</u> Black Bean Corn Fiesta Salad</p> <p><u>DESSERT</u> Tajin Pineapple</p> | <p><u>SOUP</u> Beef Barley Soup</p> <p><u>ENTRÉE</u> Marinated Grilled Flank Steak & Marinated Grilled Tofu</p> <p><u>SIDES</u> Roasted Potatoes & Roasted Brussel Sprouts</p> <p><u>SANDWICHES</u> Build your own Sandwich. or Vegan Breaded Eggplant Arugula Roasted red Pepper on a French Baguette</p> <p><u>SALAD</u> Panzanella Salad</p> <p><u>DESSERT</u> Grapes</p> | <p><u>SOUP</u> Minestrone Soup</p> <p><u>ENTRÉE</u> Oven Baked Cheese Pizza & Pepperoni Pizza</p> <p><u>SIDES</u> Sauteed Mushrooms</p> <p><u>SANDWICHES</u> Build your own Sandwich. Or Lettuce Wrapped Spicy Black Bean Veggie Burger</p> <p><u>SALAD</u> Kale Caesar Salad</p> <p><u>DESSERT</u> Ice Pops</p> |
| <p><u>SOUP</u> Tomato Soup</p> <p><u>ENTRÉE</u> Sausage and Peppers and onions & Vegan Sausage</p> <p><u>SIDES</u> Roasted Potatoes</p> <p><u>SANDWICHES</u> Build your own sandwich or Zucchini, Carrot Cilantro with Spicy Vegan Mayo</p> <p><u>SALAD</u> Cole Slaw</p> <p><u>DESSERT</u> Sliced Oranges</p> | <p><u>SOUP</u> Vegetable Rice Soup</p> <p><u>ENTRÉE</u> Cheese Tortellini with Bolognese & Vegan Pasta with Meatballs</p> <p><u>SIDES</u> Garlic Bread & Roasted Green Beans</p> <p><u>SANDWICHES</u> Build Your Own Sandwich or Portobello, Sautéed Spinach and Red Pepper</p> <p><u>SALAD</u> Honey Beef Salad</p> <p><u>DESSERT</u> Sliced Apples</p> | <p><u>SOUP</u> Hearty Potato Soup</p> <p><u>ENTRÉE</u> Turkey Chili & Vegan Chili</p> <p><u>SIDES</u> Tortilla Chips & Roasted Corn</p> <p><u>SANDWICHES</u> Build Your Own Sandwich or Avocado Lettuce tomato Red Onion Wrap</p> <p><u>SALAD</u> Mixed Green Salad</p> <p><u>DESSERT</u> Sliced Cantaloupe</p> | <p><u>SOUP</u> Lentil Soup</p> <p><u>ENTRÉE</u> Chicken Fried Rice & Vegetable Fried Rice</p> <p><u>SIDES</u> Sautéed Bok Choy & Carrots</p> <p><u>SANDWICHES</u> Build Your Own Sandwich or Hummus, tomato, cucumber on a roll</p> <p><u>SALAD</u> Caesar Salad</p> <p><u>DESSERT</u> Sugar Cookies</p> | <p><u>SOUP</u> Chicken Noodle</p> <p><u>ENTRÉE</u> Ropa Vieja</p> <p><u>SIDES</u> White Rice and Fried Plantains</p> <p><u>SANDWICHES</u> Build your own Sandwich. or Portobello Swiss Arugula on a Multigrain Roll</p> <p><u>SALAD</u> Carolina Coleslaw</p> <p><u>DESSERT</u> Sliced Watermelon</p> |

DAILY ALTERNATE OPTION

Sun butter and Jelly on Whole Wheat Bread, Plain Roll or Roll with Butter
 IF YOU HAVE A FOOD ALLERGY, please speak to the school nurse or the Chef Manager

Tuxedo Park School

December 2023



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|--|--|--|--|---|
| <p>11</p> <p><u>SOUP</u> Minestrone Soup</p> <p><u>ENTRÉE</u> Chicken Souvlaki or Grilled Seasoned Tofu Flat Bread</p> <p><u>SIDES</u> Pita Bread, Sliced tomato, Tzatziki</p> <p><u>SANDWICHES</u> Build your own Sandwich or Buffalo Tofu Wrap</p> <p><u>SALAD</u> Greek Salad</p> <p><u>DESSERT</u> Chocolate Pudding</p> | <p>12</p> <p><u>SOUP</u> Black Bean Soup</p> <p><u>ENTRÉE</u> BBQ Pulled Pork</p> <p><u>SIDES</u> White Rice & Roasted Squash</p> <p><u>SANDWICHES</u> Sandwich or Veggie Wrap</p> <p><u>SALAD</u> Pesto Barley Salad</p> <p><u>DESSERT</u> Sliced Pineapple</p> | <p>13</p> <p><u>SOUP</u> Vegetable Quinoa Soup</p> <p><u>ENTRÉE</u> Cheese Lasagna with Bolognese or Vegan Baked Ziti</p> <p><u>SIDES</u> Roasted Mushrooms</p> <p><u>SANDWICHES</u> Build Your Own Sandwich or Tofu, Pesto, Tomato flatbread</p> <p><u>SALAD</u> Caesar Salad</p> <p><u>DESSERT</u> Sliced Honeydew</p> | <p>14</p> <p><u>SOUP</u> Vegetable Soup</p> <p><u>ENTRÉE</u> Roasted Turkey with Gravy or Vegan Loaf with Gravy</p> <p><u>SIDES</u> Mashed Potatoes & Green Beans</p> <p><u>SANDWICHES</u> Build your own sandwich or Lettuce, Tomato, Cucumber & Swiss Wrap</p> <p><u>SALAD</u> Mixed Green Salad</p> <p><u>DESSERT</u> Pumpkin Pie</p> | <p>15</p> <p><u>Noon Dismissal</u></p> |
| <p>18</p> <p><u>No School Winter Break</u></p> | <p>19</p> <p><u>No School Winter Break</u></p> | <p>20</p> <p><u>No School Winter Break</u></p> | <p>21</p> <p><u>No School Winter Break</u></p> | <p>22</p> <p><u>No School Winter Break</u></p> |
| <p>25</p> <p><u>No School Winter Break</u></p> | <p>26</p> <p><u>No School Winter Break</u></p> | <p>27</p> <p><u>No School Winter Break</u></p> | <p>28</p> <p><u>No School Winter Break</u></p> | <p>29</p> <p><u>No School Winter Break</u></p> |

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