

GAP YEAR ASSOCIATION

CONSIDER A GAP YEAR



WHAT IS A GAP YEAR?

A deliberate period of time taken after high school to deepen one's practical, professional, and personal awareness. Also known as a "bridge" or "discovery" year. Typically two months - one year

WHY ME?

You are a good gap year candidate if you don't know what you want to study at college, if you feel burnt out as graduation approaches or if you have non-academic interests you want to explore before your next stage of life.

WHO DOES THIS?


Besides Malia Obama and Yara Shahidi, 'regular' students take gap time to explore possible careers, take a break from classroom learning and gain independence before pursuing college, career or another path.

BENEFITS


- 90% of gap year students begin college within a year.
- 88% of surveyed gap year students said their year significantly added to their employability.
- Gap year students show a clear pattern of having higher G.P.A.'s than traditional students, and the positive effect lasts over all four years.
- Students who have taken a gap year overwhelmingly report being satisfied with their jobs.

FURTHER INFO




Gap Year Association 
www.gapyearassociation.org
Stats, vetted programs and scholarship info




GoOverseas 
www.gooverseas.com
Program reviews, articles and virtual events



Teen Life 
www.teenlife.com
Program listings, reviews and virtual events



Gap Year Radio podcast 
www.gapyearradiopodcast.com
Interviews with gap year alumni

MORE INFORMATION AND RESOURCES

Gap Year Association
www.gapyearassociation.org