

Assessment of Highline Public Schools Local Wellness Policy

Performed: July 27, 2023 by Lisa Johnson, MS RD SNS and Kris Marsh, MS RDN CD SNS

Highline Public Schools Wellness Policy will be assessed each school year to ensure compliance with the United State Department of Agriculture Final Ruling. This includes establishing Wellness Policy Content, ensuring stake holder participation in the development and updates of the policy, and periodically assessing compliance of the wellness policy.

Local school wellness policies are intended to create a school nutrition environment that promotes students' health, well-being, and ability to learn.

Sixteen school sites responded to the survey.

Findings:

- Standards/nutritional guidelines for foods sold on campus during the school day are outlined.
- Policies for approved food and beverages are stated.
- Guidelines are established for foods and beverages that are provided, not sold, to students throughout the school day.
- Established specific goals to provide access to nutritious food and provide accurate information related to these topics.
- Increased emphasis on nutrition education and physical activity at all grade levels.

Next Steps:

Highline Public Schools will collaborate with Health Services and Physical Education Department to regularly update the Wellness Policy and to ensure that all components are being enforced at the building levels. The District Wellness Policy Team will assess the policy each year and assess areas of success and identify areas of improvement. These updates will be presented to the School Board for approval and communicated to the public via the Nutrition Services District Website.

Interested in helping shape the development, implementation, and review of the Wellness Policy? Join the District Wellness Policy team. Contact Nutrition Services to get involved at 206-631-3010.