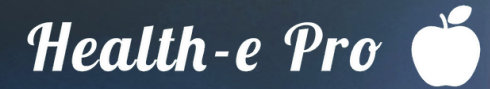


# JANUARY 2024



MON	TUE	WED	THU	FRI
1 <b>No School</b>	2 #1 Chicken Burger  Peas & Peaches Churro	3 <b>Brunch For Lunch</b> #1 Dutch Waffle w/ Turkey Sausage Patty  Garbanzo Beans & Applesauce Cup	4 #1 Pasta w/ Meat Sauce #4 Pasta w/ Beyond Meat Sauce (M)*  Corn & Pineapple Sugar Cookie	5 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #4 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Baby Carrots & Apple
8 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread  Broccoli & Fruit Cocktail	9 #1 Beef Soft Taco #4 Beyond Meat Soft Taco (M)*  Baby Carrots & Mixed Berry Cup Krinkle Cookie	10 #1 Cheese (M) or Pepperoni Pizza  Celery Sticks & Craisins	11 #1 Teriyaki Beef Dippers w/ Brown Rice  Kidney Beans & Pears Chocolate Chip Cookie	12 #1 Whole Grain Mini Corndogs  Peas & Grapes
15 <b>No School</b>	16 #1 Nacho Supreme #4 Beyond Meat Nacho Supreme (M)*  Baby Carrots & Apple Oatmeal Cookie	17 <b>Brunch For Lunch</b> #1 Pancakes w/ Turkey Sausage Patty  Celery Sticks & Strawberry Cup	18 #1 Mac & Cheese (M)  Black Beans & Orange Chocolate Cake	19 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #4 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Corn & Mandarin Oranges
22 #1 Toasted Turkey Ham & Cheese Sandwich w/ Tomato Soup #4 Toasted Cheese Sandwich w/ Tomato Soup (M) Broccoli & Apple	23 #1 Hot Dog in a Bun  Baby Carrots & Orange Pumpkin Cake	24 #1 Cheese (M) or Pepperoni Pizza  Celery Sticks & Peach Cup	25 #1 Lasagna w/ Whole Grain Breadstick #4 Beyond Meat Lasagna w/ Whole Grain Breadstick (M)*  Pinto Beans & Apple Snickerdoodle	26 <b>No School</b>
29 #1 Cheeseburger  Broccoli & Raisins	30 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M)  Baby Carrots & Banana Double C.C. Cookie	31 <b>Brunch For Lunch</b> #1 Dutch Waffle w/ Turkey Sausage Patty  Celery Sticks & Applesauce Cup		

## ANNOUNCEMENTS

(M) = Meatless Entrée

**Daily Entrées Available:**  
#2 Yogurt Lunch (M)  
#3 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

\*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

## MEAL PRICES

**Eligible students receive meals at no cost**

Student Lunch = \$4.00  
Milk = \$0.50  
Adults = \$5.25

*The Issaquah School District provides equal opportunities in its programs, activities and employment.*