



# DECEMBER | 2023

## Grades 7-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1 Breakfast Chicken Biscuit Juice Milk Fruit Juice Lunch Sliced Pizza Green Beans Corn Milk Fruit
4 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Popcorn Chicken or Hamburger Steak/Onions/Gravy W.W. Roll Mashed Potatoes Broccoli Milk Fruit	5 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Turkey/Cheese Sub or Pork Rib Patty/Sub Bun Fries Lettuce/Onion/Tomato/Pickle Vegetarian Beans Milk Fruit	6 Breakfast Bacon/Egg Biscuit Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce/ 1 Mozz. Breadstick or PB& J Glazed Carrots Green Beans Milk Fruit	7 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Chicken or Pork BBQ Sandwich French Fries California Blend Milk Fruit	8 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Green Beans Corn Milk Fruit
11 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Beef Nuggets or Orange Chicken W.W. Roll Mashed Potatoes Peas Milk Fruit	12 Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich or Grilled Cheese Broccoli Tiny Whole Potatoes Milk Fruit	13 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Hamburger or Hot Dog/Chili Lettuce/Tomato/Onion/Pickle Fries Baked Beans Milk Fruit	14 Breakfast Breakfast Bread Fruit Milk Fruit Juice "Christmas Lunch" Baked Ham W.W. Roll Sweet Potatoes Green Beans Cookie Strawberry Cup Milk	15 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice "Bagged Lunch" PB& J Sandwich String Cheese Doritos Boxed Juice Milk Craisins
18 No School Christmas Break	19 No School Christmas Break	20 No School Christmas Break	21 No School Christmas Break	22 No School Christmas Break
25 No School Christmas Break	26 No School Christmas Break	27 No School Christmas Break	28 No School Christmas Break	29 No School Christmas Break

### News

Breakfast and Lunch offered Daily at No Cost.

Variety Cereal/Cereal Bar offered daily at Breakfast

JCMS gets first entrée offered at lunch.

Tossed Salad offered Daily at Lunch.

Choice of Milk:  
1% White or Chocolate

Menus Subject to Change

This institution is an equal opportunity provider.