

Middle School SEL Adoption Committee

October 10, 2023

Meeting #1

Welcome!

Introductions

- Name
- Role
 - Mike, parent of 6th grader at Odle
 - Wendy, science teacher at Chinook
- Something you remember about being a middle school student yourself
 - I remember how important my friends were to me
 - I remember being really self-conscious
- Options:
 - live voice/camera
 - put in the chat

Agenda for Today

✓ Connection before Content

Team Composition

Timeline for this Project

Reimagining Middle Schools (RMS)

Lay Foundations

- Community Agreements
- Consensus Protocol
- What is SEL anyway?
- How is SEL connected to Mental Health?

Team Composition

Family

- 12 parents/guardians

Building staff

- 2 support staff
- 1 teacher

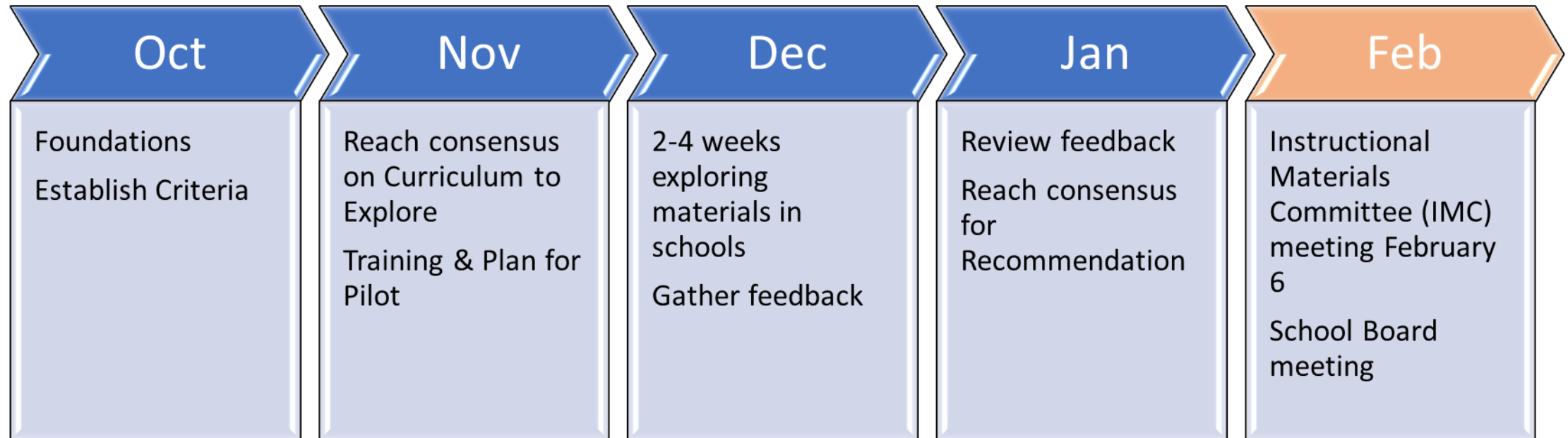
Central office staff

- 2 support staff

Building SEL Leaders

- 7 teachers
- 1 counselor
- 1 para educator

MS SEL Adoption Timeline



Reimagining Middle Schools (RMS)

<https://bsd405.org/departments/curriculum/reimagining-middle-school-steering-committee/>



Reimagining Middle Schools

Purpose

The Reimagining Middle School (RMS) Committee was developed to make suggestions for a "reimagined" middle school model that is based on research and co-designed with stakeholders.

Overall project goal:

Our goal is to serve the developmental, social-emotional, and academic needs of middle school students by engaging students, families, and staff in restructuring the BSD middle school experience.

Project deliverables:

Our team will develop implementation plans for Advisory/Homeroom and Problem Based Learning that are informed by research and stakeholder engagement and that phase in changes over time and through a thoughtful, well-defined, realistic piloting and evaluation process.

Why is this important?

The middle school years represent an opportunity for young people to find their voice, discover and develop their interests, and develop longstanding relationships. This effort will imagine a new kind of middle school where young people engage in innovative, personalized learning experiences, both in and out of school, to capitalize on and build their cognitive and social emotional capabilities. We have an opportunity to improve the school culture, build more trusting relationships with students, and empower them to take greater ownership of their learning.

Together, we can create a dynamic and powerful force to advance new ways of thinking about how our BSD students will experience middle school.

Membership

The Design Members will be responsible for a variety of tasks, including drafting structures and systems to support Advisory/Homeroom and Problem-Based Learning, determining professional development needs for teachers, and working with community partners to provide additional resources and support. For more information, please visit [this page](#).

The Consultancy Board will provide feedback to help ensure a thoughtful, well-defined, realistic piloting and evaluation process. Join us by completing [this interest form](#). For more information, please visit [this page](#).



RMS Homeroom Design Team Vision



*Our BSD middle school communities will experience an inclusive culture of **support**, **connection**, and **empowerment** as we navigate **change**, find our **voice**, and share in collective **joy**.*

Foundations

- Community Agreements
- Consensus Protocol
- What is SEL anyway?
- How is SEL connected to Mental Health?





Community Agreements

- Take care of yourself
- Engage fully (as fully as you can); be present
- Take risks; be a vulnerable learner
- Be mindful of others; be an empathetic listener
- Other...

Connect & Reflect

Prompts to consider:

- What do you like?
- What is missing?
- Does something need to be changed?



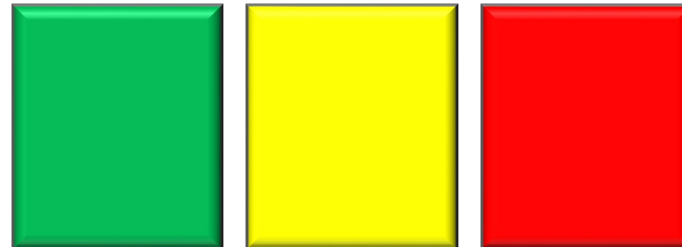


Community Agreements

- Take care of yourself
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- Be mindful of others; be an empathetic listener
- Other...

Consensus Protocol

- **Green** – I approve the decision
- **Yellow** – I have reservations (perhaps make recommendations for improvement)
- **Red** – I cannot approve and here is how to change it



What is SEL?



<https://youtu.be/Y-XNp3h3h4A?si=XIAKyh4dRnAjghuS>

CASEL Definition

We define social and emotional learning (SEL) as an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

SEL advances educational equity and excellence through authentic school-family-community partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation. SEL can help address various forms of inequity and empower young people and adults to co-create thriving schools and contribute to safe, healthy, and just communities.

<https://casel.org/>

Washington State Office of Public Instruction (OSPI)

Washington's K-12 Social Emotional Learning (SEL) Standards			
Self		Social	
1	Self-Awareness - Individual has the ability to identify their emotions, personal assets, areas for growth, and potential external resources and supports.	4	Social Awareness – Individual has the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
2	Self-Management – Individual has the ability to regulate emotions, thoughts, and behaviors.	5	Social Management – Individual has the ability to make safe and constructive choices about personal behavior and social interactions.
3	Self-Efficacy – Individual has the ability to motivate themselves, persevere, and see themselves as capable.	6	Social Engagement – Individual has the ability to consider others and show a desire to contribute to the well-being of school and community.

Mental Health and Social Emotional Learning

BY CLARK MCKOWN

- <https://xsel-labs.com/blog/mental-health-and-social-emotional-learning/>

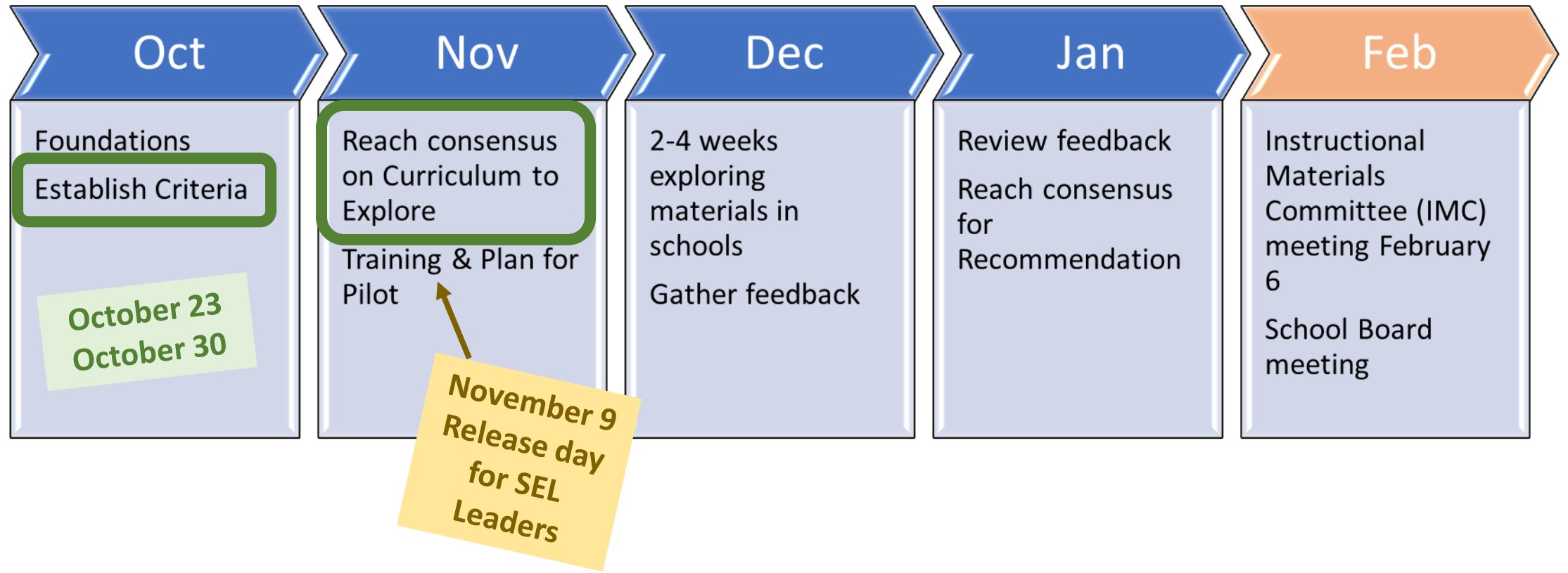
Connect & Reflect

Prompts to consider:

- What is resonating with you?
- What struck you?
- What questions are coming up for you?



MS SEL Adoption Timeline



Communication

Middle School Student Well-Being Adoption Committee

Purpose

BSD has a strong commitment to supporting Well-Being for all our students. This includes supporting their social, emotional, and mental health growth. We are at the stage when we need to review new and updated curriculum materials to determine what will be best for our students.

Membership

The Adoption Committee offers a unique opportunity to make a real difference in the lives of our middle schoolers. Members of the team will have the chance to make curriculum recommendations to our Instructional Materials Committee (IMC) that meets the needs of our students and community. The Adoption Committee will have diverse perspectives and representation from all aspects of our BSD Middle School Communities.

Roles and Responsibilities

- The responsibilities of a Middle School SEL Adoption member will require a strong commitment to improving education and a willingness to work collaboratively with a diverse group of stakeholders to achieve shared goals.
- Participating in team meetings: Adoption Committee members are expected to attend meetings regularly and actively engage in discussions, provide feedback, and offer insights and suggestions. Meetings will be held approximately two times a month for 2 hours starting in September, 2023, with a goal of presenting to the Instructional Material Committee in winter, 2024. Please see the draft meeting schedule below.
- Evaluating curriculum: The Adoption Committee will be responsible for exploring and evaluating curriculum that meets the needs of middle school students. This could include researching best practices, identifying criteria, and evaluating materials and resources.
- Determining professional development: Adoption Committee team members may be asked to identify what recommended professional development activities for teachers and other staff members will be necessary for implementation.
- Engaging with stakeholders: Adoption Committee team members will work closely with stakeholders, such as parents, students, and staff, to gain insights and feedback about various curriculum.

Student Involvement:

Students will be involved throughout the process at the school level through multiple outreach and listening campaigns.

TEACHING & LEARNING

Middle School Student Well-Being Adoption Committee

Superintendent
Community Advisory
Council (SCAC)

Family Advisory
Committee

Equity

Closing

- Feedback & Sign-in (staff: for clock hours!)
- Optimistic Closing:
 - Type in the chat something that you gained from today's meeting
 - OR*
 - Something in the project that excited you