



# Winter Break BINGO

Make a musical Instrument

Read: WLA Children's Choice Nominee

Decorate with Snowflakes

Dance Party with Code.org

Melting Snowmen

Collaborative Art

Touchdown Squats

Make a winter bird feeder

Gratitude or Positivity Beads

Hockey Science

Mind Yeti

Time Travel with Art

Free Space!  
(Choose your own activity)

Winter Playlist

Yoga

Photo Story

Sing Along

Juggling Practice

Cozy Reading

"Blast off" with Sora!

What time is it? Jumping Jacks

Unplugged Party

Thank you cards

Art Walk

Best Books of 2023

Have a wonderful winter break!



## Directions for Activities:

- 1. Make a Musical Instrument:** Make an instrument using items you find in your house!
- 2. Read: WLA Children's Choice Nominee:** Read an [Otter](#), [Sasquatch](#), or [Evergreen](#) Nominee.
- 3. Decorate with Snowflakes:** Decorate your windows with paper snowflakes!
- 4. Dance Party with Code.org:** Code a [Dance Party on Code.org](#). (It's free, no sign up is needed.)
- 5. Melting Snowmen:** Check out this cool science experiment with [baking soda snowmen](#).
- 6. Collaborative Art:** Make a collaborative art piece with your family: you draw a bit, then pass the paper on to a family member. Once everyone has added something, decide on a title for the finished work.
- 7. Touchdown Squats:** Watch a college or NFL game and anytime there is a touchdown scored, do 6 squats with a bonus 1 if they kick the extra point.
- 8. Make a Winter Bird Feeder:** [Feed the birds with these fun crafts](#). ([Best winter bird food](#))
- 9. Gratitude or Positivity Beads:** Think about what kinds of character traits make you special and strong. Using long strips of paper, write and decorate each strip with a positive phrase about yourself. Tightly roll each strip of paper around a pencil, securing the strip together with glue or tape at the end. String them together as a reminder of how awesome you are!
- 10. Hockey Science:** Try [this fun activity](#) to find out what would be the best hockey puck material.
- 11. Mind Yeti:** Get into a relaxed mindset with videos in this [playlist from Mind Yeti](#).
- 12. Time Travel with Art:** Explore the #MetKids [Time Machine online](#).
- 13. Free Space!:** Choose your own fun winter activity!
- 14. Winter Playlist:** Make a playlist of your favorite songs for winter break. Share it with someone!
- 15. Yoga:** Practice yoga poses likes, downward dog, tree pose, warrior, and child's pose. Begin with 3 collective breaths.
- 16. Photo Story:** Tell the story of your Winter Break through photography! Take photos of people you saw, places you visited, and things you did during your break!
- 17. Sing Along:** Turn on your favorite song and sing along! Bonus fun if you get someone to join you!
- 18. Juggling Practice:** Practice juggling for 5 minutes. Use tennis balls, oranges, or balled up socks!
- 19. Cozy Reading:** Make yourself as cozy as possible (think: blanket, pillows, hot chocolate, etc.) and read a story. Bonus fun if you have someone join you!
- 20. "Blast Off" With Sora!:** Go to [soraapp.com](#) or download the Sora app on any mobile device. Sign in with your school log in to download an ebook or eaudiobook! [Log-In Directions](#).
- 21. What Time is it? (Jumping Jacks):** Do a jumping jack for each minute after the hour.  
Ex. 1:45pm = 45 jumping jacks.
- 22. Unplugged Party:** Get together with friends and family - the only rule is no one can use their digital devices. No Screens Allowed! Try a board game, puzzle, or another offline activity together.
- 23. Thank You Card:** Using Canva, create a digital thank you card to send to someone to let them know you appreciate them! Can't get online? Paper cards are awesome too!
- 24. Art Walk:** Dress for the weather and visit Seattle Art Museum's Olympic Sculpture park for some fresh air and art inspiration.
- 25. Best Books of 2023:** Make a list of your favorite stories from 2023!