



**STUDENT ACTIVITIES
&
EXTRA HELP**

2023-2024

ACTIVITIES

DRAMA CLUB

Drama Club is open to all students who are interested in being on stage or are interested in backstage theater production. Following the winter musical, the club will meet at least once a month. Look for announcements! Sponsored by Ms. Badillo and Ms. Fama. (Mondays, Tuesdays, Thursdays and Fridays from 3:00-4:00 PM) - Auditorium

EASTERN VOICES

Eastern Voices is a select, auditioned choral ensemble open to all students. Sponsored by Mr. Kruk and Mr. Tracey. (Tuesdays and Thursdays 7:15 AM) - Auditorium

ENVIRONMENTAL ACTION CLUB

Everyone has heard how important it is to reduce our environmental footprint and to go “GREEN”. The Environmental Action Club (EAC) is a service club designed to improve our environmental impact here at EMS. We meet to participate in fun “GREEN” activities and to provide a service to our Eastern community! Sponsored by Ms. Bartlett (Specific dates TBA – after school until 3:45) - Room 101

EMS GIVES BACK CLUB:

How can I make a difference in my school? How can I make a difference in someone else's life? Consider joining **the EMS GIVE BACK CLUB!** The club will promote **kindness** and caring in our school environment. Our meetings will be based on the Greenwich Public School District Norms: Be Here, Be Safe, Be Honest, Care for Self and Others, and Let Go and Move On. If you are interested in joining our club, we meet on Wednesdays from 7:30-7:55am. During this time we make posters and plan events like book drives, kindness week, and other charity events. Sponsored by Mrs. Moore – Small Cafeteria

EMS INVESTING CLUB:

Do you want to learn to invest and make money? Come to the first ever meeting of the EMS Investing Club! We will meet in Room 6 every other Tuesday starting November 21, from 2:45 until the late bus.

GSA CLUB:

The GSA club was created in order to spread awareness, become an ally and advocate for the LGBTQ+ community. Sponsored by Ms. Friedman (Thursday's after school until 3:45 PM) – Room 110A

HISTORY & HISTORICAL BOARD GAMES/PUZZLES CLUB

Do you enjoy learning about history? Are you interested in playing history-based board games such as Risk? Join us in room 206 on the 1st and 3rd Monday of every month! Come for the snacks; stay for the history-themed puzzles, board games, coloring pages, and more! Our first meeting will be Monday, October 2nd (After school until late bus). Sponsored by Mrs. O'Connor – Room 206

KINDNESS COUNTS CLUB

How can I make a difference in my school? How can I make a difference in someone else's life? Consider joining **Kindness Counts!** The club will promote **kindness** and caring in our school environment. Our meetings will be based on the Greenwich Public School District Norms Be Here, Be Safe, Be Honest, Care for Self and Others, and Let Go and Move On. Further, we will use materials for our club from the National Random Acts of **Kindness** Organization, which is founded upon the powerful belief in **kindness** and dedicated to providing resources and tools that encourage acts of **kindness**. Sponsored by Mrs. Moore. (Tuesday Mornings from 7:30-8:00 AM) - ROOM 5. First meeting will be October 11th. See Mrs. Moore in the Counseling Office with any questions.

JAZZ BAND:

Jazz Band is an auditioned ensemble open to anyone who can play an instrument, read music, and who is interested in challenging themselves musically. Typical instrumentation includes: Saxophones (alto, tenor, bari), Trombones, Trumpets, and Rhythm Section (guitar, bass, drums, piano), but additional instruments are encouraged to sign up as well. Please see Ms. Brion for more information about audition dates – Jazz band will perform in the Winter and Spring Concerts. Sponsored by Ms. Brion. (Fridays 7:10-7:45 AM.) – Auditorium

LEGO ROBOTICS CLUB

The Lego Robotics Club is a student-run group that creates a supportive environment for students to explore Lego Spike Prime. Sponsored by Ms. Wang (Thursdays after school until the late bus– exact meeting dates will be shared in morning announcements) – Room 125

MATH CLUB

The math club is open to any math student. We practice activities to prepare for the Mathcounts and AMC 8 competition. Sponsored by Mr. Lodato (Second and fourth Tuesday of every month) - Room 106.

NEWCOMER'S CLUB

This club is designed to welcome new students to the EMS community. Its focus is on meeting new friends and adjusting to life at Eastern. Club includes students new to Eastern Middle School as well as current students who want to help new students. Sponsored by Mrs. Moore, EMS school counselor. (Meets as needed listen to the announcements) – Location: TBD.

SCA

The Student Council Association (SCA) chooses students from 7th and 8th grade level who want to be leaders in their school and their community. The SCA is in charge of fundraising for donations to local groups on behalf of the school as well as organizing activities and volunteer opportunities. Sponsored by Ms. Cole and Ms. Wax. (Friday during homeroom) – Room 109

SPAIN TRIP CLUB

The Spain trip club will meet in late February and March to review key conversational expressions and to learn about the geography and culture of Spain. Sponsored by Senora Calderon. (Specific dates TBA in February, after school) – Room 217.

STRING ENSEMBLE

String Ensemble is an auditioned ensemble for high achieving orchestra students in grades 6, 7, and 8 who demonstrate good playing position, left and right-hand technique, and facility on their instrument. This is an exciting opportunity for students to collaborate with other highly motivated string students in the orchestra program at Eastern Middle School. Sponsored by Ms. Jeraci. (Mondays after school 2:50-3:45PM) - Room 1

THE CREATIVE WRITING CLUB: Come join GHS student Charlotte Marcussen for the Creative writing Club! The club will be held on Tuesday, Dec. 5th and Tuesday, Dec. 19th after school in room 221 (January dates will be announced later). Students will read and analyze examples of creative writing and learn revising skills to incorporate into their own writing. These activities can be used for school assignments, essays, or personal writing goals. The Creative Writing Club will offer meaningful opportunities and will help members with writing on all levels! Come to our first session to check it out! For questions, contact Mrs. Suvansri.

THE SCIENCE TEAM

Is a club that is aimed at preparing students for the National Science Bowl competition. All levels of science students are welcome. The club will meet afterschool in Room 106 on the First and Third Monday of every month. For more information join the google classroom. Class code 3gmzfi4

YEARBOOK CONTRIBUTORS

Yearbook is open to any student who is interested in contributing to the Eastern Middle School yearbook. Students with ideas on page spreads or who want to volunteer to photograph should email Ms. Badillo at eastermsyearbook@gmail.com. Meetings by appointment only. Sponsored by Ms. Badillo -Room 112

YWCA 6TH GRADE GIRLS CIRCLE

Girls Circle is a structured support group for girls and youth who identify with female development. It is designed to build self-esteem and resiliency and to promote positive connections through group sharing, activities, and games. The group typically meets for a period of 8-10 weeks, once per week during the school day. Sponsored by Ms. Friedman/Facilitated by the YWCA / 6th Grade Girls Circle. (Date, Time and Room to be announced).

EXTRA HELP

NOTE: This list indicates the days and times for the extra help offered by our staff. Students should always make arrangements with teachers. However, there will be times when the teachers will not be able to keep appointments due to unexpected meetings.

<u>TEACHERS</u>	<u>DAY AND TIME</u>	<u>ROOM</u>
Ms. Badillo	By appointment. Monday-Friday before school.	112
Ms. Barocas	Any morning between 7:30-8:00 AM by appointment only.	108A
Ms. Bartlett	Monday-Friday by appointment before or after school.	101
Ms. Bayha	Tuesday, Wednesday and Thursday 7:30-8:00 AM.	Media Center
Ms. Brion	By Appointment before/after school.	003
Ms. Calderon	By Appointment, any day between 2:45 and 3:00 PM or at 7:10 AM.	217
Ms. Carrero	Before or after school by appointment.	218
Mr. Carstens	During Study Period.	123
Mr. Cavanaugh	Mornings 7:30-8:00 AM, Monday-Friday.	Gym
Ms. Chapman	Monday-Friday 7:30-8:00 by appointment.	220
Ms. Cheney	Any morning between 7:30-8:00 AM by appointment only	201
Ms. Clair	Before school or during Study Period as needed.	108B
Ms. Cleary	Before school by appointment.	007
Ms. Cole	Before school Tuesday and Thursday.	111
Ms. Connors	Before school Tuesday, Thursday and Friday.	223
Mr. Costello	7:30-7:55 any day by appointment	212
Ms. Desrouilleres	Mornings 7:30-8:00 AM. After school by appointment.	MCI
Ms. Espinoza	Mornings 7:30-8:00 AM.	227A
Ms. Fama	Before school or during Study Period by appointment	115
Mr. Farnum	By Appointment.	121
Ms. Farrell	Monday – Friday 7:30-8:00 AM.	206
Ms. Fawcett	Before school or during Study Period by appointment.	207
Ms. Fergus	By appointment.	224
Ms. Gale	Any morning before school 7:30-7:55 AM.	213
Ms. Gardner	During Study Period or after school by appointment.	201
Ms. Gasparakis	Every day before school from 7:30-8:00 AM.	122
Ms. Gorski	7:30-7:55 AM every day, by appointment and 2:40-3:00 PM.	225
Ms. Hagerty	By appointment.	108A
Ms. Harriman	After school until 3:05 PM Monday, Tuesday, Thursday and Friday. Before school 7:40-7:55 AM daily.	214

<u>TEACHERS</u>	<u>DAY AND TIME</u>	<u>ROOM</u>
Ms. Heneghan	Before and After school Monday, Tuesday and Thursday by appointment. During AB anytime!	220
Ms. Hidalgo	Extra help Tuesday & Wednesday 7:30am-8:00am Tuesday & Thursday 2:45pm-3:15pm	Media Center
Ms. Hoffman	When available (See board in classroom for specific dates and time).	211
Ms. Iannacone	Monday-Thursday 7:30 AM or during Study Period (for 6 th grade only) – by appointment (please email or speak to me first).	208
Ms. Jeraci	Monday-Friday from 7:25-7:55 AM. Tuesday and Friday after school by appointment.	001
Ms. Kakadeles	Monday-Friday 7:30-8:00 AM.	Media Center
Ms. Kelly	Monday, Wednesday and Friday 7:40 AM.	205
Mr. Knop	Monday - Friday (7:30-8:00AM by appointment).	Boys side of Gym
Mr. Kruk	Monday-Friday (7:30-8:00 AM By appointment).	005
Ms. Lattarulo	Mornings 7:30-8:00 AM. After school by appointment.	203
Mr. Lodato	Every day before school.	106
Ms. Lomanto	Before school 7:30-8:00 AM. After school 2:45-3:15 PM.	207
Ms. Mabee	Monday-Friday 7:30 AM.	110
Ms. Macaluso	Tuesdays 7:30 AM.	215
Ms. Magistro	Tuesday, Wednesday, Thursday (or by appointment).	Media Center
Ms. Maxan	Every day before/ after school by appointment.	Media Center
Ms. McGowan	Before School 7:40-8:00 By Appointment.	105
Mr. Moroney	Before School 7:40-8:00 By Appointment.	Gym
Ms. O'Connor	Mornings 7:30-8:00 AM.	222
Ms. Parker	Mornings at 7:30 AM.	104
Mr. Patton	TBD. Please schedule as needed via email or in person.	006
Ms. Ralston	After school by appointment.	209
Ms. Redlien	After school by appointment.	202
Mr. Roth	By appointment.	210
Ms. Roy	Monday-Friday at 7:30 AM.	107
Ms. Savino	Mondays after school by appointment.	116
Ms. Scerbo	Monday-Wednesday 7:30-8:00 AM. After school by appointment.	105
Ms. Schmid	Any morning by appointment only.	118
Ms. J. Smith	By appointments 7:30-8:00 AM.	008
Ms. S. Smith	Monday-Friday 7:30-7:50 AM.	113
Ms. Stanard	Before school from 7:30-8:00AM every day and after school Mondays and Thursdays 2:45-3:30 PM.	216
Ms. Stephens	7:30 AM everyday by appointment only.	124
Ms. Suvansri	Daily 7:30-7:55, 2:40-3:05 (except Wednesdays afterschool).	221
Mr. Tracey	Pattern 2 mornings 7:10-7:50 AM.	Aud.
Ms. Tripi	Monday-Friday 7:30-8:00 AM or by appointment.	217

<u>TEACHERS</u>	<u>DAY AND TIME</u>	<u>ROOM</u>
Ms. Turano	By appointment.	103
Ms. Turk	Monday-Thursday 7:30 AM.	117
Ms. Vigliano	Any school day before or after school by appointment.	Media Center
Ms. Walsh	Upon appointment: Mondays and afternoons (no Wednesday or Friday afternoons).	114
Ms. Wang	Monday-Thursday during Study Period by appointment.	125
Ms. Wax	Tuesday and Friday Mornings from 7:40-8:00 AM.	109
Mr. Zimmerman	Monday-Friday 7:30-8:00 AM. Walk in Tuesdays and Thursdays after school.	204

EASTERN MIDDLE SCHOOL

SPORTS PROGRAM 2023-2024

Two separate sports programs are available for all students attending Eastern this year.

1. **Competitive Sports:**

The middle school competitive sports program provides students with opportunities to nurture their competitive drive while maintaining a high standard of sportsmanship. The value of increased skills instruction, additional practice time, and interschool competition add to the growth and development of the middle school student. Team practices and competition provide a forum, which fosters respect for diverse athletic capabilities.

When necessary and feasible, the competitive sports program offers A and B level teams to maximize student participation. The sports, which have been selected for this program complement the competitive opportunities throughout the Greenwich community, while considering limitations imposed by facilities, field space, transportation, and staffing. Athletes compete against teams from the Greenwich Middle Schools, private school teams, and selected regional teams as opportunities arise. Games will be officiated by qualified officials.

- Commitment: 4 days a week - practice and games.
- Play other middle schools (public and private).
- Practice and games start directly after school and can go until 5:30 pm.
- Students must provide their own transportation home daily.
- Students must try out to make a team.
- Students must have a Parent Permission form and Sports Physical on file with the nurse prior to trying out.

FALL SEASON:	Field Hockey, Boys A and B Soccer, Co-ed Volleyball and Girls Soccer (September 12 th – November 3 rd 2023)
WINTER SEASON:	Basketball A and B Teams (both girls and boys) (December 11 th 2023 – February 9 th 2024)
SPRING SEASON:	Baseball, Softball and Co-ed Track (April 1 st - May 31 st 2024)

2. **Intramurals:**

Intramurals are offered four days a week, Monday, Tuesday, Thursday and Friday (**no late buses on Fridays**) from 2:45-4:00PM. This program is primarily recreational in focus and allows students the opportunity to play and enjoy friendly activity under the supervision of certified staff.

Offerings vary every 6 to 8 weeks and may include: Indoor Soccer, Flag Football, Basketball, Whiffle ball, Badminton, Fitness Center, Rollerblading, Ping Pong, Tennis, Volleyball, Dance and Floor Hockey.

Check the daily announcements on the EMS website or in Advisor Base for the daily intramural schedule.

- No try out required
- No forms required
- Students may come on the days that best fit their schedule
- Intramurals will conclude in time for students to make the late bus, which leaves at 4:10 PM. (Late buses are on Mondays, Tuesdays and Thursdays).

EASTERN MIDDLE SCHOOL

