

Dear Parents,

We are well under way for a new school year. Everyone is hard at work and we wanted to inform you of some guidelines for when our teachers will send a student to the clinic. Of course, these are only guidelines; individual teacher discretion is used since the teacher understands their students the best and are informed of individual circumstances. Below are common issues and how we generally handle them:

1. **Mild scrape of the skin** - The teacher will have the student scrub the area with a paper towel wet down with water and soap. They will encourage them to scrub the area hard, because it will not only get out the germs, but numb the area also. The student will rinse the area with a clean paper towel wet with water, then dry the area with a clean, dry paper towel and apply a band aid. We will send the student to the clinic if the skin has a deep cut, gaping wound, or won't stop bleeding after doing the above steps.
2. **Lost tooth** - If the tooth was loose, it is a primary tooth that would come out eventually anyway. The student rinses out the mouth with cool water (the cool water stops any residual bleeding), places the tooth in a tooth chest (provided in staff baggies), and washes the hands with soap and water. We will send the student to the clinic if the tooth was a permanent tooth and was knocked out and try to recover the tooth if possible.
3. **Headache** - If a student complains of a headache, especially after an activity, we will have them drink 16-32 oz. of water in the classroom, wait 20 minutes and see if the headache subsides. Many times, a student becomes dehydrated, and this will correct the problem without missing valuable class time. Exception would be a student who has documented migraines and medication in the clinic. Those will be sent to clinic at the onset of headache.
4. **Stomachache** - Most students complain of stomachaches because they are hungry. If a student is at lunch when he/she complains of a stomachache, we will encourage them to eat anyway. Many times, the students get a headache/stomachache because they didn't eat breakfast and they can't distinguish illness from hunger pains, so it may correct the problem. We will send the student to the clinic if this doesn't help.
5. **Head injury** - We will always send a student to the clinic if they suffered a head injury, especially if there is a knot on the head (swelling). The clinic will notify the parent.
6. **Ticks** - Any student will be sent to the clinic that has a tick attached to any part of the body. (We remove ticks with a special tool; we apply alcohol to the site, and call the parent.)
7. **Bee stings** - We will immediately flick the stinger from the sting site and ask child if they are allergic and send child to the clinic for an ice pack and to be watched for 15-20 minutes.
8. **Red eyes** - The student will be sent to the clinic for us to assess the student. Many times allergies will cause the eyes to be red, so rinsing with cool water helps. We are required to send students home if there is discharge, itching, sensitivity to light, and rubbing of the eyes because that usually indicates an infection is present.
9. **Vomiting** - A student who is vomiting will be sent to the clinic. We will assess the student. There are a variety of reasons vomiting occurs, so we will make that determination in the clinic.
10. **Rash**- We will send the student to the clinic for the clinic staff to assess.

Sincerely,
Hillsboro Elementary Principals