

KENNEDY HS (PREP) PREP Grades 6-12 LUNCH (Subject To Change) - Dec, 2023



Monday	Tuesday	Wednesday	Thursday	Friday
				Pepperoni Pizza Wedge ¹ Toasted Cheese Sandwich Parmesan Chicken Salad FF Prep Whole Wheat Crackers Managers Choice Smoothie BBQ Beef Rib Patty Sandwich with Pickles and Coleslaw Breaded Chicken Nuggets Foster Farms Buffalo Chikn Nuggets (Vegan) Artisan Roll Cafe LA Salad Thick Cut Fries Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat

<p>Beef and Cheese Taquitos FRESH SALSA Prep Managers Choice Smoothie Granola Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola MEXICALI SALAD TORTILLA CHIPS Prep Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Chicken Chorizo and Cheese Bolillo VEGAN BURRITO PREP Baby Carrots Orange Medley Juice Fresh Fruit Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>4 BREADED PORK STEAK SANDWICH (PREP) FRESH COLESLAW Prep Mac N Cheese CAJUN CHICKEN SALAD Honey Biscuit Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato WALKING TACO NACHOS Tortilla Chips PICO DE GALLO Prep Impossible Burger (Vegan) Fresh Pickles Cafe LA Salad Thick Cut Fries Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>5 Bean and Cheese Pupusa Fresh Curtido Managers Choice Smoothie Granola Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola Parmesan Chicken Salad FF Prep Whole Wheat Crackers Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Yangs Orange Chicken and Broccoli Rice Bowl THREE BEAN VEGAN CHILI (Vegan) Tortilla Chips Roasted Yams Cooked Edamame (PREP) Fresh Fruit Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>6 RAJIN CAJUN NOODLES Prep Cheesy Garlic Bread Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato BBQ Pork Sandwich FRESH COLESLAW Prep Chinese Vegan Chikn Salad Celery Sticks Tropical Trio Slush Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>7 SPICY BREADED CHICKEN SANDWICH Foster Farms Fresh Pickles BREADED CHICKEN SANDWICH Foster Farms NNC Toasted Cheese Sandwich Parmesan Chicken Salad FF Prep Whole Wheat Crackers Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato BEEF CRUMBLE PIZZA WEDGE (PREP) CHIK'N NUGGETS (Vegan) Artisan Roll Buffalo Chikn Nuggets (Vegan) Cafe LA Salad Thick Cut Fries Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>8</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p></p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p></p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p></p>

Menus are Subject to Change

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