

NEUROAFFIRMING CHECKLIST

FOR PARENTS, TEACHERS, ADMINISTRATORS

- Consider diagnosis/disability impact in the educational environment
- Strengths based - observe strengths, presume competence, incorporate strengths in services, supports, and accommodations
- Classroom sensory friendly - allowing stimming, adjusted seating, multiple modes of communication, breaks, optional work choices and assessment means
- Home sensory friendly - allowing stimming, swings, decreased sensory stimuli or increased sensory options depending on need
- Trainings on your student's neurodivergence, diagnosis and disabilities.
- Promoting self-advocacy - giving choices, explaining decisions, asking for input on goals and schedules, honoring break requests.
- Honoring all forms of communication - multimodal communication (sign language, use of AAC, writing, scripting, phrasing, vocalizing)
- Nurturing positive self-identity - promoting special interest, incorporating healthy hyper fixations, normalizing sensory needs