

BREAKFAST

LUNCH

DECEMBER 2023

Cloverly, Emperor, La Rosa, Longden

MENU IS SUBJECT TO CHANGE
BASED ON PRODUCT AVAILABILITY.

Questions?
foodservices@tcusd.net
This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Whole Grain Cereal **4**
Fruit & Milk
Chicken Corn Dog on
Whole Grain Bun
Fruit + Vegetables + Milk

Whole Grain Muffin **5**
Fruit & Milk
Mac and Cheese Pasta &
Whole Grain Roll + Fruit
Vegetables + Milk

Whole Grain Concha **6**
Fruit & Milk
Cheese Beef Burger
Fruit +
Vegetables + Milk

Whole Grain Waffle **7**
Fruit & Milk
Orange Chicken & Rice
Fruit + Vegetables + Milk

Whole Grain Donuts **1**
Fruit & Milk
Cheese Bosco Stick with
Marinara Sauce
Fruit + Vegetables + Milk

Whole Grain Donuts **8**
Fruit & Milk
Mozzarella Cheese Pillow
Pull Aparts + Fruit
Vegetables + Milk

Whole Grain Cereal **11**
Fruit & Milk
Chicken Nuggets &
Whole Grain Roll + Fruit
Vegetables + Milk

Whole Grain Muffin **12**
Fruit & Milk
Beef Ravioli Pasta & Whole
Grain Roll + Fruit
Vegetables + Milk

Whole Grain Concha **13**
Fruit & Milk
Beef Hot Dog on Whole
Grain Bun + Fruit
Vegetables + Milk

Whole Grain Waffle **14**
Fruit & Milk
Fish Sticks &
Whole Grain Roll
Fruit + Vegetables + Milk

Whole Grain Donuts **15**
Fruit & Milk
Pepperoni Bosco Stick
Fruit
Vegetables + Milk

Whole Grain, Cereal **18**
Fruit & Milk
Chicken & Whole Grain
Cornbread + Fruit
Vegetables + Milk

Whole Grain Muffin **19**
Fruit & Milk
Beef Penne Pasta & Whole
Grain Roll + Fruit
Vegetables + Milk

Whole Grain Concha **20**
Fruit & Milk
Chicken Sandwich on Whole
Grain Bun + Fruit
Vegetables + Milk

Whole Grain Waffle **21**
Fruit & Milk
Teriyaki Chicken & Rice
Fruit + Vegetables + Milk

Whole Grain Donuts **22**
Fruit & Milk
Cheese Bosco Stick with
Marinara Sauce
Fruit + Vegetables + Milk

HOLIDAY **25**

NO SCHOOL

HOLIDAY **26**

NO SCHOOL

HOLIDAY **27**

NO SCHOOL

HOLIDAY **28**

NO SCHOOL

HOLIDAY **29**

NO SCHOOL

Daily 2ND Choice:
Peanut Butter and Jelly Sandwich or
Yogurt, String Cheese, and Granola

Vegetables:
Baby Carrots, Cucumber Slices, Celery Sticks,
Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans
Chopped Romaine Salad

Fruits:
Apple Slices/Whole, Cantaloupe Cubes, Pineapple
Slices, Grapes, Tangerines, Raisins, Cranberries,
Applesauce Cups, Mixed Fruit Cups

Daily Milk Choice:
Nonfat White Milk
1% Lowfat White Milk
NonFat Chocolate Milk