



## December 2023 Jasper County High School Breakfast & Lunch Menus



### BREAKFAST PRICES

FREE TO ALL  
STUDENTS  
ADULT: \$3.00

### LUNCH PRICES

FULL PRICE: \$2.00  
REDUCED: \$0.40  
ADULT: \$4.00



## Featured Produce: Lettuce

### Monday

The Jasper County School Nutrition Program is Committed to Helping Students Learn and Grow by Providing Quality Meals that Support Academic Success for All Students

#### 04 Breakfast Sausage Biscuit

#### LUNCH

Chicken Tetrizzini or  
Tangy Meatballs w/Roll  
Sweet Green Peas  
Glazed Carrots  
Mandarin Oranges  
Sliced Pears

#### 11 Breakfast Sausage Biscuit

#### LUNCH

Cheeseburger  
or BBQ Chicken Sandwich  
Curly Fries  
Homestyle Baked Beans  
**Lettuce**/Tomato  
Mandarin Oranges  
Sliced Pears



### Tuesday



#### 05 Breakfast Cini Mini Bun

#### LUNCH

Corndog or  
BBQ Chicken w/Roll  
Homestyle Baked Beans  
Creamy Coleslaw  
Applesauce Cup  
Tropical fruit

#### 12 Breakfast Pancake Pup

#### LUNCH

Max Cheese Sticks  
or PBJ Sandwich  
Marinara Sauce  
Buttery Corn  
Pineapple Tidbits  
Fresh Orange



### Wednesday



#### 06 Breakfast Steak Biscuit

#### LUNCH

Spaghetti Bake w/  
Breadsticks or PBJ Sandwich  
Buttery Corn  
Seasoned Green Beans  
Sliced Peaches  
Pineapple Tidbits

#### 13 Breakfast Steak Biscuit

#### LUNCH

Beef or Chicken Tacos  
or PBJ Sandwich  
Chunky Salsa  
Refried Beans  
**Shredded Lettuce**/Diced  
Tomatoes  
Sliced Peaches  
Rosy Applesauce



### Thursday



#### 07 Breakfast Pancakes w/ Sausage Links

#### LUNCH

Chicken Tenders w/Roll  
or PBJ Sandwich  
Creamy Mashed Potatoes  
Steamed Broccoli  
Fresh Apple  
Fresh Orange

#### 14 Breakfast Donut Variety

#### LUNCH

County Fried Steak Nuggets  
or Teriyaki Chicken w/Roll  
Sweet Potatoes  
Seasoned Green Beans  
Tropical fruit  
Sidekicks



### Friday

**01 Breakfast** Chicken Biscuit  
**LUNCH**  
Grilled Chicken Sandwich or  
Fish Sandwich  
Curly Fries  
Celery cup w/Ranch  
**Lettuce**/Tomato  
Variety of Fresh fruit

#### 08 Breakfast Chicken Biscuit

#### LUNCH

Pizza (Variety of flavors)  
or PBJ Sandwich  
Waffle Fries  
Carrot cup w/Ranch  
Variety of Fresh fruit

#### 15 Breakfast Chicken Biscuit

#### LUNCH

Buffalo Chicken Wrap or  
Hot Dog on WG Bun  
Carrot cup w/Ranch  
Broccoli cup w/Ranch  
WG Baked Chips  
Variety of Fresh fruit



### National Cookie Day December 4, 2023



#### Notice to Parents:

Jasper County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable** for Breakfast & Lunch.

#### Whole Grains=WG

\*Variety of Milk, 100% Juice, Fruit, and/or Vegetables are Offered Daily for Breakfast and Lunch\*

**MENUS SUBJECT TO  
CHANGE WITHOUT  
NOTICE**

**"USDA IS AN  
EQUAL  
OPPORTUNITY  
PROVIDER AND  
EMPLOYER"**