



BUILDING

BETTER

LIVES





Everyone Deserves the Chance to Learn

We believe everyone deserves the opportunity to learn and thrive.

That's why we provide learning and community programs for adults with intellectual and developmental disabilities, including autism spectrum disorders.

Our learning experience is a unique combination of real-life practice, peer coaching, outdoor gardens, and community building. With the outcome focus of social development, life skills, and community building, participants grow confidence and develop skills to increase their independence.

The center has a nature-rich campus with 6-acres of outdoor gardens and forested trails.





“
Every community
needs a
Tavon Learning Center
”

GARY STOBBE, MD
CLINICAL ASSOCIATE PROFESSOR
DEPTS. OF NEUROLOGY AND PSYCHIATRY,
UNIVERSITY OF WASHINGTON



Our Learning and Community Program Areas



Daily Living

Home programs empower learners to develop independence and social well-being for living a balanced life. Our Home programs learn-by-doing life skills include basic household management, eating right and food preparation, healthy social skills, and encourages good decision-making. Learners also enjoy leisure activities, such as baking and art.

Garden programs provide Learners the opportunity to learn communication, prevocational, and creative thinking skills through rewarding, hands-on activities and projects. Learners participate in horticulture, nature arts and crafts, animal care, and visit Moon Meadow Farm.



Functional Academics

Functional Academics programs teach functional independence and community-based skills, such as functional reading, writing, time management, prevocational skills, personal management, and community safety in both classroom and real-life environments. These programs empower learners' independence, ability to access their communities, and live fulfilled lives as members of society.



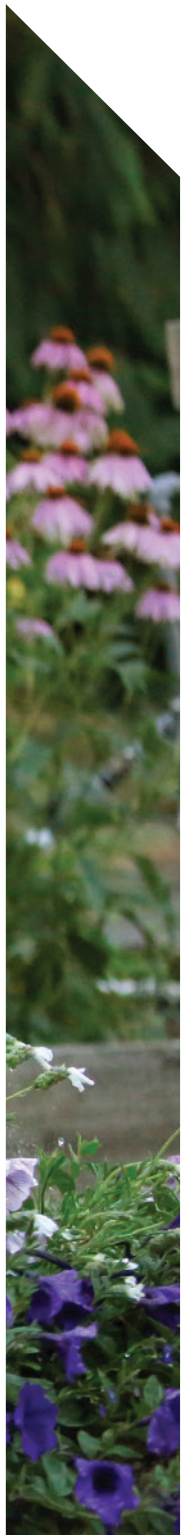
Recreation

Recreation programs excite and engage learners in activities such as hiking, yoga, swimming, and dance. These programs help learners understand the importance of being active, emotional well-being, and physical fitness. Raising awareness and learning basic wellness principles place learners on the right track to managing their health.



Community Connections

Through fun and lively Community Connection programs, learners learn about their community, build friendships, and develop the confidence in relating and connecting with people. Learners also participate in community service that creates a sense of compassion and improves their community, such as, volunteering at Hopelink and Swedish Medical Center.





TO LEARN MORE OR
SCHEDULE A TOUR

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HOURS OF OPERATION
9:00 AM - 5:00 PM
MONDAY - FRIDAY