



Empower Hour

This fall, the Bartram Learning Resource Center on the Bolles Middle School Bartram Campus launched Empower Hour – a program that provides students with dedicated time to improve their executive functioning skills.

Led by middle school learning specialist Janice Rausch, these intensive sessions are designed to equip students to take greater control of their learning, simplify the understanding of specific executive functioning skills and provide clarification on how to execute those skills while allowing for opportunities for practical application. The first two Empower Hours held this school year covered organization and notetaking, and those who attended received custom-created Doodle Notes pages with information reinforcing the lessons.