



## Mayfield Girls School

WEEK E	Manday 04/12	Tuesday 05 /13	Wednesday 05/12	Thursday 07/13	Frido: 09/12	Saturday 00/12	Sunday 10/12
WEEK 5	Monday 04/12	Tuesday 05/12	Wednesday 06/12	Thursday 07/12	Friday 08/12	Saturday 09/12	Sunday 10/12
Cooked Breakfast	Fried egg, hash bites, plum tomatoes & baked beans	Sausage, herby diced potato & grilled tomatoes	French toast with Greek yoghurt, maple syrup & berries	Bacon, poached egg, mushrooms	Smoked salmon scrambled egg, bagels & wilted spinach	Bacon, scrambled egg, mushrooms & baked beans	Pancakes in houses
Lunch Main Meal	Butternut squash macaroni cheese	Braised beef cobbler	Chicken & chorizo jambalaya	Shepherds pie	Salmon fillet with niçoise	Ham & eggs	Garlic & thyme roasted chicken with stuffing and gravy
Lunch Vegetarian	Vegetable lentil chilli with tortilla chips & sour cream	Vegetarian sausages with onion gravy	Tofu jambalaya	Mapel roast squash & feta tart	Penne, vegetable, spinach & ricotta pasta bake	Filled mushroom & halloumi burger	Stuffed butternut with lentils & peppers
Lunch Side Dishes	Garlic bread, broccoli & sweetcorn	Creamy mashed potato, savoy cabbage & peas	Sweetcorn & green beans	Roast carrots & peas	Dressed new potatoes and Broccoli	Chunky chips & slaw	Roasted new potatoes steamed carrots & peas
Salad Bar Specials	Fried courgette, edamame and basil pasta salad	BLT chopped salad	Garlicky prawn, courgette and cous cous salad	Southern potato salad	Roasted beetroot carrot & lentil salad	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Triple chocolate sponge with chocolate ganache	Lemon meringue pots	Apple & cranberry crumble with custard	Butterscotch tart	Banoffee pie	Dessert of the Day	Dessert of the Day
Supper Main Meal	Nando's style peri peri chicken	Ham, pea & parmesan tagliatelle	Cumberland sausages	Chicken curry	Vegetable bourginon pie	Beef chilli	Baked spinach & ricotta tortellini with tomato & mozzarella
Supper Vegetarian	Harissa roast cauliflower with coriander sauce	Pesto mozzarella tagliatelle	Veggie Cumberland sausages	Veggie Cumberland sausages		Vegetable and bean chilli	
Supper Side Dishes	Rice, peas, edamame and sweetcorn	Peas	Creamy mashed potato and savoy cabbage	Creamy mashed potato and savoy cabbage	Homemade potato wedges & sweetcorn	Rice & salad	Garlic bread & rocket salad
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads & meat & cheese boards  See separate salad bar menu for daily offerings						
Jacket Potatoes	Jacket potatoes potatoes with beans served daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day.  We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.  Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						