

December

KEENE ISD 6-12 LUNCH MENU

FRUITS
VEGETABLES
1% WHITE OR FAT
FREE CHOCOLATE/
STRAWBERRY MILK
CONDIMENTS

| MON | TUE | WED | THU | FRI |
|--|--|--|---|--|
| | | | | 1 <u>Restaurant Style Pizza (Cheese/Pepperoni)</u> Cheesy Broccoli Romaine Garden Salad Chilled Mixed Fruit |
| 4 <u>Chicken Nuggets w/ Whole Grain Roll</u> Mashed Potatoes Mixed Vegetables Chilled Peaches | 5 <u>King Ranch Chicken w/ Whole Grain Roll</u> Potato Smiles Italian Blend Vegetables 100% Fruit Slush Cup | 6 <u>Wing Bar w/Whole Grain Roll</u> Curly Fries Baked Beans Carrot Sticks Chilled Tropical Fruit | 7 <u>Grilled Cheese w/ Hearty Beef & Vegetable Soup</u> Steamed Broccoli Celery Sticks Chilled Tropical Fruit | 8 <u>Restaurant Style Pizza (Cheese/Pepperoni)</u> Romaine Garden Salad Carrot Sticks Chilled Mandarin Oranges |
| 11 <u>Crispy Chicken Bites w/ Whole Grain Roll</u> Potato Wedges Green Beans Chilled Mixed Fruit | 12 <u>Chicken Alfredo w/ Garlic Bread Stick</u> Italian Blend Vegetables Carrot Sticks 100% Fruit Slush Cup | 13 <u>Chili Cheese Fries w/ Whole Grain Roll</u> Steamed Broccoli Cucumber Chips Chilled Pineapple Tidbits | 14 <u>Grilled Turkey Ham & Cheese w/ Homestyle Chicken Noodle Soup</u> Mixed Vegetables Carrot Sticks Fresh Fruit | 15 <u>Restaurant Style Pizza (Cheese/Pepperoni)</u> Seasoned Corn Romaine Garden Salad Blushing Pears |
| 18 <u>BBQ Baked Chicken w/ Whole Grain Roll</u> Potato Salad Baked Beans Chilled Mixed Fruit | 19 <u>Orange Chicken w/ Brown Rice</u> Egg Rolls Stir Fried Cabbage Romaine Garden Salad Chilled Mandarin Oranges | 20 <u>Loaded Mac N' Cheese w/ Whole Grain Roll</u> Steamed Broccoli Carrot Sticks 100% Fruit Slush Cup | 21 NO SCHOOL | 22 NO SCHOOL |
| 25 <i>Happy Holidays!</i> | | | | |

| | MON | TUE | WED | THU | FRI |
|---------|---|---|---|---|---|
| BASKETS | <u>Nachos On The Run</u> Teddy Grahams Bean Dip | <u>Crispy Chicken Strips w/ Whole Grain Roll</u> Carrot Sticks | <u>Crispy Chicken Sandwich</u> Tater Tots Hamburger Salad | <u>Chicken & Cheese Crisпитos</u> Seasoned Fries | <u>Cheeseburger</u> Baked Chips Hamburger Salad |
| SALADS | <u>Ultimate Ham Chef Salad</u> | <u>Mandarin Orange Chicken Salad</u> | <u>Chicken, Bacon, Ranch Salad</u> | <u>Beefy Loco Fritos Salad</u> | <u>Chef Salad w/ Turkey</u> |