

**Kings Canyon USD**  
**MIDDLE SCHOOL LUNCH**  
**MIDDLE SCHOOL MENU**  
**LUNCH MENU**  
**DECEMBER 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1  WGR Pizza Wedge Carnitas & Rice Burrito Spicy Chix Strip Salad SALAD Harvest Corn on the Cob 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Dec - 4  Cheezy Bites 6-12 WGR Hot Dog CHINESE CHIX SALAD CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 5  Chicken & Gravy Beef/Cheese Taco Stick SALAD Harvest Taco Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 6  WGR Chicken Burger WGR Corn Dog Spicy Chix Strip Salad SALAD Harvest POTATO WEDGES SEASON Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 7  Ravioli 6-12 Chicken Smackers Chicken Fajita Salad Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 8  WGR Grilled Cheese WGR French Bread Pizza SOUTHWEST SALAD BAKED BEANS (VEGETARI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Dec - 11  WGR Chicken Strips Smokey's Cheeseburger Taco Salad CARROTEENIES Sweet Corn 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 12  OVEN FRIED CHICKEN WGR Cheeseburger Buddie CHINESE CHIX SALAD SALAD Harvest Mashed Potatoes/Gravy Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 13  BEEFY NACHOS Chicken Smackers Spicy Chix Strip Salad Vegetable Medley SALAD Harvest RAISINS MILK - Variety* Assorted Condiments	Dec - 14  SPAGHETTI & MEAT SAUCE WGR Hot Dog SOUTHWEST SALAD SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 15  Beef Tamale WGR Pizza Wedge Chicken Fajita Salad SALAD Harvest POTATO WEDGES SEASON 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Dec - 18  Cheese Quesadilla BEEFY NACHOS Taco Salad CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 19  WGR Chicken Burger WGR Grilled Cheese Spicy Chix Strip Salad SALAD Harvest GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 20  ORANGE CHICKEN; 6-12 Beef/Cheese Taco Stick CHINESE CHIX SALAD BAKED BEANS (VEGETARI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 21  Chicken & Gravy WGR Cheeseburger Buddie Chicken Fajita Salad CARROTEENIES SALAD Harvest RAISINS MILK - Variety* Assorted Condiments	Dec - 22  Beef Tamale WGR Pizza Wedge SOUTHWEST SALAD SWEET POTATO FRIES SALAD Harvest Fruit Cup, Variety MILK - Variety* Assorted Condiments
Dec - 25  HOLIDAY	Dec - 26  HOLIDAY	Dec - 27  NO SCHOOL TODAY	Dec - 28  NO SCHOOL TODAY	Dec - 29  NO SCHOOL TODAY

This institution is an equal opportunity provider.

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**