



San-Mateo Foster City Elementary SD

(REC0007 1) Beef Rotini Pasta with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Pasta, WG Beef Rotini with Sauce	24.12	24.12
Toast Texas - Garlic Bread - Bulk	14	14
	<b>38.12</b>	<b>38.12</b>

\* Total includes one or more missing nutrient data.

(F3800) Bread Cheese Stick - Bosco	Total Carbohydrate (g)				
	Recipe	1 elementary serving=2pc	1 MS Serving = 3pc	1 PS serving = 1pc	X1 Elem Serving = 2 pc
Bread Cheese Stick - Bosco	17	33.815	50.7225	16.9075	33.815
	<b>17</b>	<b>33.815</b>	<b>50.7225</b>	<b>16.9075</b>	<b>33.815</b>

\* Total includes one or more missing nutrient data.

(R3100) Carrot, Baby IW 2.6oz	Total Carbohydrate (g)	
	Recipe	Bag 2.6oz
Carrot, Baby IW 2.6oz	0.2142	6.0736
	<b>0.2142</b>	<b>6.0736</b>

\* Total includes one or more missing nutrient data.

(F0801131) Cheese burgers, Mini Twin Pack	Total Carbohydrate (g)	
	Recipe	Each
Cheese burgers, Mini Twin Pack	40	40
	<b>40</b>	<b>40</b>

\* Total includes one or more missing nutrient data.

(REC190103 1 1 2) Chicken Bruschetta Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Tomatos, Roma	0.7662	0.7662
Cream Cheese IW	3.78	3.78
Lettuce, Green Leaf #10	0.1627	0.1627
Bread, Parisian Sourdough Baguette - Par baked	39	39

\* Total includes one or more missing nutrient data.



(REC190103 1 1 2) Chicken Bruschetta Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Cucumber	8.2327	8.2327
	<b>51.9416</b>	<b>51.9416</b>

\* Total includes one or more missing nutrient data.

(REC0020) Chicken Caesar Salad with Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Shredded Parmesan	5.6699	5.6699
Dressing, Royal Caesar - 1.5oz IW - SUB	2	2
Cracker Cheez-Its	14.1748	14.1748
Chicken , diced	0	0
Lettuce, Romaine	14.9418	14.9418
	<b>36.7864</b>	<b>36.7864</b>

\* Total includes one or more missing nutrient data.

(F031501) Chicken Corn Dog	Total Carbohydrate (g)	
	Recipe	Each
Chicken Corn Dog	30	30
	<b>30</b>	<b>30</b>

\* Total includes one or more missing nutrient data.

(REC00003) Chicken Katsu with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Rice Prepared	17.4458	17.4458
Katsu Sauce	19.0525	19.0525
	<b>59.4983</b>	<b>59.4983</b>

\* Total includes one or more missing nutrient data.

(REC000019) Chicken Pesto w/Pepper Jack Cheese Sandwich	Total Carbohydrate (g)	
	Recipe	Sandwich
Chicken , diced	0	0
Bread, Parisian Sourdough Baguette - Par baked	39	39
Cheese Pepper Jack	2	2
Nut Free Pesto	1.8993	1.8993
	<b>42.8993</b>	<b>42.8993</b>



\* Total includes one or more missing nutrient data.

(REC030809 1) Chicken Tenders with Mash Potatoes	Total Carbohydrate (g)	
	Recipe	Serving
Potatoes, Mashed Homestyle	18.6206	18.6206
Chicken Krispy N Crunchy breaded tenders	13	13
	<b>31.6207</b>	<b>31.6207</b>

\* Total includes one or more missing nutrient data.

(REC002100) Chicken with Cheese, Mash Potatoes and Gravy	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Potatoes, Mashed Homestyle	18.6206	18.6206
Gravy, Turkey	6	6
Cheese Cheddar Sliced USDA	2.025	2.025
	<b>49.6456</b>	<b>49.6456</b>

\* Total includes one or more missing nutrient data.

(REC0389129) Chili Cheese Fries w/Chips	Total Carbohydrate (g)	
	Recipe	Elementary Serving
Cheese Cheddar Shredded	0.567	0.567
Chips Tortilla Rounds	30	30
Potato, Fries Crinkle - Gluten Free	33.6059	33.6059
Chili Prepared	18.0111	18.0111
	<b>82.1839</b>	<b>82.1839</b>

\* Total includes one or more missing nutrient data.

(REC0389129 2) Chili Cheese Fries w/Chips - MS	Total Carbohydrate (g)	
	Recipe	MS Serving
Cheese Cheddar Shredded	0.567	0.567
Chips Tortilla Rounds	30	30
Potato, Fries Crinkle - Gluten Free	67.2118	67.2118
Chili Prepared	18.0111	18.0111
	<b>115.7898</b>	<b>115.7898</b>

\* Total includes one or more missing nutrient data.



(D41800) Dressing, Buttermilk Ranch, 12 g	Total Carbohydrate (g)	
	Recipe	Package
Dressing, Buttermilk Ranch, 12 g	0 *	0 *
	0 *	0 *

\* Total includes one or more missing nutrient data.

(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Fruit (1/2 cup)	7.5955	7.5955
	7.5955	7.5955

\* Total includes one or more missing nutrient data.

(REC0012 2) Italian Burger	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Marinara Sauce Enhanced Bulk	2.7216	2.7216
Cheese Mozzarella Shredded Bulk	1	1
Beef Patty USDA	0.8733	0.8733
	46.3983	46.3983

\* Total includes one or more missing nutrient data.

(D1150) Ketchup Packets	Total Carbohydrate (g)	
	Recipe	Each
Ketchup Packets	3	4
	3	4

\* Total includes one or more missing nutrient data.

(D1300) Marinara IW	Total Carbohydrate (g)	
	Recipe	Each
Marinara IW	7	7
	7	7

\* Total includes one or more missing nutrient data.



(D1303) Mayonnaise Packets	Total Carbohydrate (g)		
	Recipe	Case	Package
Mayonnaise Packets	0 *	0 *	0 *
	0 *	0 *	0 *

\* Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
	Recipe	Carton
Milk 1%	16	16
	16	16

\* Total includes one or more missing nutrient data.

(R13901) Milk Chocolate FF	Total Carbohydrate (g)	
	Recipe	Carton
Milk Chocolate FF	20.9999	20.9999
	20.9999	20.9999

\* Total includes one or more missing nutrient data.

(D1321) Mustard Packets	Total Carbohydrate (g)	
	Recipe	Package
Mustard Packets	4	0.22
	4	0.22

\* Total includes one or more missing nutrient data.

(REC0014 1) Orange Chicken w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Chicken Mandarin Orange Jr.	19	19
	72.9999	72.9999

\* Total includes one or more missing nutrient data.

(F16900) Pizza 16" Cheese Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
Pizza 16" Cheese Big Daddy	35	37.2258

\* Total includes one or more missing nutrient data.



(F16900) Pizza 16" Cheese Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
	35	37.2258

\* Total includes one or more missing nutrient data.

(F16901) Pizza 16" Pork Pepperoni Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
Pizza 16" Pork Pepperoni Big Daddy	42	42
	42	42

\* Total includes one or more missing nutrient data.

(190101) Salad Bar/ Salad Pack	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Salad Mix	1.684	0.4811
Broccoli, Raw	7.5296	2.1513
Carrots, Baby Bulk	1.2284	0.351
Corn, Canned, Drained	20.7405	5.9259
Tomatos, Cherry/Grape	1.1028	0.3151
Spinach	4.1163	1.1761
Beans, Garbanzo	8.0286	2.2939
	44.4302	12.6943

\* Total includes one or more missing nutrient data.

(F1910020) Sandwich Grilled Cheese	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Grilled Cheese	41.0001	41.0001
	41.0001	41.0001

\* Total includes one or more missing nutrient data.

(REC0006 1) Soybutter sandwich/Cheese/Crackers Pack	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Mozzarella String	0	0
Soybutter & Grape Jelly - Wowbutter - 2.4oz	25	25
Cracker Vanilla Bear	40	40
	65	65

\* Total includes one or more missing nutrient data.



(REC0013 1) Spicy Chicken Burger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Chicken Patty, Hot & Spicy - Sub	12	12
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
	<b>70.6064</b>	<b>70.6064</b>

\* Total includes one or more missing nutrient data.

(Copy of REC190103 1) Turkey & Garlic Chs Spread Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Tomatos, Roma	0.7662	0.7662
Cream Cheese IW	2	2
Lettuce, Green Leaf #10	0.1627	0.1627
Turkey Breast Slice	4.1958	4.1958
Bread, Parisian Sourdough Baguette - Par baked	39	39
	<b>46.1248</b>	<b>46.1248</b>

\* Total includes one or more missing nutrient data.

(REC0007) Turkey Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Chips Tortilla Rounds	30	30
Turkey Taco Filling	6.0951	6.0951
Beans, Pinto LS	24.0064	24.0064
	<b>60.385</b>	<b>60.385</b>

\* Total includes one or more missing nutrient data.

(REC0011) Veggie Burger and Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
Veggie Burger Patty Bulk	6	6
	<b>64.6064</b>	<b>64.6064</b>

\* Total includes one or more missing nutrient data.



(REC0010) Veggie Nuggets with FF and Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
Crackers - Wheat	30	30
Vegetarian Nuggets, Vegan Soy Morningstar	19	19
	<b>65.8029</b>	<b>65.8029</b>

\* Total includes one or more missing nutrient data.

(REC0005 1) Yogurt/Cheese/Crackers Pack	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Mozzarella String	0	0
Yogurt Vanilla 4oz Danimals NF	28.0987	28.0987
Cracker Vanilla Bear	40	40
	<b>68.0987</b>	<b>68.0987</b>

\* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 12/1/2023, End = 12/15/2023)
Menu Plans	(MS Lunch 2023-24)
Nutrients	(Total Carbohydrate)