

COMMUNITY REFERRAL LIST



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**COUNSELING AND
PSYCHOLOGICAL SERVICES**

Come Grow With Us

The University of Texas at El Paso • 2022-2023

**DIVISION OF
STUDENT AFFAIRS**
LIVE THE COLLEGE EXPERIENCE



Counseling and Psychological Services does not endorse or recommend any specific mental health service provider community agency. This list is mainly for your convenience and is not intended to be a complete list of all mental health agencies in our area.

Directory Information subject to change at any time. Call the agency of clinic you need to confirm information.

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Counseling and Psychotherapy

Catholic Counseling Services

499 St. Matthews

(915) 872-8424

Email: ccs@elpasodiocese.org

M-F 9:00am – 12:00pm & 1:00pm – 5:00pm

<http://www.elpasodiocese.org/>

Accept: Sliding scale, Medicare, Medicaid, CHIP and most insurances

Documents required proof of income (last 3 pay stubs), utility bill, picture ID and medical insurance (if available), and client forms from website.

Services: Individual, marital, family, and group psychotherapy. Program serves clients from ages 5-65. Bilingual clinical social workers are available.

Children's Grief Center of El

Paso

11625 Pelicano Ste. B

(915) 532-6004

Email: laura@cgcelpaso.org

M – Th: 9am-4pm

Friday: 9am-3pm

In person only

cgcelpaso.org

Director: Laura Olague, Contact Person: Alice Rangel

Accept: Cash, check and debit

Services: Peer support group for grieving children and their families. Children 5-18 and their parents or guardians, & young adults 18-25. While children attend, parents also need to go to a support group. Groups meet at 6:30pm on alternate Thursdays. Must call to schedule interview for family members involved. Initial Interview per family is \$50. Each group session is \$40 for 1 parent and 1 child and \$5 for each additional family member. *Support groups are bilingual & culturally sensitive.

El Paso Child Guidance Center

Central: 2211 E. Missouri, Ste 310

East: 9001 Cashew Dr. Ste 300

(915) 562-1999

M-F 8:00am-5:00pm

epcgc.org

Registered Billing & Credential Coordinators: Luz Rivas & Cynthia Henry

Accept: Medicaid & most private insurances. Services are also provided on a sliding scale based on a family's income.

Services: Individual and family therapy for children & adults. Bilingual therapists available. Psychiatrist on staff. Walk-in to register, virtual & in-person counseling.

Coordinated Mental Wellness Program: A group of highly trained mental health professionals including a coordinator, a therapist, a psychiatrist, and a family partner, form a mental wellness team for the client. Call to set up an appointment.

Family Service of El Paso

6040 Surety Drive

(915) 781-9900

M & F 8:00am-5:00pm, T-Th 8:00am-8:00pm,

familyserviceofelpaso.org

Accept: Aetna, Blue Cross, Blueshield, El Paso First Health Plans Inc., Medicare, Tricare, Amerigroup Resolutions, Molina Healthcare, Humana, Cigna, United Behavioral Health OPTUM

Services: Individual, family and couples therapy; youth counseling

Project Vida: Offers primary health care including family planning, wellness exams, medication, and referrals based on medical need. Also offers psychiatric services that include an evaluation and treatment.

Living Hope Christian Counseling Services

(Christian Based Counseling)

1801 Wyoming Ste. 102

(915) 772-2237

Email: livinghopeccs@aol.com

M 5:00pm – 8:00pm

T-W 8:00am – 9:00pm

Th 8:00am – 8:00pm

F 8:00am-5:00pm

livinghopeccs.org

Accept: Sliding scale and insurance (Tri-care, Aetna, Blue Cross/Blue Shield, CIGNA)

Services: Individual, family, and marital, and military counseling. *All counselors are Christian & knowledgeable in the application of biblical principles.

Psychiatric and Related Services

Aliviane Inc.

1626 Medical Center (in front of Providence)
(915) 782-4000

Email: info@aliviane.org

Aliviane.org

Accept: Financial screening to determine eligibility for financial coverage, some programs are state-funded, Medicaid, private insurance, self-pay.

Services: Adult outpatient treatment clinic, youth and family outpatient clinic.

Aliviane Women and Children Treatment Program

7722 North Loop Ste 3
(915) 782-4014, ext. 1616

24-hour care, shelter, food, & transportation

aliviane.org

Residential Program – Open 24 hours/day

Director: Ricki Estrada

Accept: Medicaid, Insurance, and sliding fee scale. Financial screenings to determine eligibility for financial coverage. State-funded treatment programs may be available.

Services: daily individualized therapy, medication managements, routine consultation with psychiatrists, therapeutic recreational activities, playrooms for children, and case management.

Army Community Services

2494 Ricker (on Ft. Bliss)

(915) 569- 5375

M-F 7:30am – 4:30 pm

bliss.armymwr.com

Family Advocate Program: provides military families with prevention services & educational programs

Survivor Outreach Services (SOS): benefits coordinators, financial counselors, and support coordinators

Military Crisis Line: +1 (800) 273- 8255

Amanecer Community Counseling Center

785 Anthony Dr. Anthony, NM

(575) 882-5100

M-F 8:00am – 5:00pm

Accept: Sliding Fee discount program – call for info

Services: Diagnostic evaluations, medication management, psychological testing, individual counseling, family counseling, child abuse counseling, domestic abuse, behavior management services, drug and alcohol abuse, case management services.

El Paso Psychiatric Center

4615 Alameda
(915) 532-2202

hhs.texas.gov

Services: Adult psychiatric services. Child & adolescent services (children ages 5-12 and adolescents to the age of 17)

El Paso Vet Center

1155 Westmoreland Suite 121

(915) 772-0013

Call center 24/7: (877) 927-8387

M -T- F 8:00am – 4:30pm W - TH 8:00 a.m. – 8:00 p.m.

va.gov/el-paso-vet-center

Services: Offers help to veterans, service members, and their families at no cost in a non-medical setting. Counseling for needs including depression, PTSD, & psychological effects of military sexual trauma

Requirements: On first visit, bring one or more of discharge documents (DD214), receipt of certain awards, deployment orders, or other documents that show qualifying military service.

Emergence Health Network

Admin office: 201 E. Main, Ste 600

(915) 242-0555, (915) 877-3410

Other locations: 1551 Montana Ave #204 (915) 747-3510

425 S Mesa Hills Dr. #1, (915) 887-3414

M-F 8:00am-5:00pm

Crisis Services: 1601 Yandell Dr. (915) 779-1800, open 24/7

Emergencehealthnetwork.org

24 hr. crisis hotline: (915) 779-1800

Toll free crisis line: 1 (877) 562- 6467

Accept: Medicare, Medicare Advantage Plans, CHIP, Texas Medicaid/ Medicaid Programs – STAR, STAR Plus, STAR Kids, private health insurance plans

Services: Mental Health- crisis & suicide prevention, mental health community trainings, outpatient clinics, partial hospitalization program, intensive outpatient program, counseling services, coordinated specialty care program, jail diversion services, intervention & prevention programs, veteran assistance, child & adolescent services, homeless assistance, assertive community treatment, START Team program. Also, help with developmental disabilities and addiction.

**Emergence Health Network Outreach,
Screening, Assessment and Referral
(Addiction Services)**

Information/appointments: (915) 242-0555
9565 Diana Dr.

Services: Any Texas resident 13-years and older may receive free screenings and community referrals for assistance with substance disorder. Call number for further information.

La Clinica de Familia New Mexico

385 Calle de Alegra. Las
M-F 8:00am – 5:00pm
Behavioral Health: (575) 647-2800
Crisis Line 844-622-7099

Laclinicadefamilia.org

Accept: most private insurance plans, Medicare & Medicaid centennial care card

Services: Comprehensive community support services, comprehensive medication management, crisis intervention services, integrated behavioral health, multi-systematic therapy and MST/problem sexual behavior adaptation, outpatient counseling for children and adults, treatment foster care.

Assertive Community Treatment (ACT): Program designed to deliver full range of services to those who have been diagnosed with severe disabling mental illnesses.

Psychosocial Rehabilitation (PSR): Program that offers psychosocial interventions to help consumers cope with a severe mental illness (SMI) diagnosis. Four domains: basic living skills development, psychosocial skills training, therapeutic socialization, & consumer empowerment.

Supportive Housing: Linkages subsidy, move-in assistance eviction prevention grant (MIAEP), Casa Bonita, Local Lead Agency (LLA). Call or go to website to check for eligibility and further information.

**Texas Tech Department of Neuropsychiatry
and Behavioral Sciences**

4615 Alameda (within EPPC) (Basement)
(915) 215-5850

Call to make an appointment

Services: Comprehensive evaluations of complex diagnostic conditions.

Trinity Center of El Paso

8716 Independence St.
(915) 772-9111

Email: cgarcia@homewardboundinc.org

Open 24 hours/ by appointment only

Accept: some programs are state funded; Medicaid is accepted for certain programs, private insurance from Blue Shield and Molina Health Care.

Services: Medically supervised crisis stabilization, detoxification services, & intensive residential treatment of a 24-hour-a-day, 7-day-a-week basis.

University Medical Center

4815 Alameda Ave
(915) 544-1200

Services: Ambulatory surgery unit, emergency services, laboratory, imaging services, rehabilitation, employee health centers, inpatient services, outpatient clinics

University Medical Center Emergency Room

4815 Alameda
Open 24 hours
(915) 521-7700

If an individual is in need of immediate psychiatric services: The individual will be evaluated by an ER physician who will then determine the need for psychiatric services. A Texas Tech psychiatrist from EHN will be contacted to further evaluate the individual and provide the necessary follow-up.

VA Behavioral Healthcare Center

5001 North Piedras St.

(915) 564-6100

M-Sat: 8:00am-4:45pm

Eastside Community-Based Outpatient Clinic

2400 Trawood

(915) 217-2428

Westside Community Based Outpatient Clinic

1870 Northwestern Dr.

Northeast Community Based Outpatient Clinic

5229 Sanders

Las Cruces Community-Based Outpatient Clinic

3401 Del Rey Boulevard

Las Cruces, NM 88012

(575) 522-1241

M-F 8:00am-4:30pm

www.elpaso.va.gov

Services: Mental health counseling for issues including addiction, depression, anxiety, trauma, PTSD, bipolar disorder, schizophrenia, & OCD. Call to schedule appointment, no walk-ins accepted.

Documents needed: Veteran Health ID Card (VHIC), health coverage card (Medicare, Medicaid, TRICARE, private insurance), appointment confirmation letter, list of your current medications including prescriptions, over-the-counter medicines, vitamins, and any herbal supplements.

William Beaumont Army Medical Center

Family Advocacy Program

18511 Highlander Medics St.

(915) 742-2273, option 2

Open 24 hours

Services: Inpatient and outpatient psychiatric care, evaluation & management of psychotropic medications, individual & group psychotherapy, diagnostic evaluation & psychological testing, neuropsychological services, child & adolescent care, command evaluations, medical social work services, and child and spousal abuse services.

Additional Service Agencies

Center Against Sexual and Family Violence

(CASEV)

580 Giles Rd.

Casfv.org

24-hour Crisis Hopeline: **(915) 593-7300**

M-W-TH 8:00am-6:00pm, T 9:00am-6:00pm, F

8:00am-12:00pm

Services: Provide individuals and families safe places to live, counseling, support groups, therapy & the resources they need to survive domestic violence and sexual assault.

Child Crisis Center of El Paso

2100 North Stevens Street

(915) 562-7955

M-F 8:00am-5:00pm

Childcrisiscenterofelpaso.org

Services: Emergency shelter services include individual beds/cribs, nutritious snacks and meals, clothing, toiletries, medical attention, transportation to/from medical appointments and to/from their home, school, indoor/outdoor recreation, & case management for the entire family

Parenting Classes: Evidence-based parent education with the Systematic Training for Effective Parenting (STEP) curriculum. Individual or group classes. In person and online options available. Classes can be in English and/or Spanish. Call for more information.

DARS: The Deaf and Hard of Hearing Services

www.dars.state.tx.us/dhhs/

****Now under TWC****

Department of Human Services

1-877-541-7905 or 211

Can apply for Medicaid,

TANF(foodstamps) online at:

yourtexasbenefits.com

Services: SNAP Food Benefits, TANF helps families with children age 18 and younger pay for basic needs.
Helps cover visits to doctors, dentists, and hospitals. Also covers medical prescription, helps people with daily needs, caregivers, and people with mental health, drug, or alcohol issues; WIC food benefits. Prescreening tool on-site.

El Paso Center for Children

2200 N. Stevens

(915) 565-8361

M-F 8:30am – 5:30pm

epccinc.org

Early Childhood Services: (915) 500-4105

Youth Outreach & Housing: 24-hour helpline: **(915) 330-9513**, drop-in center: 3710 Altura Ave., bldg. D, emergency shelter for youth (11-17 years): 3720 Altura Ave., bldg. E, **(915) 562-4765**

Young adult rental assistance: (915) 330-9513

Counseling & Life Skills: (915) 565-5021, 24-hour helpline: **(915) 588-6542**

Victims of Crime Counseling: (915) 565- 5021

Foster care help: (915) 256-6382 or foster@epccinc.org

Strong Families: (915) 307-8043 or info@epccinc.org

Family Resource Center: (915) 565-5021

El Paso Public Library

Various classes are offered such as job and career preparation, computer skills and test preparation.

www.elpasolibrary.org

Hospice of El Paso

Admin office: 1440 Miracle way

Center for Compassionate Care: 1575 Belvidere St.

(915) 532-5699

Center for Compassionate Care: Provides 24-hour specialized care for patients with needs beyond what can be provided in a home setting.

Process: A call to request services can be made by a family member, doctor, friend, or person who is terminally ill. The agency will need to obtain a referral from the doctor in order for services to be provided. Information is first taken over the phone and the assessment is completed by a visit to the individual who is sick. Hospice provides the patient's required medication and medical equipment depending on the diagnosis.

Bereavement Support Group: Family members can attend during patient's illness and upon patient being deceased. Time of group varies based on availability of family. Chaplain also available. Agency will follow up with the family up to 13 months after the loss.

Hospitals of Providence Teen Health

Resource Ctr.

- I. 4717 Hondo Pass, Ste. A
(915) 755-8336
- II. 8899 Alameda Ave., Ste. 120
(915) 859-8336
- III. 907 Chelsea Ste. D
(915) 532-8336
- IV. 12210 Montwood Ste. 101
(915) 855-8336
- V. 5000 Doniphan Ste. 109
(915) 584-8336
- VI. 200 Franklin, Ste. 500
(915) 577-8336
- VII. 2400 N. Oregon Ste. D
(915) 351-8336

<https://www.thehospitalsofprovidence.com/ourlocations/teen-health-resource-centers>

Services: Not just for teens. Free pregnancy testing; prenatal education, childbirth classes just for teens and basic infant care classes.

- Provides young adults with information about basic healthcare and facts about pregnancy.
- Medicaid support program if financial assistance is needed, there is a Medicaid eligibility program representative on site to assist with application process.

Sun Metro
(915) 212-3333
sunmetro.net

Texas Tech Clinics

4801 Alberta (behind University Medical Center)

Breast Care Center	(915) 215-6040	M-F 8am-5pm
Internal Medicine	(915) 215-5200	M-F 8am-5pm
Neurology	(915) 215-5900	M-F 8am-5pm
OB & OB-GYN	(915) 215-5000	M-F 8am-5pm
Ophthalmology	(915) 215-6050	M-F 8am-5pm
Orthopedic	(915) 215-5400	M-F 8am-5pm
Surgery	(915) 215-5300	M-F 8am-5pm
Pediatrics	(915) 215-5700	M-F 8am-5pm S 10am-4pm

<http://www.elpaso.ttuhsc.edu/elpaso/clinics/>

Accept: Medicare, Medicaid and Insurances
Services: Internal medicine, neurology, Ob/Gyn, pediatrics, breast care, psychiatry, neurosurgery.
There are different clinics throughout the city.

- Breast Care Center – Survivorship Program: Survivors who have ongoing physical, psychological, and emotional needs, as well as other needs stemming from their previous cancer diagnosis. Program provides the opportunity to address unmet needs with experts. The program complements the care at no extra cost. It is a holistic follow-up treatment in a healing and nurturing environment.

Documents Needed: A referral from your primary doctor is needed to obtain service for neurology

Documents Needed for Discount: Current I.D., utility bill with name and current address, prior year's income tax return.

Workforce Solutions Borderplex

Admin Office: Blue Flame Building, 304 Texas Ave.
Ste. 1401

(915) 887- 2600

Business Hours: M-Th: 7:00am-6:00pm, F 8:00am-12:00pm

Office Hours: M-Th: 7:00am-6:00pm

Visit website for other locations:

www.borderplexjobs.com

Services: Job seekers, employers, childcare, education & training. Call to make an appointment.

University Medical Center
Patient Financial Services

4824 Alberta (Annex Bldg.)

(915) 521-7900

M-F 8:00am – 5:00pm

By appointment.

Assistance with finances when receiving any services within the UMC system.

University Medical Center
Prescription Patient Assistance

4815 Alameda Dept. 728

(915) 521-7275

M-F 8:00am to 6:00pm

Services: prescription assistance, enroll patients to help with medications if patients are non-insured and are in need of non-generic medications. Patient needs to ask about psychotropic medications

Documents needed: proof of income or social security benefits. Other documents may be needed, but it depends on the program that the individual qualifies for. No appointment required; it is on a walk-in basis.

University Medical Center
Women's Health Center

(915) 532-5454

4824 Alberta Suite 403

M,W,Th 8:00am-5:00pm, F 10:00am-7:00pm

Accept: Commercial insurance, Medicaid, Medicaid HMO, Health Texas Women Program, CHIP Perinate, Hospital financial assistance programs, Title X grant program, self-pay

Services: Birth control method counseling, crime victims program, diabetes management, nurse-family partnership, outpatient clinics, pharmacy, reproductive health education, sexual assault nurse examiner, teen advisory board, teen services, women & teen center.

El Paso United Family Resiliency Center

Located in Family Youth Services Center

6314 Delta Drive

(915) 775-2783

M – F 9am – 5pm

Elpasounitedfrc.org

Services: Referrals, support groups and therapy for those indirectly and directly affected by the Aug.3, 2019 tragedy.

Self Help and Support Groups

Adult Children of Alcoholics (ACOA)

Bethany Christian Church
10453 Springwood (off of Yarbrough)
M-F 9:00am – 2:00pm
Sun: 9-11:30am
Meeting time: Tuesdays @7:00pm
(915) 592-5977
www.bethanychristianchurchofelpaso.com

Alanon/Alateen

Alanon information service of El Paso
P.O. Box 3489 El Paso, TX 79923
(915) 562-4083
778-3686 (For groups in Spanish)

Alcoholics Anonymous

3318 Douglas Ave
(915) 562-4081 (24 hour answering service)
M-F: 8:30am-4:30pm
aaelpaso.org

Alcohólicos Anónimos

3020 Piedras
471 Resler
Central Office: (915) 351-1141 or
(915) 838-6264

Luminarias Catholic LGBT Group

No physical address.
If information needs to be sent best to do it through e-mail.
Contact: Angie Lugo (915) 549-4095
luminariascathgblt@sbcglobal.net

MADD (Mothers Against Drunk Drivers)

7500 Viscount, Suite 295
1-877-MADD-HELP
M-F: 8:00am – 5:00pm
madd.org

Victim Impact Panel Classes: Court ordered classes for those arrested and who received a DWI. Call for information on the times and days for classes. Community Service offered and volunteer opportunities offered.

Gamblers Anonymous

Bethany Christian Church 10453 Springwood (off of Yarbrough)
M-F 9:00am – 2:00pm
Meeting time: Wednesdays @7:00pm
(915) 592-5977
bcc-elp.org

Narcotics Anonymous

www.eptna.org
(800) 249-9428

Overeaters Anonymous

Search for meetings at www.oa.org

Co-Dependent Anonymous

Search for meetings at <http://coda.org/>

NAMI (National Alliance on Mental Illness)

201 E. Main St. 600
915-778-5726
M – F 9:00am – 4:00pm
www.namiep.org

Services: Support groups for client and client's family members of those who are mentally ill. Groups provided in English and Spanish
A lending library provides educational videos and books to the family members.
Person needs to call to inquire about the days and times of the groups.
Family education services - free all year round. Staff working from home due to COVID.

Findhelp.org

<https://www.findhelp.org/>

Use this website by putting in your zip code anywhere in the U.S. you live and it will provide you with many resources. Find food assistance, help paying bills and other free or reduced, cost programs, including new programs for the COVID-19 pandemic.

P-Flag (Parents, Families and Friends of Lesbians and Gays)

1500 Yandell Dr.
(915) 209-2667
pflagelpaso.org

Social Service Agencies

Adventist Family Clinic

3379 Wedgewood Dr. Ste. A

(915) 790-1038

Tuesdays only. First 12 walk-ins

Provider Everyday Medical Services Available:

MWF 8am-1pm, T 2pm-5pm, Th 1pm-5pm

GYN and Women's Health Care:

T 8am-12pm

Eye Exam:

T 9am-12pm & 3pm-5pm

Vegetarian Cooking Classes

2nd & 4th Tuesday of every month 9am-11am

Requirements: One form of identification (driver's license, I.D., birth certificate, social security card, passport, school verification); One form of proof of income (last two check stubs, previous year income tax return, declaration of income, benefits from social security, welfare, food stamps, or general assistance)

NOT FOR PATIENTS WITH MEDICARE, MEDICAID, PRIVATE INSURANCE OR MONEY

Services: Free acute medical problems: sore throat, allergies, bronchitis, asthma, etc. Free chronic medical problems management: diabetes, hypertension, gastritis, etc. Free minor surgeries: wart removal, biopsies, skin cancer, etc. Free injection treatment: anti-inflammatory steroids, anti-emetics, antibiotics, etc. Free lab services: diabetes, thyroid, cholesterol, etc. Free diagnostic procedures: EKG, basic x-ray. Free durable medical equipment: crutches, walking canes, wheel chairs.

Annunciation House

(915) 545-4509

6:00am – 10:00pm (time for interview)

annunciationhouse.org

Lodging for immigrants in El Paso

24-hour shelter for undocumented individuals (3 meals a day). Families, single, and if a couple, separated sleeping quarters. Interview in person to see if person is a good fit.

El Pasoans Fighting Hunger Food

Bank (915) 298-0353

9541 Plaza Circle

Office hours: M-F 8am-5pm

Food distribution: M-F 9am-4pm

elpasoansfightinghunger.org

Guiding Star El Paso

1411 Montana Clinic hours:

M-F: 8:00am – 4:00pm

For a confidential appointment:

(915) 544-9600

guidingstarelpaso.org

Services: Pregnancy resource center: natural fertility, family planning, prenatal care, pregnancy, childbirth, breastfeeding, postpartum, and family liferessources. Offers free ultrasounds, pregnancy tests, and counseling for pregnancy options. Parenting classes as well.

Note: Not faith-based; was founded on Christian principles

General Assistance

9521 Socorro Rd. Ste B16314 Delta

M-F 8am-5pm

(915) 546-8150

Offices closed due to COVID-19

www.epcounty.com/famcom/generalassistance.htm

La Fe (Centro de Salud Familia)

700 S. Ochoa: Adult Clinic

(915) 545-4550

721 S. Ochoa: Pediatric Clinic

(915) 545-7090

Services: Utilities, rent, mortgage, medications.

Funeral services: they assist with providing cremation services through the mortuary. All based on person's income & situation.

Utilities: Assist with only one bill per year. Income guidelines must not be exceeded. **Rent/Mortgage:** To qualify, person must not have any income, no financial benefits, and not be living in government housing.

Medication program: Only for life threatening medication such as for diabetes and hypertension.

Application process: person needs to call first to inquire when applications are being provided and then apply in person. The application is reviewed and an explanation of the process is provided.

Housing Authority of the City of El Paso

5300 E. Paisano Drive

(915) 849-3742

M-F 8:00am – 5:00pm

ephome.org

Information on availability and type of housing is accessible on the 1st of the month. Next step is filling out an application. There are two types of housing:

Public Housing: Based on person's income, person may not choose where to live and housing is assigned upon availability.

Section 8 Voucher: Based on income, process starts with waiting list. Person needing assistance looks for a rental property (a house) of their choice and the rental property is processed through the housing authority. Housing is available for elderly, disabled and families. Housing will help with a portion of their rent.

La Fe (Care Center)

1505 Mescalero Dr.

(915) 772-3366

M-F 8:00am – 5:00pm

lafe-ep.org

Services: General medical services, prenatal, WIC, dental services, pediatrics and immunizations. There are discounts on dental and medical services if the person lives within a specified zip code area and depending on income.

Care Center: Clinic for HIV treatment.

Documents needed: Proof of residence, check stub or W2 form, ID and Medicare, Medicaid or insurance card.

Technology Department (545-7190): Offer classes such as computer classes, GED, computer graphics, citizenship, guitar and many more. It is recommended that a person become a member of the agency, but no one will be refused services.

Optometrist-Dr. Samuel Favela, lab x-rays, pharmacy.

La Posada Home

1020 N. Campbell

(915) 544-4595

M-F 8:00am – 7:00pm

Sat & Sun 9am-5pm (Donations)

laposadahome.org

Not an emergency shelter.

Services: Housing for homeless women who are dealing with domestic violence and have children. If they do not have children, an exception may be made depending on the case (boys must be younger than 12 years old). Person must call first to set up initial interview. Women can stay up to 6 months. Reference letter is needed from any emergency shelter.

Open Arms/Centro Santa Fe

8210 North Loop

(915) 595-0589

Office hours: T-F 9:30am -4:00pm

openarmscommunity.org

***Appointment necessary for food bank and resource center

Services: Food and thrift store available. If person qualifies for a program they will be eligible to receive food every month. For any special situation, a referral letter for food is required. Referral needed only for furniture, household items and clothing. If live in Juarez need to have an El Paso address and phone number.

Documents needed: ID, and utility bill. If person lives in Juarez, passport is needed. (Not required due to Covid-19)

Opportunity Center

1208 Myrtle

(915) 577-0069

homelessopportunitycenter.org

Seven days a week: 24 hours

Homeless shelter for single men and women over the age of 19. Social services provides clothing. Three meals a day are offered. Dinner provided 5:00pm - 5:30pm. Having an ID could be helpful.

Services: Medical clinic available, laundry service, employment and mental health services (going to clinic to see psychiatrist)

Project Vida

Administrative Office
3607 Rivera Ave.
(915) 465-1191

Appointment line, press #1
Several clinic locations
M – F 8:00am – 5:00pm
<http://www.pvida.net/>
online registration

Services: Medical and Behavioral health services, Dental Clinic, Housing Department, Health Education program for diabetes, OB/GYN clinic, Family Planning program, pediatrics, after school program, day care, economic development program for those wanting to start a small business. Homeless services are also available. Bilingual therapists
Discount and payment for services are based on one's income

Documents needed: Proof of residence and income, ID and SSN (if available); Texas driver's license, birth certificate

Project Bravo

Main Office
2000 Texas
(915) 562-4100
M-F 8:00am – 4:30pm

Implemented open and closed application periods

projectbravo.org

Appointment is required. Office closed due to COVID-19.

Services: Assistance with prescriptions, housing and utilities. 6 locations in the city

PAP (patient assistance program): Call for hours of service and to inquire about the application process. Application needs to be filled out and sent to a pharmaceutical company; if qualified, medications will be mailed to one's home.

Documents needed: based on what application.

Energy program (SEAP): Financial assistance for electric and gas bills

Weatherization program: Weatherize your home (sealing doors or windows). (Call for availability)

Rescue Mission

221 N. Lee Street
(915) 532-2575

<http://www.rmelp.org/info@rmelp.org>

Open to the public: OPEN 24 hours

Intake: Tuesday-Thursday: 8-12pm

Homeless Shelter: Able to house 192 people at a time, and average about 130 per night. Men, single women, families, those with medical needs, low-income renters, and those going through Relapse Prevention Program are housed.

Residents are provided with a place to stay, three meals a day, clothing, laundry facilities, and basic needs such as toiletries.

Residents are asked to meet with one of the Mission's social workers, nurse, chaplain, and job search coordinator.

Activities are also provided for residents. Chaplain and other pastors host Bible studies, there are game nights, movie nights, art nights, and festivals.

Corner of Hope: located at 130 N. Cotton St., COH is an outreach to the homeless community who are in need but are not residents. Facility provides food and drink, a place to shower, clean clothes, and laundry machines, all for free. About 60 to 90 people are served **Mondays through Fridays from 8:00am to 2:00pm**. Mondays, Wednesdays, and Fridays are reserved for men.

Tuesdays and Thursdays are reserved for women. **Relapse Prevention Program:** 13 week faith-based and non-denominational program that addresses bio-psycho-social-spiritual concepts in recovery. Each problem area is dealt with on an individual, one on one basis. The program is an in-house course that requires commitment and cooperation. Enrollment begins 2 weeks prior to the beginning of each session and is limited to 12 individuals.

All individuals who are interested in the program should go in for an interview with the Case Manager Supervisor:

Darlene Dominguez

(W) (915) 532-2575

(C) (915) 328-1102

Email: d.domingue@rmelp.org

Salvation Army

4300 E. Paisano

(915) 544-9811

salvationarmytexas.org

24 hour shelter for families

Not accepting new clients after 8:00pm

Social Service Department: M-F 9:00am – 5:00 pm

Food Boxes to pick up: M-Th 9:00am – 4:00pm Assist with food and shelter

6:00pm: Soup kitchen for everyone

Documents needed for food: Picture ID (adults), social security card, proof of address, proof of income and letter from department of human services stating “not receiving food stamps”.

St. Vincent Family Health Center

8061 Alameda Avenue

(915) 859-7545

Toll free: 1-877-415-5106

Fax: (915) 859-9862

For After Hours or Weekend Emergencies:

(915) 859-7545

Appointment line: (915) 859-7799

Services:

Primary Care: Outpatient care services include medical treatment of illness and disease as well as preventive care for all ages.

Dental Services: San Vicente's Dental Clinic provides emergency, restorative, and preventive care for all ages.

Behavioral Health: A Psychiatrist and Licensed Counselor provide individual and group counseling for homeless clients. Case Management staff assists clients with referrals to other services and shelters. **Spiritual**

Care: San Vicente is constructing a Spirituality Center to further its commitment to holistic healthcare. The Spirituality Center is to be a reverent, sacred space that welcomes patients, staff, and the community-at-large to participate in a variety of programs related to spirituality and healthcare.

St. Vincent de Paul

Thrift Store Locations (2 of them):

2104 N. Piedras

(915) 564-4357

M – Sat 9:00am – 6:00pm

910 Redd Rd. #537

www.svdelpaso.org

Food Pantry: (613-3984)

W 9:30am – 11:30am; Th-F 1:00pm – 3:00pm

(if food available will be given or will be put on awaiting list)

Services: Referral for furniture and clothes would be from a catholic church in their area.

Documents needed: Person needs to bring an I.D. Families can only be helped once a year.

Texas Rio Grande Legal Aid, Inc.

1331 Texas Ave.

(915) 585-5100

956-996-8752

www.trla.org

M-F 8am – 12pm

1pm -5pm

To apply for services Call (915) 585-5183

Remote services due to COVID-19

Services: Several legal clinics to help educate on wide range of legal issues.

Workforce Solutions Borderplex Child Care

Services -YWCA

1600 N. Brown

(915) 533-7528 ext. 0

M – F 8:00am – 5:00pm

(hours depend on the location) Can apply

online at: ywcaelpaso.org

Services: Can help assist parents in meeting their childcare payments.

Requirements: A parent must be working or participating in eligible training programs or classes, and must meet income guidelines. Applications may be completed in person. Must join the CCS wait list on the website.

Locations:

- Central
1600 Brown Street
(915) 519-0002 (general)
(915) 500-7665 (eligibility)

fax (915) 225-0248
- Lower Valley
8825 North Loop Suite 122
(915) 887-2413
fax (915) 881-4824
- Northeast
8941 Dyer Street
(915) 887-2413
Fax (915) 881-4890

YWCA Consumer Credit Counseling Services

201 E. Main

Suite 400

Main: (915) 519-0000

<http://www.ywcaelpaso.org/>

(915) 519-0034

cccs@ywcaelpaso.org

Services: CCCS provides consumers with budget, debt, and housing advice. Counselors help identify the causes of financial problems and ways to fix them. All services are available in English and Spanish. The following are provided at free or low cost:

- Credit and budget counseling
- Credit review counseling
- Debt management
- First time homebuyer counseling – educational workshops are free
- Housing counseling
- Pre-file bankruptcy counseling
- Children Cope with Divorce – an educational course, for parents of minor children, which teaches effective parenting during the transition of divorce. Cost: \$50
- Financial education programs – covers topics in a classroom or online setting. Online option available for a small fee.
- Stretching Your Dollar – basic budgeting
- Credit When Credit is Due – comprehensive credit management
- Money in Motion – financial management overview.

****For full listing of classes offered please visit ywca.org****

Catholic Affiliated Organizations

Casa Vides

(subsidiary house for Annunciation House)

325 Leon St.

(915) 544-8451

annunciationhouse.org

Director: Ruben Garcia

First need to go through the Annunciation house Emergency shelter for single women and families

Las Americas Immigrant Advocacy Center

1500 E. Yandell

(915) 544-5126

M – Th 9:00am – 4:00pm

las-americas.org

General Inquiries

Ph: (915) 544-5126

Appointments only Fridays

Services: Provides high quality legal representation for undocumented immigrants in this community.

Fee: Walk-ins \$50; consultations for new clients are 1st and 3rd of the month from 9:00am -12:00pm.

Nazareth Hall Nursing Center

1475 Raynolds St.

(915) 565-4677

Nazarethliving.org

Located in Loretto Academy

Administrator/CEO: Kenny Welch

Skilled nursing facility, provides rehabilitation services including physical, occupational and speech therapy for the elderly

Villa Maria Home for Women

920 S. Oregon

(915) 544-5500

villamariaep.square.site

M-F: 8am-5pm

Executive Director: Linda Velarde

Person needs to call and will speak with Naomi Orona; needs to set up interview.

Transitional living shelter for homeless women

UTEP Resources

Dean of Students

Dr. Catie McCorry Andalis
Associate Vice President and Dean of Students

cmandalis@utep.edu

(915) 747-5648

Food pantry: M-F 8am-5pm (times change during the summer)

- **Location:** Memorial Gym 105
- **Call:** (915) 747-8053
- **Email:** foodpantry@utep.edu

Family Friendly Room

Union West Rm 112
8:00am to 5:00pm
(915) 747-5670

FHAR (Foster, Homeless, Adoption Resources)

Academic Advising Center
(915) 747-5290
M – F 8:00am – 5:00pm
utep.edu/advising/fhar

Campus Advocacy, Resources & Education

(CARE)

1101 N. Campbell St.
care@utep.edu

Contacts:

- Arely Hernandez, Director (915) 747-8154
azaragozahernandez@utep.edu
- Justin Tompkins, Case Manager (915) 747-7500
jjtompkins@utep.edu
- Elisa Chaides, Case Advocate (915) 747-7452
echaidesrey@utep.edu
- Adiel Holguin, LPC (915) 747-7439

Services: Provides free and confidential services to any UTEP student who is a victim of crime and their support system. Provide a safety and security plan. Provide confidential counseling. Offer on and off campus resources. Assist with medical/legal matters as a direct result of a crime, if applicable.

University Career Center

Workforce Solutions (Upper Rio Grande) 103 W. Union Bldg.

(915) 747-5640

M – F 8:00am – 5:00pm

sa.utep.edu/careers/

“Career Closet” – clothes to borrow for interviews

Office of Student Conduct and Conflict Resolution (OSCCR)

Union East Rm 303

(915) 747-8694

studentconduct@utep.edu

For Additional Resources:

All student affairs resources on campus via the Division of Student Affairs website:

<https://www.utep.edu/studentaffairs/resources/index.html>

Student Health and Wellness Center

Union Building East
351 W. University Ave. Ste 100 El Paso, Texas 79968
(915) 747-5624

M – F 8:00am to 12:00pm 1:00pm to 5:00 pm
(Closed at lunch from 12 to 1 pm)

Services:

- Men and Women’s Health
- Immunizations
- Lab services
- Minor injury assistance
- Nutrition counseling and education
- Physical Exams
- Testing a treatment of sexually transmitted diseases
- Treatment for common illnesses
- Testing for COVID-19

Call ahead for all services and to schedule an appointment.

Resources in Ciudad Juarez, Mexico

Centro de Apoyo Psicológico para la Familia y la

Industria A.C.

Calle Avenida de la Raza #5909 Colonia Raúl García

(011 52 (656) 618-05-00

M – F 9:00am – 6:00pm

Sat-9:00am – 3:00pm

Services: Individual, couple, and family therapy. Need to call to make an appointment.

Cost: 800 Pesos; \$40USD

Centro de Derechos Humanos Paso Del Norte, A.C.

Calle Independencia #7073

Colonia Lino Vargas

(01152656) 170-42-03

M – F 9:00am – 1:00pm (Covid-19)

contactoac@cdhpasodelnorte.org

Promoting and defending human rights

Services: Individual and group therapy and legal consultation for victims who have gone through a “forced disappearance” (“kidnapped”) or have experienced some type of torture

Services offered to both men and women; any age

Cost: Free

Programa Compañeros

Avenida de la Raza #2643

Fraccionamiento Sylvias

(a la altura del parque Borunda)

(01152656) 611-37-92

MWF 10:00am – 8:00pm

T&TH 10:00 a.m. – 5:00 p.m.

www.programacompaneros.org

Services: Counseling and testing for HIV, medical, psychological, and pathology services

Cost: 50 – 100 pesos

DIF Municipal de Juarez (Desarrollo Integral para la Familia)

Cicuito Pronaf y Colonia Margarita

(En el centro commercial de la Plaza de las Americas)

Contact: Lic. Rosario Perez Garcia

Centro de Atencion Psicologica Sevilla

Calle Sevilla y Sanders #4165

Colonia Santa Rosa

(01152656) 630-70-40 or 630-70-41

Services: Individual, group and family therapy.

There is also physical rehabilitation therapy offered

Cost: Free

Subprocuraduría de Protección Auxiliar de Niñas, Niños, y Adolescentes para el Distrito Judicial Bravos

Calle Panama #980 / Esquina con Pedro S. Varela

Colonia Hidalgo

(01152656) 629-33-00 or 629-33-44

Ext. 53-304

M – F 8:00am – 4:00pm

Report both ways; by phone and in person

Child Abuse Reporting: They have contact with CPS, the Mexican Consulate and Immigration.

Lic. Abril Grisel Barrera Deborah (coordinador)

Ext. for reporting: 53-303 or 53-304

Services: Legal guidance only for those individuals who have current cases with this agency.

Adoption services are available M- F 8:00am -4:00pm

Universidad Autónoma de Ciudad Juárez (UACJ)

Avenida Universidad y Avenida Heroico Colegio

Militar, Zona Chamizal

Centro de Atención Psicológica Sur Instituto de

Ciencias Sociales y Administración (ICSA)

Edificio C, cubiulo #108

(01152656) 688-38-48

M – F 9:00am – 3:00pm

www.uacj.mx

Cost: 70 pesos (UACJ students), 100 pesos (pacientes fuera de la universidad)

Psicologos en Juarez

Colegio de Psicólogos

(a national affiliation)

Atenea #5943 (consultorio)

Ciudad Juárez, Chihuahua, Mexico

(01152656) 618-13-56

(01152656) 205-60-07

M-F 9:00am – 7:00pm

Sat 10:00am – 2:00pm

Contact: Martha Margarita Perez Cruz

This is a group of psychologists who provide therapy and also refer to any psychologist in Mexico and South America, depending on the need of the individual. Call to inquire which psychologist a person can be referred to. (By appointment only / through zoom)

Rosalia Delgado

Rio Tonalá 1824

Fracc. Vista del Norte

Cd. Juárez, Chihuahua, MX

(01152656) 281-32-85

Services: Psychotherapy/terapia psicologica

Cost: 500 pesos (about \$28 USD)

Betzabel Tobias Soto

lebazteb@hotmail.com

(01152656) 647-33-16

Cd. Juárez, Mexico

Important Numbers

211 Texas

Nationwide Referral Service

1-877-541-7905

24-HOUR SERVICE (food, bills, shelter, crisis counseling, etc.)

Borderland Rainbow Center**

2714 Wyoming Ave.

(915) 263-4623

www.borderlandrainbow.org

Campus Police (915) 747-5611

CPS/APS 1-800-252-5400

CRISIS LINE: (915) 779-1800

Diocesan Migrant & Refugee Services

2400A East Yandell Dr.

(915) 532-3975

elpasodiocese.org

National Domestic Violence Helpline

1-800-799-7233

Text: "START" to 88788

www.thehotline.org

(online chat available)

National Human Trafficking Hotline

1-888-373-7888

National Runaway Safeline

1-800-RUNAWAY

1-800-786-2929

<https://www.1800runaway.org/>

National Suicide Prevention Lifeline

1-800-273-TALK

1-800-273-8255

www.suicidepreventionlifeline.org

Paso Del Norte Civil Rights Project

(915) 532-3799

www.texascivilrightsproject.org

PFLAG El Paso**

(915) 209-2667

www.pflagelpaso.org

SHELTER FOR BATTERED WOMEN

24-Hour Hotline **(915) 593-7300**

Rape, Abuse & Incest National Network (RAINN)

1-800-656-4673

www.rainn.org (online chat available)

The Texas Attorney General Crime Victims Service Division

(915) 834-5815

1-800-983-9933 (Hotline; Austin)

Can also call:

(512) 936-1200

www.oag.state.tx.us

Texas Department of Family and Protective Services

Hotline: **1-800-252-5400**

www.txabusehotline.org

The Trevor Project**

Hotline: **1-866-488-7386**

www.thetrevorproject.org (online chat and text available)

Veteran Crisis Line

1-800-273-8255 Press 1

Text: 838255

Volunteer Opportunities:

volunteereelpaso.org