



EVERYDAY SELECTS

DAILY SPECIALS

Memphis
Elvis Melt with Sliced Apples on Wed

BIG-CITY BITES

Eat Across North America

M	Nachos: Bean & Cheese(v) Taco Beef & Cheese Taco Turkey & Cheese
T	Cheese Stuffed Breadsticks & Spaghetti Sauce(v) Choice of Pizza: Cheese(v) Pepperoni Buffalo Chicken
W	Classic Burgers & Fries: Vegetarian Chicken Spicy Chicken Beef Elvis Melt
TH	Cheese Stuffed Breadsticks & Spaghetti Sauce(v) Choice of Pizza: Cheese(v) Pepperoni Hawaiian
F	Classic Burgers & Fries: Vegetarian Chicken Spicy Chicken Beef Po'Boy Fishstick Sub



PLANT-BASED, VEGETARIAN, NATURAL & MORE... ALL THE INGREDIENTS YOU LOVE!

SUPER FOODS

DAILY SPECIALS

Vegetarian Rainbow Chili from Scratch

M	American Style Subs, Wraps, and Flats
T	Italian Style Subs, Wraps, and Flats
W	American Style Subs, Wraps, and Flats
TH	Italian Style Subs, Wraps, and Flats
F	American Style Subs, Wraps, and Flats

MON

Iceberg Cabbage Salad
Kidney Beans
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Pears

TUES

Iceberg & Cabbage Salad
Basil Corn Salad
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Pears

WED

Iceberg & Cabbage Salad
Baby Carrots
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Pears

GLOBAL FLAVORS

DAILY SPECIALS

Comfort Foods From Around The World

M	American Comfort: WG Chicken Nuggets & Fries with Choice of Sauce- Sweet Chili, Frank's Red Hot, or BBQ
T	Mexican Comfort: Bean & Cheese Enchilada Roja(v) with Cilantro Lime Brown Rice & Black Beans
W	American Comfort: Loaded Baked Potato with Choice of Taco Turkey or Vegetarian Rainbow Chili(v)
TH	Italian Comfort Pasta: Choice of Alfredo(v), Spaghetti(v), or Beef Meat Sauce & Parmesan Green Beans
F	Asian Comfort: Fried Rice Bowls: Orange Chicken or Teriyaki Baked Tofu(v) with Spicy Asian Vegetables

THURS

Iceberg & Cabbage Salad
Corn
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Pears

FAST TAKES

DAILY SPECIALS

Don't Forget To Stop At the BOOST! Bar for Fruits & Veggies

M	Fiesta Dip Box(v) Chef Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
T	Strawberry Banana Parfait(v) Hearty Garden Veg Salad(v) American Sub Chicken Caesar Wrap
W	Classic Hummus Box with Flatbread(v) Crispy Chicken Salad Italian Sub Buffalo Chicken Wrap
TH	PowerUp Box Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
F	Deli Bento Box Garden Fiesta Salad(v) Turkey Ham & Cheese Sub Chicken Caesar Wrap

FRI

Iceberg & Cabbage Salad
Celery Sticks
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Pears

This institution is an equal opportunity provider. Additional nutrition information available upon request.