

LUNCH MENU 5

Middle Schools, ICS, & STEM

December 11th - 15th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

Menu May Vary By School



Pears



- MONDAY** Pho (FU as in FUN!) with **Vegetarian** Option
- TUESDAY** Spice House with **Vegetarian** Option
- WEDNESDAY** Fiesta WG Nachos with **Vegetarian** Option
- THURSDAY** Spice House with **Vegetarian** Option
- FRIDAY** Fiesta WG Nachos with **Vegetarian** Option



Every Day Choices

Mozzarella Stuffed WG Breadsticks with Spaghetti Sauce(v)
Cheese WG Pizza Slice(v)
Pepperoni WG Pizza Slice

- MONDAY** Sausage WG Pizza Buffalo
- TUESDAY** Chicken WG Pizza
- WEDNESDAY** Supreme WG Pizza
- THURSDAY** Hawaiian WG Pizza
- FRIDAY** Meatlover's WG Pizza



BIG-CITY BITES
Get Across North America

Philly Style Cheesesteak Returns in January

- MONDAY** Bean & Cheese Burrito(v) with Salsa
- TUESDAY** Chicken Alfredo Macaroni Pasta
- WEDNESDAY** Pork Posole with WG Tostitos
- THURSDAY** Turkey & Gravy Over Mashed Potatoes
- FRIDAY** WG Fishsticks and Wedge Fries



THRIVE SIDES OFFERED DAILY WITH LUNCH ENTREES

Garden Greens plus a variety of Fresh & Canned Fruits & Vegetables. Locally Grown items are offered whenever seasonally available.
 Low Fat or Fat Free Milk offered with all meals.

Daily Classic Grill Fare with Fries

Vegetarian Burger, WG Chicken Patty Burger
Spicy WG Chicken Patty Burger, Hamburger
Cheeseburger



- MONDAY** Grilled Cheese Sandwich(v)
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** Fishstick Po' Boy Sub(v)



Be sure to get your fruit or vegetable from the Thrive Bar to make your Fast Takes selection a complete meal!

- MONDAY** Fiesta Dip Box(v)
 Chef Salad with Rolls
 Turkey & Cheese Sub
 Crispy WG Chicken Wrap
- TUESDAY** Strawberry Banana Parfait Cup(v)
 Hearty Garden Veg Salad(v) with Rolls
 American Sub
 Chicken Caesar Wrap
- WEDNESDAY** Classic Hummus Box with Flatbread(v)
 Crispy WG Chicken Salad with Rolls
 Italian Sub
 Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box
 Regular(v) or Chicken Caesar Salad with Rolls
 Turkey & Cheese Sub
 Crispy WG Chicken Wrap
- FRIDAY** Deli Bento Box with Flatbread
 Garden Fiesta Salad(v) with Rolls
 (Turkey) Ham & Cheese Sub
 Chicken Caesar Wrap

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Nutrition Information is available upon request.

