

LUNCH MENU 4

Middle Schools, ICS, & STEM

December 4th - 8th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.
Menu May Vary By School



- MONDAY** Pho (FU as in FUN!) with **Vegetarian** Option
- TUESDAY** Spice House with **Vegetarian** Option
- WEDNESDAY** Fiesta WG Nachos with **Vegetarian** Option
- THURSDAY** Spice House with **Vegetarian** Option
- FRIDAY** Fiesta WG Nachos with **Vegetarian** Option



Every Day Choices
Mozzarella Stuffed WG Breadsticks with Spaghetti Sauce(v)
Cheese WG Pizza Slice(v)
Pepperoni WG Pizza Slice

- MONDAY** Sausage WG Pizza Buffalo
- TUESDAY** Chicken WG Pizza
- WEDNESDAY** Supreme WG Pizza
- THURSDAY** Hawaiian WG Pizza
- FRIDAY** Meatlover's WG Pizza



BIG-CITY BITES
Special Menu Item Offered **Wednesday**

- MONDAY** Beef Meatball Marinara Sub
- TUESDAY** French Toast & Turkey Sausage
- WEDNESDAY** Elvis Melt with Sliced Apples
- THURSDAY** Bean & Cheese Burrito(v) with Salsa
- FRIDAY** Beef and **Lentil(v)** Sloppy Joes



THRIVE SIDES
OFFERED DAILY WITH
LUNCH **ENTREES**

Garden Greens plus a variety of Fresh & Canned Fruits & Vegetables. Locally Grown items are offered whenever seasonally available.
Low Fat or Fat Free Milk offered with all meals.

Daily Classic Grill Fare with Fries



*Vegetarian Burger, WG Chicken Patty Burger
Spicy WG Chicken Patty Burger, Hamburger
Cheeseburger*

- MONDAY** Grilled Cheese Sandwich(v)
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** Fishstick Po' Boy Sub(v)



Be sure to get your fruit or vegetable from the Thrive Bar to make your Fast Takes selection a complete meal!

- MONDAY** Fiesta Dip Box(v)
Chef Salad with Rolls
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- TUESDAY** Strawberry Banana Parfait Cup(v)
Hearty Garden Veg Salad(v) with Rolls
American Sub
Chicken Caesar Wrap
- WEDNESDAY** Classic Hummus Box with Flatbread(v)
Crispy WG Chicken Salad with Rolls
Italian Sub
Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box
Regular(v) or Chicken Caesar Salad with Rolls
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- FRIDAY** Deli Bento Box with Flatbread
Garden Fiesta Salad(v) with Rolls
(Turkey) Ham & Cheese Sub
Chicken Caesar Wrap

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Nutrition Information is available upon request.

