



Breakfast Menu @ LWSD **DEC**

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

1

BREAKFAST
WG Bagel w/CC(v)
Cereal Bowl or Bar(v)

WG Cereals Offered with Reduced Sugar Formulation

4

BREAKFAST
Eggo French Toast Mini Bites(v)
Cereal Bowl or Bar(v)

5

BREAKFAST
ChocChip Oatmeal Breakfast Round(v)
Cereal Bowl or Bar(v)

6

BREAKFAST
Creamy Strawberry Yogurt Cup(v) w/Grahams
Cereal Bowl or Bar(v)

7

BREAKFAST
Mini Maple Waffles(v)
Cereal Bowl or Bar(v)

8

BREAKFAST
Fruit Muffin w/Toast(v)
Cereal Bowl or Bar(v)

1% Lowfat White Milk & Nonfat White Milk Offered

11

BREAKFAST
Eggo French Toast Mini Bites(v)
Cereal Bowl or Bar(v)

12

BREAKFAST
Breakfast Sausage Pizza
Cereal Bowl or Bar(v)

13

BREAKFAST
Cinnamon Breakfast Round(v)
Cereal Bowl or Bar(v)

14

BREAKFAST
Mini maple Waffles(v)
Cereal Bowl or Bar(v)

15

BREAKFAST
Fruit Muffin w/Toast(v)
Cereal Bowl or Bar(v)

100% Apple Juice Offered on Tuesdays & Thursdays

18

19

20

21

22



(v) = Meatless Option WG - Whole Grain

25

26

27

28

29



Menu Subject To Change Without Notice

This institution is an equal opportunity provider.