

SERVED WITH BREAKFAST:
FRUIT OPTION
MILK OPTIONS

DECEMBER 2023

NORTH TAPPS MIDDLE SCHOOL



Monday



Tuesday

Wednesday

Thursday

Friday

1

MUFFIN CHOICE

4

PANCAKE BITES

5

CHEESE OMELET

6

WAFFLE w/ SYRUP

7

EGG PATTY
TURKEY SAUSAGE PATTY

8

BAGEL WITH CREAM CHEESE

11

CINNAMON BUN

12

YOGURT & FRUIT PARFAIT

13

PANCAKE & SAUSAGE
ON A STICK

14

STRAWBERRY MINI BAGEL

15

EGG, SAUSAGE & CHEESE
BREAKFAST SANDWICH

18

LONG JOHN DONUT

19

BREAKFAST BURRITO

20

YOGURT CUP
GRAHAM CRACKER

21

WINTER BREAK
ENJOY THE HOLIDAYS

22

WINTER BREAK

25

WINTER BREAK

26

WINTER BREAK

27

WINTER BREAK

28

WINTER BREAK

29

THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER

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<https://www.dieringer.wednet.edu/departments/nutrition-services>
or at any Dieringer school office. Contact
kfoley@dieringer.wednet.edu with any questions.

MENU SUBJECT TO CHANGE
DUE TO SUPPLY CHAIN ISSUES