



November 2023

**“When You Have All That You Need, Build a Longer Table Not a Higher Fence”** Unknown.

Dear friends, neighbors, and business colleagues:

The above quote, which hangs in the center of the HIHS Community Food Pantry, is true more so today than any time in the past few years. Many of our friends and neighbors from Hebron and surrounding towns are struggling with increased costs of basic needs like rent, utilities, food, medicine and clothing. Making choices between these basic needs is common for those struggling financially, but this past year we witnessed a neighbor having to choose between paying rent or being able to pay for crematory fees for their son. Thankfully, we were able to help them in their time of sorrow and need.

**“Giving is not just about making a donation. It is about making a difference.”** Kathy Calvin Your generosity has made a difference for hundreds of adults and children in many ways.

- **930 adults and children on average per month receive food and other necessities.**
- **201,400 pounds of food has been distributed as of this writing (@275,000 by year end).**
- **246 Thanksgiving Meal Bags distributed in 2022 (est. 270 for 2023).**
- **150 children/teens awoke to gifts under the tree in 2022 (est. same for 2023).**
- **Back To School Supplies, Gift Cards for Clothing & Gas and Energy & Fuel Assistance.**

HIHS, as a not for profit 501 3 c organization, relies on funding from grant writing, donations from faith communities, civic groups, businesses and most importantly, individuals like YOU. Thank you! Your generous donation provides so much more than basic needs such as food, household/personal care, and assistance for fuel or rent. Your donation shows compassion for the present and hope for the future.

Please join us as we continue our work to build longer tables and provide services to those in need in our communities. Your tax-deductible donation can be made online at [www.hihsc.org/donate/](http://www.hihsc.org/donate/), via check mailed to HIHS P.O. Box 634 Hebron, CT 06248 or by stopping into the Community Food Pantry located at 26 Pendleton Drive, Hebron.

**All of us at HIHS wish you and yours a holiday season filled with warm memories with loved ones and a safe happy New Year.**

With gratitude and blessings,

Christa Goodwin Babka  
Executive Director

Richard White  
Board Chair

Location: 26 Pendleton Drive  
Hebron, CT 06248

Mailing Address: P.O. Box 634  
Hebron, CT 06248

office: 860-228-1681  
website: HIHSCT.org