

SAN DIEGO REGIONAL CENTER SELECTION OF SERVICE OPTIONS FOR TRANSITION AGE YOUTH

SDRC OFFICE LOCATIONS:

Main Office:

43355 Ruffin Rd., Ste. 200, San Diego, CA 92123

T: 858 576 2996

North County Office:

300 Rancheros Dr., 4th Fl., Ste. 400, San Marcos, CA 92069

T: 760 736 1200

For other areas of the county see the list on the SDRC website under the Contact tab

PLEASE NOTE: This is a *partial* list of options and only includes programs with physical locations that fall within the boundaries of the high school districts that are part of the North Coastal Consortium for Special Education (NCCSE) and/or partner with NCCSE's Transition Services Taskforce. This is the best available information I can find (ratios and descriptions may have changed slightly).

A complete list of services and service providers can be found on the SDRC website (sdrc.org). Look for the *Providers* tab on the top bar and select "List of Service Providers"

OTHER PROGRAMS

Additional programs that support transitioning students with disabilities can be found on the NCCSE website under RESOURCES AND PROGRAMS – Transition Services Taskforce – Partners. Services may include post-secondary vocational assistance, career guidance, job skills and training, internships and further education assistance.

ACTIVITY CENTERS (AC's)

An AC is a community-based day program that serves adults who have acquired most basic self-care skills, have some ability to interact with others, are able to make their needs known and respond to instructions. AC programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, and employment. **Ratios vary from 1-6 to 1-8. 1-6 must go into the community for at least two two-hour sessions per week; 1-7 must go into the community for at least one two-hour session per week. Ratios of 1-8 are typically in the community 0-4 hours or more per month.**

VENDOR	RATIO (if appl.)	TELEPHONE	LOCATION
ARC-SD NORTH COUNTY	1:8	760 740 6800	SAN MARCOS
LOL-LIFE OF LIBERTY, INC.		760 433 5411	OCEANSIDE
UCP-SD ACTIVITY CNTR	1:6	760 743 1050	ESCONDIDO

ADULT DEVELOPMENT CENTERS (ADC's)

An ADC is a community-based day program that serves adults who: are in the process of acquiring self-help skills, generally need sustained support and direction in developing the ability to interact with others, need support to make their needs known, need support to respond to instructions. ADC programs focus on the development and maintenance of the functional skills required for self-advocacy, community integration, employment, and self-care.

Individuals are typically in the community 210 or more hours per month. Ratios are 1-3 or 1:4

For Community Based Programs (CBP) Individuals are typically in the community for 2 hours twice a week or up to 100% of the program day.

VENDOR	COMMUNITY BASED PROGRAMS	RATIO (if appl.)	TELEPHONE	LOCATION
ARC-SD NORTH COUNTY		1:4	760 740 6800	SAN MARCOS
ARC-SD NORTH COUNTY	CBP	1:3	760 740 6800	SAN MARCOS
BEACONS		1:3	760 448 6230	CARLSBAD
CARE RITE VOCATIONAL	CBP	1:3	951 719 3377	FALLBROOK
COMMUNITY INTERFACE	CBP	1:3	760 729 3866	VISTA
COMMUNITY INTERFACE	CBP	1:3	760 729 3866	VISTA
D'VINE PATH INC.			949 233 6515	FALLBROOK
DIA DE V.I.D.A. VOCATION VILLA DE VIDA			858 935 8811	POWAY
EASTER SEALS N CNTY	CBP	1:3	760 737 3990	ESCONDIDO
EASTER SEALS N CNTY	CBP	1:4	760 737 3990	ESCONDIDO
GREAT PACES		1:3	760 724 1801	VISTA
IVEY RANCH PARK ASSOC.			760 722 4839	OCEANSIDE
LOL (LIFE OF LIBERTY INC.)- PUYALLUP			760 433 5411	OCEANSIDE
OPEN ARMS VOC SERV INC			503 459 3130	CARLSBAD
OPPORTUNITIES UNLIMITED		1:4	760 747 5112	ESCONDIDO
ROADS DAY PROGRAM		1:3	760 277 3130	OCEANSIDE
ROADS DAY PROGRAM		1:4	760 433 8920	OCEANSIDE
SAILS VISTA			760 622 2611	VISTA
STEPPING STONE RESOURCES		1:3 or 1:4	442 999 5684	ESCONDIDO
TERI		1:3	760 721 1706	OCEANSIDE
TLC VOCATIONAL SRVS.	CBP	1:3	760 497 5292	CARLSBAD
UCP-NO CNTY		1:4	760 743 1050	ESCONDIDO
WILLIAMS QUEST, INC.		1:3	760 806 7500	VISTA

BEHAVIOR MANAGEMENT DAY TRAINING PROGRAM (BMDT)

A BMDT is a community-based day program that serves adults with severe behavior disorders and/or dual diagnosis who, because of their behavior problems, are not eligible for or acceptable in any other community-based day program. Focus is on the development and maintenance of the functional skills required for self-advocacy, community integration, employment, and self-care. Behavior Management programs work towards understanding the function of the behavior and assisting clients with communicating their needs effectively so transition to another program can take place. **Ratios are 1-3**

VENDOR	TELEPHONE	LOCATION
ADVANCED OPTIONS/INDEPENDENT OPTIONS, INC.	760 743 7193	ESCONDIDO
AVID	760 691 9622	VISTA & ESCONDIDO
EASTER SEALS N CNTY	619 409 9400	ESCONDIDO
EASTER SEALS NATL CITY	619 409 9400	NATIONAL CITY
LOL (LIFE OF LIBERTY, INC.) - WOLA	760 433 5411	OCEANSIDE
SAILS VISTA	951 225 2632	VISTA
STEPPING STONE RESOURCES	760 685 3970	FALLBROOK
TERI CAEE	760 721 1706	OCEANSIDE

SUPPORTED EMPLOYMENT PROGRAMS: INDIVIDUAL PLACEMENT (IP) GROUP (GRP)

These programs provide paid work opportunities in business settings using individual placements. Person is hired by the business. One-on-one support by the job coach is provided with outcome of independent employment. Persons in this program have many work skills in place.

VENDOR	INDIVIDUAL or GROUP	TELEPHONE	LOCATION
COMMUNITY INTERFACE	GRP	760 729 3866	VISTA
LINCOLN TRAINING CENTER	GRP	760 703 9952	CARLSBAD
COMMUNITY INTERFACE	IP	760 729 3866	VISTA

TAILORED DAY SERVICES (TDS)

Individualized service design, as determined through the IPP and approved by the regional center that maximizes the client's individualized choices and needs. This service design may include, but may not be limited to, fewer days or hours than in the program's approved day program, look-alike day program, or supported employment program, and flexibility in the duration and intensity of services to meet the client's individualized needs. This service encourages opportunities to further the development or maintenance of employment, volunteer activities, or pursuit of postsecondary education, maximize client direction of the service, and increase the client's ability to lead an integrated and inclusive life.

VENDOR	TELEPHONE	LOCATION
ARC NORTH COUNTY TRAINING CENTER	619 685 1175	NORTH COUNTY
AVID	760 691 9622	NORTH COUNTY
BEACONS, INC.	760 448 6230	CARLSBAD
CARE RITE	951 719 3377	FALLBROOK
COMMUNITY INTERFACE SERVICES	760 729 3866 x 113	NORTH COUNTY
CREEL INDUSTRIES TAILORED DAY SERVICES	619 727 4949	NORTH COUNTY
D'VINE PATH	949 233 6515	FALLBROOK
DIA DE V.I.D.A.	858 935 8811	POWAY
MOUNTAIN SHADOWS OUTREACH SERVICES	760 743 3714 x 112	NORTH COUNTY
READY SET GOALS	619 800 5795	POWAY
STEPPING STONE RESOURCES	442 999 5684	ESCONDIDO
TERI	760 721 1706	NORTH COUNTY

INDEPENDENT AND SUPPORTED LIVING PROGRAMS

Adults who want to live in their own homes can be provided the necessary support to be able to do so. Independent living training programs are designed to assist people to develop skills in the areas of cooking, cleaning, budgeting, shopping, transportation, and community awareness to increase their ability to live independently. People who receive independent living services live in their own homes (apartment, condo, house, etc.), often with a roommate, who may or may not also receive these services. Staff come to the person's home and provide the training needed. Training may be provided from just two hours each week to several hours each day, depending on the person's needs. Independent living programs also provide 24-hour on-call emergency assistance. Supported Living programs offer both training and assistance, as well as 24-hour coordination of all the supports needed to enable individuals with extensive support needs to live in their own home. See lists below...

Supported Living:

VENDOR	TELEPHONE	LOCATION
ACCESS TO SUCCESS	619 559 6977	SOLANA BEACH
ADJOIN	760 471 3704	SAN MARCOS
ARNOLD, JO-SAN	760 420 1907	ENCINITAS
BIG MOVES, INC.	619 564 9592	POWAY
COMMUNITY INTEGRATION	909 825 7132	ESCONDIDO
COMMUNITY INTERFACE	760 607 3468	VISTA
CREATING A LEGACY	877 231 0005	SAN MARCOS
EVOLVE SUPPORTED LIVING SERVICES	619 201 1634	OCEANSIDE
IDEAL CARE	858 337 4534	POWAY
JOANNA'S WORLD, INC.	650 465 5154	SAN MARCOS
LEENA'S SUPPORTED LIVING SERVICES, INC.	760 877 5773	SAN MARCOS
PROGRESSIVE BEHAVIORAL THERAPY	760 258 6643	ESCONDIDO
RC CARE	760 839 3900	ESCONDIDO
SHINING PATHWAYS	619 302 2357	SAN MARCOS
STAR DEVELOPMENTAL SERVICES INC	760 798 6443	VISTA
TERI, INC.	760 721 1708	OCEANSIDE
TLC SUPPORTED LIVING SERVICES	858 722 3389	POWAY

Independent Living:

VENDOR	TELEPHONE	LOCATION
ACCESS TO SUCCESS ILS	619 559 6977	SOLANA BEACH
ACT ILS	619 708 1173	SAN DIEGO
ADJOIN ADJOIN.ORG	760 471 3704	SAN MARCOS
AGAPE INDEPENDENT LIVING	858 504 7060	SAN DIEGO
AIKAU INDEPENDENT LIVING SERVICES	619 727 0116	SAN DIEGO
COMMUNITY INTEGRATION NETWORK-ILS	909 825 7132	ESCONDIDO
COMMUNITY INTERFACE ILS	760 729 3866	VISTA
CREATING A LEGACY, INC.	877 231 0005	SAN MARCOS
IDEAL CARE ILS	858 337 4534	POWAY
MOUNTAIN SHADOWS ILS	760 743 3714	SAN MARCOS
PERSONALIZED ASSISTANCE WITH LIVING SKILLS	760 845 8345	CARLSBAD
PROGRESSIVE BEHAVIORAL THERAPY ILS	760 258 6643	ESCONDIDO
STEPPING STONE RESOURCES ILS 1:1	442 999 5684	ESCONDIDO
SUNSHINE ILS	760 877 5773	SAN MARCOS

IN-HOME RESPITE AGENCIES

Respite services are designed to relieve families for short periods from the constant responsibility of caring for their disabled family member. In-home respite services provide temporary non-medical care and supervision in the client's home.

VENDOR	TELEPHONE	LOCATON
AFFIRMATIVE HOME CARE	760 424 2400	ESCONDIDO
AFFORDABLE HOME CARE	760 521 8331	VISTA
ALL VALLEY HOME HEALTH CARE	858 536 9995	ESCONDIDO

AMERICAN RESPITE SERVICES	760 726 0099	VISTA
AT HOME NURSING CARE	858 625 0406	ENCINITAS
AVID BEHAVIORAL DAY PROGRAM	760 498 4931	ESCONDIDO
COMFORCARE OF NORTH COUNTY	760 724 7273	VISTA
COMMUNITY INTEGRATION NETWORK	909 825 7132	ESCONDIDO
COMMUNITY INTERFACE SERVICES	760 729 3866	CARLSBAD
IVEY RANCH PARK ASSN.	760 722 4839	OCEANSIDE
REDWOOD HOMELINK	760 480 1030	ESCONDIDO
REST & RELAX RESPITE AGENCY	760 728 7559	FALLBROOK
TERI	760 721 1706	OCEANSIDE

ADULT FAMILY HOME AGENCIES (FHA)

Family homes that offer the opportunity for up to two adult individuals with developmental disabilities (per home) to reside with a family and share in the interaction and responsibilities of being part of a family.

VENDOR	TELEPHONE	LOCATON
Independent Options AFHA	760 839 7904	ESCONDIDO

RESIDENTIAL CARE AGENCIES

Residential care agencies provide services to persons with developmental disabilities. In addition, there are also family care homes scattered throughout San Diego and Imperial Counties.

VENDOR	TELEPHONE	LOCATON
AMES HOMES	760 630 2900	VISTA
DOWNSTOWN, INC.	760 471 9494	SAN MARCOS
MOUNTAIN SHADOWS	760 743 3714	ESCONDIDO
TERI	760 721 1706	OCEANSIDE
TJS & MC Inc,	760 727 4056	VISTA