



**Minutes
Superintendent's Health Advisory Council
Wednesday, November 20, 2019**

Dr. Davis welcomed everyone to the meeting and everyone introduced themselves and their role on the council. The group reviewed the minutes from the last meeting, fall 2018.

Dawn MacAdams will present "Collaborating with School Nurses" to members of the SC American Academy of Pediatrics "CATCH" conference in Charleston, SC, in January 2020. CATCH is the Coordinated Approach to Child Health. Dawn will have 15 minutes to present and will work with Dr. Debbie Greenhouse on speaking topics.

Dawn MacAdams and Dr. Shirley Vickery recently attended the SC REAP manual training with national concussion expert, Dr. Karen McAvoy. The SC REAP Manual is ready to implement. REAP stands for Remove/ Reduce, Adjust/Accommodate, and Pace. The group discussed the "Return to Learn"/ Return to School procedure. Team members suggested a one-page guidance document for parents related to "Return to Learn" concussion management. Dawn MacAdams will add to the sample interventions on page 2 a possible recommendation of removal of a student's electronic device and temporary return to pen and paper until concussion symptoms are resolved/ resolving. Dawn MacAdams and Julie Sandy, athletic trainer at Spring Valley, will work to combine the Draft concussion symptom scale from the REAP manual with the SCAT 5 concussion symptom scale.

Dawn MacAdams and Julie Sandy presented the Draft weather guidelines document. The updated document combines the current weather guidelines for Recess and PE, to include ROTC, Band, Silks, etc. with a reference for school athletics to go to the Athletics Manual.

Dawn MacAdams presented a Draft Food Allergies Procedure. The procedure is in alignment with the sample School Boards Association policy related to managing food allergies in the school setting and is the current practice for school nurses.

Dr. Davis has tasked Dawn MacAdams to develop informational activities for Heart Month in February 2020. Some ideas include dedicating an outside walking path around R2i2 with a "Walk with the Superintendent". We will collaborate with the "Get Fit" program at Summit Middle school to have students demonstrate simple exercises to do around the walking path. The goal is to begin with two stations, linking the student video to QR codes walkers can scan to preview the activity. Dawn wants to include our specially designed PE teachers to have their students demonstrate adapted ways to do what the other students are doing. Other ideas include having a speaker about healthy eating and heart disease risk reduction and having our Speech-Language Pathologist/ Feeding specialist attend "Story Time" at the Richland County Library to talk about "picky eaters", introduction of new textures, etc.

An update to Richland Two's medication policy includes the requirement for a physician's signature and a prescription labeled bottle for the administration of herbal medications, homeopathic medications, essential oils, etc.

Dr. Shirley Vickery and the Learning Support Services Leadership team have been training LSS staff and administration on the state Behavior Threat Assessment and Management protocol. Dr. Vickery was on the statewide task force that worked with the Department of Education and national expert Dr. Melissa Reeves to develop the guidance document and screening and full assessment tools. Teams use the Behavior Threat Assessment for a threat to a person or the school(s), not for a student threatening self-

harm, unless the student shows threat to others and to self. The tool assists the team to determine if the threat is transient or substantive, what actions to take, and how to develop a plan.

Dr. Vickery and members of the LSS leadership team are working on a tool to provide mental health screening in alignment with the new state law regarding the development of a Multi-Tiered System of Support (MTSS) for students. MTSS focuses on the varying levels of social-emotional support students need. In addition, by this spring, Richland Two, in partnership with Columbia Area Mental Health (CAMH), will have seven school-based mental health counselors in schools. Assignments will focus on the five high school and five of the seven middle schools. Parents can take their child to another school location for counseling if their school is not a school-based site.

Resilient Richland is an initiative with the United Way of the Midlands to increase awareness and training of Adverse Childhood Experiences (ACE's) and Trauma Informed Care. Abby Cobb (Lead Social Worker) and Cara Thompson (Coordinator of Family Intervention Services) have become Master ACE Trainers. Dr. Greenhouse is interested in having training for the Midlands area pediatricians on ACE's and resiliency. Abby will work with Dr. Greenhouse to brainstorm ideas.

Richland County Council has placed a behavior interventionist and social worker in two schools in Richland County; one each in Richland One and Richland Two. This is the first year of a three-year project. The focus is on working with current kindergarten students and their families with intensive behavior interventions and social work services. The current interventionist and social worker will move up to First grade with this year's students and follow the cohort through second grade. The goal is to have the students on grade level in reading and math by Third grade. Abby Cobb would also like to collaborate with a pediatrician group to provide a medical home for these students. Abby will discuss further with Dr. Greenhouse.

Jason Wimberly, with Prisma Health U of SC Orthopedics, raised a concern over mass student sports physicals and the risk of missing a significant health concern. He asked Dr. Greenhouse if she thinks local pediatricians and family practice physicians could handle the influx of students obtaining physicals from their medical home if these sports physicals were not available. Dr. Greenhouse said it is preferable and she feels doable.

Respectfully submitted,



**Dawn MacAdams, MSN, RN, NCSN
Nationally Certified School Nurse
Richland School District Two Lead Nurse**