



**Meeting Notes**  
**Superintendent's Health Advisory Council**  
**Monday October 29, 2018**  
**6 pm to 6:45 pm**  
**R2i2**

**Richland School District Two Attendees:** Dr. Baron Davis, Katinia Davis, Dr. Shirley Vickery, Nancy Gregory, Dawn MacAdams, Joy Murray, Martha Becht, Connie Taylor, Emily Caskey, Dena Fender, Abby Cobb, Ed Emmer

**Community Partner Attendees:** Dr. Debbie Greenhouse (Palmetto Pediatrics), Jeffrey Sincavage (ATC- Palmetto Health USC Ortho), Brad Yeargin (ATC- Drayer Physical Therapy), Ron Emmons (FitWorks)

**Initiatives 2018-2019**

- Stop-the-Bleed training is going well in all schools. Schools received their Bleeding Control kits from DHEC last week. Each school will decide the best placement of kits
- All LSS staff have been trained in the new suicide procedures. At least one administrator from each site has been trained. There are two more training opportunities for administrators. We are using the Columbia Suicide Screener, which is an evidence-based screening tool. Based on the results of the Columbia, a student receives a severity rating from 0-6. There are established pathways for next steps based on the student's severity score.
- The district collaborated with Palmetto Health for community flu clinics at Dent Middle School and Windsor United Methodist. In all, 453 people were vaccinated, of which 219 were children (<16).
- The district will be collaborating with DHEC for School located vaccine clinics in a few select schools this fall. We are targeting schools with high ILI numbers the past few year.

**Recent Health Emergencies**

- Student- Unknown reactor- An Assistant Principal recognized and treated anaphylaxis this summer at an open "gym" event. The student required more Epinephrine in the ambulance and spent two nights in the Pediatric Intensive Care Unit.
- Vendor- cardiac incident- An orchestra vendor collapsed at a school this summer and the school nurse and bystanders performed CPR.

**In the AAP News**

- AFM- Acute Flaccid Myelitis- Dr. Greenhouse reported the cause unknown. It can mimic other illnesses. It causes paralysis of the muscles and can paralyze the muscles to breathe. Some patients recover completely and some have residual deficits/ weakness. School nurses should be on alert for students that are not feeling well, may complain of weakness and have a low to high-grade fever. They may be off balance, eye gaze is off, or just do not seem "right". Dawn MacAdams will share the information and the DHEC advisory from 10/29/18 with the district nurses.
- Public Charge- Dr. Greenhouse is on the Board of the American Academy of Pediatrics. The AAP has issued a statement against Public Charge and has a tool kit available for advocacy. Public Charge involves needs mean testing for immigrants applying for a Green Card. If they have used public funded assistance such as Medicaid, SNAP, WIC, housing, etc. they may denied a Green Card and sent to be deported; parents and children separated.
- **Car seats- The AAP recommends:**
  - Infants and toddlers should be in a rear-facing car seat until they reach the highest wt. or ht. allowed by their seat. Most can accommodate rear facing for 2 yrs. +
  - Once they are facing forward, children should use a car seat with a 5-point harness, until they reach the ht. and wt. limits for their seats. Many forward-facing car seats can accommodate up to 65 pounds.
  - When children exceed these limits, they should use a belt-positioning booster seat until the lap and shoulder seat belt fits properly. Often at least 4 feet 9 inches in height and are 8 to 12 years old.
  - When children are old enough and large enough to use the vehicle seat belt alone, they should always use lap and shoulder seat belts.
  - All children younger than 13 yrs. should be restrained in the rear seats of vehicles

- **SC Car seat Laws**

- Children under 2 years old must be in a rear-facing child safety seat in a rear passenger seat of the vehicle unless the child exceeds the manufacturer's weight or height limits.
- Children 2 years old and over must be in a forward-facing car seat in as a rear passenger until they exceed the manufacturer's weight and height limits.
- Children at least 4 years old must be in a belt-positioning booster seat in a rear seat. Booster seats are required to use a lap and shoulder strap.
- Children at least 8 years old or those at least 57 inches tall can use a seatbelt if:
  - The shoulder belt crosses the child's chest and not their head or neck.
  - The lap belt fits across the child's hips and thighs and not across their stomach.
  - The child is able to sit, without slouching, straight against the seat back with their knees bent over the seat edge.
- All children under 8 years old must be in a rear passenger seat

**JLCD-R update-** Dawn MacAdams is working with Dr. Vickery and our attorney to revise the administrative rule to reflect changes to the Joint Advisory Opinion regarding over-the-counter medications and herbal supplements.

**Wellness**

- **Faculty and Staff Wellness Initiative with Ron Emmons-** Ron Emmons has a program called Fit Workers. The cost is \$60 quarterly. He has been working with the SC Hospital System for 18 months. It is a structured program of stretching, light weights, and abdominal exercises. R2i2 has had a program since February. He would like to offer a similar program at Blythewood High and Jackson Creek at some point and create competition between schools. He is able to modify the program to all fitness levels. There is also a kids program called Youth Force Fitness that is a 15-minute routine.
- **Alliance for a Healthier Generation-** After 4-5 years RSD2 no longer has on-site support from AHG. They have on-line support. Schools are encouraged to utilize AHG for their wellness policies. The website walks you through where you are and guides you to accomplish your goals. Approximately 2/3 of our schools are participating
- **Docs Adopt partnership** with Prisma Children's Hospital- Schools must first be an AHG school and complete the AHG assessment. Docs Adopts adds an additional layer and schools can earn points to receive money toward wellness initiatives.
- **Wise Grant with BCBS-** Schools can apply for up to \$8000 but first must be an AHG school. The applications are on a rolling basis throughout the school year. Bridge Creek received grant money for a climbing wall.
- Dawn MacAdams commented that she and Ed Emmer would like to plan an outdoor and indoor walking path. Dr. Davis stated students at R2i2 are already working on a project for an outside walking area with activities at various intervals, e.g. jumping jacks, lunges, etc. Dawn will follow up with Kevin Alberse to collaborate on an indoor path.

**Summer Meal Program update-** Abby Cobb

Sodexo served over 3000 lunches between two sites: Hunters Way and Northgate. The program ran Monday through Thursday for six weeks. Approximately 150 meals were served each day. Volunteers came and participated in activities with the students.

**ADL Services/ Team Assure-** (student/ athletic supplemental insurance) Jeffrey Sincavage with Palmetto Health USC orthopedics reported the process with ADL services is going very smoothly. Palmetto Health USC Orthopedics currently has one concussion specialist, Dr. Pollack. They are recruiting for additional providers.

Respectfully Submitted,  
Dawn MacAdams, MSN, RN, NCSN  
District Lead Nurse