

December 2023 Middle School



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
4 Chicken Nuggets (6) Crinkle Cut French Fries Steamed Zucchini Fresh Apples 100% Fruit Juice Hormone Free Milk	5 Grilled Cheese Chicken Noodle Soup Cherry Tomato Cup Fresh Grapes 100% Fruit Juice Hormone Free Milk	6 Cheese Lasagna Or Buttered Pasta Toasted Garlic Bread Broccoli Rabe Fresh Apple 100% Fruit Juice Hormone Free Milk Sakanaya Sushi Salmon/California Roll 8M Trip	7 Brunch for Lunch French Toast Sausage Links (2) Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk <i>Hot Chocolate Special \$1.75</i> <i>7S Trip</i>	8 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
11 Wing Fest BBQ/Honey Mustard Baked Waffle Fries Carrot and Celery Sticks Ranch Dip 100% Fruit Juice Hormone Free Milk	12 Spaghetti and Meatballs Marinara Sauce or Plain Sautéed Spinach Warm Garlic Bread Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	13 Parent/Teacher Conferences No Lunch Served	14 Brunch for Lunch Waffle or Blueberry Pancakes Turkey Bacon Breakfast Potatoes Sliced Oranges 100% Fruit Juice Hormone Free Milk <i>Hot Chocolate Special \$1.75</i>	15 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
18 Chicken Tenders Oven Baked French Fries Roasted Root Vegetables Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	19 Three Cheese Baked Ziti Or Plain Pasta Broccoli with Garlic Toasted Bread Stick Fresh Apple 100% Fruit Juice	20 Brunch for Lunch Bar Bacon Slices (2) Potato Tots Fresh Banana 100% Fruit Juice Hormone Free Milk Sakanaya Sushi Salmon/California Roll	21 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk	22 Early Release Day



SCHOOL LUNCH PRICES

LUNCH: \$4.00

Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

MEAL OF THE DAY

INCLUDES:

Vegetable, Fresh Whole Fruit or 100% Fruit Juice,
Hormone/Antibiotic Free Skim,
Low Fat Choc and 1% Milk
Fresh Fruit Basket offered Daily

Pre-Made Sandwiches offered daily with Boar's Head Meats

(Turkey, Ham, Bologna, Salami
Buffalo Chicken, American Cheese)
Sun Butter and Jelly Sandwich

Pre Made Salads Available:

Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek

À la Carte Prices

Mini Poland Spring Water \$1.25
Poland Spring Water 16oz \$1.50
Baked Snack Varieties \$1.25-\$2.75
Fresh Fruit Purchase \$1.00
Small Fruit Salad \$2.50
Baked Cookie \$1.00 (Wednesdays)
Baked Whole Grain Pretzel (Thursdays)
Ice Cream \$1.25-\$3.00 (Fridays)
Horizon Organic Milk \$2.50
Stonyfield Organic Smoothie

HAPPY HOLIDAYS

DUE TO SUPPLE CHAIN SHORTAGES MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.