

CORNERSTONE AQUATICS CENTER



HOURS OF OPERATION:
M-F: 6am-8pm
SAT: 8am-6pm
SUN: 8am-4pm

*Pools are closed 15 min prior to closing time

SCHEDULE FOR: Nov 30th-Dec 24th

COMPETITION POOL

The competition pool closes at 7:30pm Mon-Fri

MON	TUES	WED	THURS	FRI	SAT	SUN
9:15 – 10:00A WATER FITNESS (Deep)	9:00 – 9:45A WATER FITNESS (Shallow)	9:00 – 9:45A WATER FITNESS (Shallow)	9:00 – 9:45A WATER FITNESS (Deep)	9:00 – 9:45A WATER FITNESS (Shallow)	8:00-9:00A HS SWIM TEAM (4 lanes)	
					9:15 – 10:00A WATER FITNESS (2 Lanes)	
					12:00-3:00P DIVING (3 deep lanes)	12:00-3:00P DIVING (3 deep lanes)
3:00-5:00P HS SWIM TEAM (entire pool)	3:00-5:00P HS SWIM TEAM (entire pool)	3:00-5:00P HS SWIM TEAM (entire pool)	3:00-5:00P HS SWIM TEAM (entire pool)	3:00-5:00P HS SWIM TEAM (entire pool)		
6:00-8:00P WAVES (5 lanes)	6:00-8:00P WAVES (5 lanes)	6:00-8:00P WAVES (5 lanes)	6:00-8:00P WAVES (5 lanes)	6:00-8:00P WAVES (5 lanes)		
6:30-8:00P Diving (3 lanes)	6:30-8:00P Diving (3 lanes)	6:30-8:00P Diving (3 lanes)	6:30-8:00P Diving (3 lanes)	6:30-8:00P Diving (3 lanes)		

- **On Tuesday and Thursday Waves swim team will use 5 shallow lanes from 6-7pm and then move to deeper lanes from 7-8pm**