

Steps required to participate in Haddon Township High School & RMS Athletics

STEP 1 - Schedule Sports Physical

- Complete the Pre-Participation Physical Examination Form (available in the nurse's office and on the website)
- Documentation of a medical examination submitted and reviewed by the school nurse, athletic department and district physician prior to participating in a sport
- Athletic physicals are valid for 365 days from the date of the original physical

STEP 2 - Submit Health History Questionnaire

- Health History Questionnaire (HHQ) must be submitted prior to the first day of practice.

STEP 3 - Register Online

- Register online at [www.FamilyID.com](https://www.familyid.com/organizations/haddon-twp-athletics) <https://www.familyid.com/organizations/haddon-twp-athletics>

STEP 4 - Complete Concussion Test

- Every two years, student athletes must complete an online concussion impact test under the supervision of the school staff.
- Impact test is available here: www.impacttestonline.com/htmllauncher/ Enter **Code B18C2A9A36** which is the code for Haddon Twp HS, Click "Launch Baseline Test"