

KISD Human Sexuality Instruction

Kerrville ISD uses Scott & White Worth the Wait materials (copyright 2012) to teach human sexuality in grades 6-8 and high school biology course.

All students in grade 6 receive instruction in human sexuality through health class. In grade 7, students who select health as an elective receive human sexuality instruction and students in 8th grade receive human sexuality instruction through athletics or physical education classes. Students in high school receive human sexuality instruction through biology and Pre-AP biology courses.

The School Health Advisory Council (SHAC)

As a part of the district's curriculum, students receive instruction related to human sexuality. The School Health Advisory Council (SHAC) is involved with the selection of course materials for such instruction. State law requires that any instruction related to human sexuality, sexually transmitted diseases, or human immunodeficiency virus or acquired immune deficiency syndrome must:

- Devote more attention to abstinence from sexual activity than to any other behavior;
- Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy and sexually transmitted diseases;
- Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, and the emotional trauma associated with adolescent sexual activity;
- Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age; and,
- If included in the content of the curriculum, teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates.

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Contents

- Essential Human Needs
- Puberty, Anatomy, & Pregnancy
- Parenting as a Teen (Challenges)
- Sexually Transmitted Diseases (STDs)
- Teens, Sex & the Law
- Contraception
- Health Risk Behaviors
- Mastering Communication Styles & Healthy Relationships
- Goal Setting

7/8

Contents

- Emotional Needs
- Puberty & Pregnancy
- Pregnancy - Its Impact on a Teen's Life (Challenges)
- Parental Responsibilities
- STDs
- Sex & the Law: Texas
- Sexual Limits & Goal Setting
- Peer Pressure
- Relationships & Marriage

HS

Contents

- Parenting as a Teen (Challenges)
- Sexually Transmitted Diseases (STDs)
- Teens, Sex & the Law
- Abstinence vs. Contraception
- Healthy Relationships

The district uses curriculum from Scott & White, Worth the Wait Sex Education Curriculum in grades 6-7 and Scott & White, Wellness & Sexual Health in high school. Each unit is based upon medical and legal facts regarding teen sexual activity and abstinence education. The campus obtains parent permission before permitting a student to participate in the Scott and White curriculum. The human sexuality curriculum is available at each campus for parent preview prior to instruction.