

Health Standards Tenth Grade Curriculum & Resources

NJSLS 2020	Disciplinary Concept	Core Idea	Performance Expectation	Week Number (1-9)	Approved Resources
<u>2.3 Safety</u> <u>9-12</u>	Personal Safety	Consideration of the short and long-term impact of decisions can assist individuals in determining whether a choice is likely to result in healthy or unhealthy consequences	2.3.12.PS.1: Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media). 2.3.12.PS.3: Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractions, seatbelt use, the use of hand-held devices).	1	Lesson: Driving Task <u>NJ Driver's Manual</u> <u>New Jersey Drives Educators Resources</u>
	Personal Safety	Consideration of the short and long-term impact of decisions can assist individuals in determining whether a choice is likely to result in healthy or unhealthy consequences	2.3.12.PS.1: Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media). 2.3.12.PS.3: Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractions, seatbelt use, the use of hand-held devices).	2	Lesson: Signs and Signals <u>NJ Driver's Manual</u>
	Personal Safety	Consideration of the short and long-term	2.3.12.PS.1: Apply a thoughtful decision-making process to evaluate	3	Lesson: Assessment/Unit Test

**Based on required 2020 New Jersey Health Standards*

		impact of decisions can assist individuals in determining whether a choice is likely to result in healthy or unhealthy consequences	situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media). 2.3.12.PS.3: Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractions, seatbelt use, the use of hand-held devices).		<u>NJ Driver's Manual</u>
	Personal Safety	Consideration of the short and long-term impact of decisions can assist individuals in determining whether a choice is likely to result in healthy or unhealthy consequences	2.3.12.PS.1: Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media). 2.3.12.PS.3: Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractions, seatbelt use, the use of hand-held devices).	4	Lesson: Vehicle Information <u>NJ Driver's Manual</u>
	Personal Safety	Technology increases the capacity of individuals to communicate in multiple and diverse ways, which can complicate interpersonal relationships and self-esteem.	2.3.12.PS.9: Evaluate strategies to use social media safely, legally, and respectfully.	5	Lesson: Safe Rules and Regulations <u>NJ Driver's Manual</u>
	Personal Safety	Consideration of the short and long-term impact of decisions can	2.3.12.PS.4: Investigate the relationship between alcohol, drug use, and motor vehicle crashes and	6-8	Lesson: Being A Responsible Driver

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		assist individuals in determining whether a choice is likely to result in healthy or unhealthy consequences	analyze the short- and long-term consequences of these actions		<u>NJ Driver's Manual</u> Fatal Vision Goggles <u>NJM Share The Keys</u>
	Alcohol, Tobacco and other Drugs	Long-term and short-term consequences of risky behavior associated with substance use and abuse can be damaging physically, emotionally, socially, and financially to oneself, family members and others.	2.3.12.ATD.1: Examine the influences of drug use and misuse on an individual's social, emotional and mental wellness. 2.3.12.ATD.3: Explore the relationship between individuals who abuse alcohol, tobacco, and other drugs with an increase in intentional and unintentional health-risk behaviors.	6-8	
	Dependency, Substances Disorder and Treatment	Alcohol and drug dependency can impact the social, emotional, and financial well-being of individuals, families, and communities.	2.3.12.DSDT.1: Correlate duration of drug use and abuse to the incidence of drug-related deaths, injuries, illness, and academic performance. 2.3.12.DSDT.2: Analyze personal choices and behaviors related to substance use and misuse to determine if they align with personal values and beliefs. 2.3.12.DSDT.3: Examine the drug laws, and regulations of the State of New Jersey, other states and the affects; healthy and unhealthy on individuals, families, schools, and communities (e.g., vaping products, e-cigarettes, cannabis and CBD products, opioids).	6-8	
				9	Lesson: Assessment/Unit Test <u>NJ Driver's Manual</u>

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					• <u>State Driver's Education Test</u> • <u>Auto Test Station</u>
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