

Fifth Grade Report Card – Parent Support
HEALTH AND PHYSICAL EDUCATION

Indicators	Standard(s)	T1	T2	T3
<p>Demonstrates the use of offensive, defensive and cooperative strategies during individual, dual and team sports activities.</p>	<p>2.5.B.6 Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle. - There is a relationship between applying effective tactical strategies and achieving individual and team goals when competing in games, sports, and other activity situations.</p>	<ul style="list-style-type: none"> ● Provide strategies for success in team sport activities 	<ul style="list-style-type: none"> ● Execute strategies properly 	<ul style="list-style-type: none"> ● Show an ability to modify strategies for improvement
<p>Applies rules and procedures that support safety, sportsmanship and competition.</p>	<p>2.5.C.6 Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle. - Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.</p>	<ul style="list-style-type: none"> ● Understand sportsmanship in both a player and observers role 	<ul style="list-style-type: none"> ● Recognize behaviors that lead to poor sportsmanship 	<ul style="list-style-type: none"> ● Relate rule to different games
<p>Understands the short and long term effects of alcohol, drugs and tobacco use.</p>	<p>2.3.B.6 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle. - There is a strong relationship between individuals who abuse drugs and increased intentional and unintentional health-risk behaviors.</p>	<p>n/a</p>	<ul style="list-style-type: none"> ● Understand diseases related to alcohol and drug use ● Understand the terms addiction and dependency ● Practice good decision making skills ● Understand legal aspects of drugs and alcohol 	<p>n/a</p>

<p>Determines factors that influence food choices and eating patterns.</p>	<p>2.1.B.6 Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle. - Eating patterns are influenced by a variety of factors.</p>	<p>n/a</p>	<ul style="list-style-type: none"> ● Understand how to plan a healthy breakfast, lunch and dinner ● Understand good fats versus bad fats ● Differentiate between healthy and unhealthy drinks 	<p>n/a</p>
<p>Understands the physical, social and emotional changes that occur during puberty.</p>	<p>2.4.B.6 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle. - Most significant physical, emotional, and mental growth changes occur during adolescence, but not necessarily at the same rates.</p>	<p>n/a</p>	<ul style="list-style-type: none"> ● Understand growth patterns of males and females ● Understand strategies to maintain proper hygiene ● Understand body changes that occur during puberty ● Recognize the social and emotional changes that occur during puberty 	<p>n/a</p>