

Third Grade Report Card – Parent Support Health and Physical Education

Indicators	Standard(s)	T1	T2	T3
Demonstrates an understanding of basic rules, strategies and skills during team sport activities.	2.5.B Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> Show an ability to follow rules 	<ul style="list-style-type: none"> Begin to develop strategies in games and activities 	<ul style="list-style-type: none"> Demonstrate proper throwing, catching and kicking skills
Demonstrates basic safety, sportsmanship and teamwork qualities during individual and group activities.	2.5.C Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> Appropriate behavior as a player and observer 	<ul style="list-style-type: none"> Apply rules and procedures 	<ul style="list-style-type: none"> Understand safety in games and activities
Demonstrates and understanding of how to perform and achieve fitness goals.	2.6.A Fitness: All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.	<ul style="list-style-type: none"> Begin physical fitness testing 	<ul style="list-style-type: none"> Track progress and utilizes goal setting 	<ul style="list-style-type: none"> Develop strategies to improve fitness
Develops strategies to reduce the risk of injuries at home, school and in the community.	2.1.D Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	<ul style="list-style-type: none"> Determine safe and unsafe environments 	<ul style="list-style-type: none"> Practice safety skills on bikes and in cars 	<ul style="list-style-type: none"> Understand street safety when walking to school
Understands how healthy eating provides energy, helps maintain healthy weight, lowers risk of disease and keeps the body functioning effectively.	2.1.B Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	n/a	<ul style="list-style-type: none"> Understand foods that give our body energy Practice healthy eating habits Understand how to read food labels and determine healthy choices 	n/a