

Athletic Placement Process

Hastings UFSD



Resources:

[NYSED Policy](#)

[NYSED Frequently Asked Questions](#)

Contact:

Hastings Athletic Office

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Who is eligible for the Athletic Placement Process?

The APP is “aimed at the few, select students who can benefit from such placement because of their level of readiness”. The process is open to students in the 7th & 8th grades in FMS are eligible to participate in the APP process to compete at the HS level.

7th Grade - may be elevated to JV

8th Grade - may be elevated to JV or Varsity

How do I start the process?

The APP process begins with a recommendation from a staff member including PE teacher or Coach:

Step 1 - Student must be recommended by a staff member

Step 2 – APP packet must be obtained from the Health Office

Step 3 – Parent Permission slip returned to Health Office

Step 4 – Physical complete with adequate maturity scores

Step 5 – APP Fitness Testing

Step 6 – Participate in tryouts for their sport

Points of Emphasis

- If a student has reached the chronological age of 15yo prior to July 1st, they are eligible to participate on HS sports teams without undergoing the APP
- A student who has completed the APP does not need to repeat the process if they achieved the required scores for maturity, fitness and comparable physical size for the sport & level.



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