

Park City School District Health Guidelines

Our goal is to provide a healthy school environment for all children and staff. The following guidelines have been prepared to assist you in decisions relating to your child's health and school attendance. For any questions, please reach out to your school nurse.

Condition	Exclusion/Non-Exclusion Criteria
Fever	Students should be excluded from school for fever greater than 100.4° F and may return to school when fever free (less than 100° F) without fever reducing medication for at least 24 hours.
Chicken Pox	Students should remain home until all blisters are dried and crusted over. Notify the school nurse if your child has chickenpox.
Covid//Flu/Colds	Students should remain home if they have an excessive runny nose, excessive coughing, difficulty breathing, extreme fatigue or inability to participate in class. Must be fever free for 24 hours without the use of fever reducing medication.
Diarrhea	Student may return to school when symptom free for 24 hours.
Ear Infection	If ear pain is severe and compromises the ability to participate in class, the student should remain home and may need to see their health care provider.
Headache	Exclude from school and notify parents and health care providers if sudden, severe headache with vomiting or stiff neck with concerns of meningitis. For common headaches, students may remain in school as long as it does not compromise the ability to participate in class.
Head Lice	Once treatment is started, students may return to school. If lice is discovered at school, parents will be notified and the student should start treatment at the end of the school day.
Mononucleosis	Exclude until able to tolerate activity. Excluded from contact sports until recovered. Educate on no sharing of food and drinks.

Pinkeye (Conjunctivitis)	Reddened eyes can be due to many factors including bacteria, virus or allergies. If watery eye discharge without fever, eye pain or eyelid redness, no exclusion is necessary. If eye discharge is white or yellow, often matted eyelids after sleeping and eye pain or redness of the eyelids or skin surrounding the eye, exclude for 24 hours after treatment or is cleared by a medical provider. Encourage hand hygiene and not touching the eyes.
Rash	Student should remain home and seek medical attention if the rash is accompanied with a fever, is rapidly spreading, is open/oozing or is diagnosed with a vaccine preventable condition such as chickenpox or measles.
Serious Injuries & Surgeries	Please notify the school nurse when a student has sustained a serious injury, has had or plan to have surgery and please provide a note from the physician describing any limitations including mobility needs or special accommodations the student will require when returning to school.
Sore Throat/Strep Throat	Most sore throats are related to a viral infection. Student only needs to stay home if the sore throat is accompanied with a fever and/or if it compromises the ability to participate in class. If strep throat is suspected (sore throat, fever, stomachache, headache, swollen lymph glands, decreased appetite) then student should remain home and seek medical attention. Positive strep cases will be excluded from school until the child has received 12 hours of antibiotic treatment, when they are able to participate and fever free.
Stomachache	Student should stay home with severe pain, crying, abdominal injury, diarrhea, vomiting, or looks and acts ill. Student may return when symptoms resolve. Severe abdominal pain should be evaluated by a healthcare provider.
Vomiting	Student may return to school when symptom free for 24 hours.

Reference: Managing Infectious Diseases in Child Care and Schools. A Quick Reference Guide, 5th Edition. S.S. Aronson, MD, FAAP and T. R. Shop, MD, MPH, FAAP.2020