



DECEMBER | 2023

FREDERICKTOWN SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
				BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
4 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	5 BREAKFAST: Mini Pancakes Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Apple Milk	6 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Orange Milk	7 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Cheeseburger Fries Peaches Milk	8 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
11 BREAKFAST Yogurt & Graham Juice, Milk & Fruit LUNCH: Cheese Crunchers Broccoli Apple Milk	12 BREAKFAST: Omelet/Toast or Muffin Juice, Milk & Fruit LUNCH: Ham & Cheese Sun Chips Pears Milk	13 BREAKFAST: Mini Waffles Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk	14 BREAKFAST Cereal & Cheese Juice, Milk & Fruit LUNCH: Beef & Cheese Nachos Black Beans Orange Milk	15 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
18 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Grilled Cheese Soup HS Mixed Fruit Milk	19 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

News

Availability of product. K-5 is serve, 6-12 Offer vs serve, and this allows the students in 6-12 the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable.

PRICES:

Breakfast: 1-5 \$1.25,
6-12 \$1.50, Adult \$2.00.
Free/Reduced \$0
Lunch: 1-5 \$2.50,
6-12 \$2.75, Adult \$4.00
Free/Reduced \$0
Milk \$0.50

USDA is an Equal Opportunity Provider.

EVERYDAY

HS/JR High Cold bar with fresh fruit and fresh vegetables.
Elementary Carrots are offered daily