



2023-2024 School Profile

4-3-1 Hiroo, Shibuya-ku, Tokyo, 150-0012 Japan

Head of School
Anne Wachter
anne.wachter@issh.ac.jp

High School Principal
Charmaine Young
hs.principal@issh.ac.jp

University Counselor
Holly Sin
guidance@issh.ac.jp

Registrar
Maki Shiina
registrar@issh.ac.jp

CEEB Code: 680520

Accredited by the Council of International Schools (CIS) and the Western Association of Schools and Colleges (WASC)

The School and Community

The International School of the Sacred Heart is an all-girls, private, English speaking school providing an international education for kindergarten through grade 12. Rooted in the goals of the Society of the Sacred Heart, we educate young women of the international community in Tokyo, to believe, learn, serve, connect, and grow. Located in Hiroo, Tokyo, the school is on a shared campus with the University of the Sacred Heart. Sacred Heart has been providing excellence in education in Tokyo for over 100 years. Our total enrollment is 538 students representing 50 nationalities.

The Five Goals of the Sacred Heart

Philosophy of Education

1. A personal and active faith in God
2. A deep respect for intellectual values
3. A social awareness which impels to action
4. The building of community as a Christian value
5. Personal growth in an atmosphere of wise freedom

High School Enrollment

Total: 174

Grade 12	41
Grade 11	42
Grade 10	44
Grade 9	47

Academic Programs

The typical course load is six core courses with a variety of additional courses including Art, Personal Education, Physical Education, Values and Options. The school year consists of two 18 week semesters using a modified block schedule over an 8 period day, 40 minutes per period. Each core course has at least one double/block period per week of 85 minutes. Grade Distribution shows classes available in Grades 9-11 & Graduation Requirements.

Extracurricular Activities

Leadership: Student Council: each HS student belongs to one of five Councils (Academic, Fine Arts, Social Service, Sports, or World). Each grade and council has three leadership positions, along with an Executive Student Council

Sports: Cross Country, Tennis, Volleyball (Fall), Basketball (Winter), Soccer, Track & Field (Spring)

Arts: Choir, Debate, Drama Festival, Film Festival, Orchestra, Vocal Ensemble, Speech Contest, Honor Orchestra, Honor Choir, Strings Ensemble

Others include: Amnesty International, Art Club, Boosters, Brain Bowl, Dance Club, Ekiden/Sports Club, Girls' Club, Gay-Straight Alliance, Girls Club, Medical Society, Math Lab, Math Field Day, Rooftop Garden Club, Silver Screen, Sparx, Tassel Club, and more



Advanced Placement

Sacred Heart offers 22 College Board Advanced Placement courses. They represent the highest level of classes students can take at the school. In addition, some students have worked to take AP exams other than the courses offered by the school as an independent study. We do not require prerequisite test scores or grades to take AP classes.

English Language	Microeconomics	Music Theory
English Literature	World History	Studio Art: Drawing Portfolio
Calculus AB	Research	Studio Art: 3-D Design
Calculus BC	Seminar	Drawing
Statistics	Biology	Japanese Language
Computer Science A	Chemistry	French Language
European History	Physics 1	
Macroeconomics	Physics 2	

May 2023 Total Exams: 238 Average Score: 3.95 Percentage of Exams with Scores of 3 or Higher: 90.3%

English as a Second Language

Students who apply to study at Sacred Heart are required to have a high level of English language proficiency. However, if a student is not a native speaker of English, she may be accepted into one of the two ESL programs that the school offers to a small number of students who show academic promise. In Grades 9 and 10 students may enter the Modified ESL program (for those who are new to studying in English) or the Regular ESL program (for those students who need to fine-tune their academic reading and writing skills). In Grades 11 and 12, students are accepted into the regular ESL program only. Students may exit the program once their ESL teacher and their mainstream subject teachers believe that the student's academic English language skills are grade appropriate. Depending on their grade level and language proficiency, students may remain in the ESL program for a maximum of three years.

Impacts of Covid-19 at Sacred Heart

Although students were mostly in-person learning for the 2020-2021 academic year, there were restrictions placed on extracurricular activities in complying with the Covid-19 State of Emergency in Tokyo. Extracurricular activities were suspended until the end of September 2020. Shortened rehearsals for choir and orchestra were held; all concerts were moved online for that academic year. Intramural competitions among international schools as well as internal competitions were canceled for the entire school year. SY 21-22 was a normal academic year, with some sports seasons and fine arts events affected by COVID-related restrictions.

University Applications

Students are limited to 10 university applications. All recommendations are confidential. UCAS counts individually (up to 5) as well as the UC Application is counted individually. Students are not limited to the number of countries they can apply to. Please see the next page for the matriculation data.

GPA and Class Rank

The International School of the Sacred Heart does not calculate class rank or GPA. We provide semester grades that reflect the work through both semesters and a final cumulative grade that reflects the final exam and the overall year.



International School of the Sacred Heart

Matriculations of the Class of 2023	Matriculations of the Class of 2022	Matriculations of the Class of 2021
<p>Australia: Pending</p> <p>Canada: McGill University, University of British Columbia, University of Toronto, York University</p> <p>Japan: International Christian University, Keio University PEARL, Ritsumeikan APU University, Ritsumeikan University, Sophia University, Temple University, Japan, Tokyo International University, United International Business School, Waseda University</p> <p>United Kingdom: King's College London, University of the Arts London</p> <p>United States: Barnard College, Boston University, Brigham Young University, Brown University, California Polytechnic State University-San Luis Obispo, Cornell University, Johns Hopkins University, Purdue University, University of California - Berkeley, University of Pennsylvania, University of Washington - Seattle</p>	<p>Australia: University of Sydney</p> <p>Canada: University of British Columbia, University of Toronto</p> <p>Hungary: Semmelweis University</p> <p>Japan: Keio University PEARL, Sophia University, Temple University - Japan Campus, Waseda University</p> <p>Netherlands: Leiden University College The Hague, NHTV Breda University of Applied Sciences</p> <p>South Korea: The University of Utah Asia Campus</p> <p>United Kingdom: Ravensbourne University London, Royal Conservatoire of Scotland, UCL (University College London)</p> <p>United States: Arizona State University - Tempe, Baylor University, Binghamton University, Boston University, Cornell University, Davidson College, Emory University, Florida Institute of Technology, Fordham University, Massachusetts College of Pharmacy and Health Sciences, Purdue University, Rice University, Santa Rosa Junior College, SUNY at Albany, University of California-Los Angeles, the University of Maryland-College Park, the University of North Carolina at Chapel Hill, University of Notre Dame, University of Rochester</p>	<p>Australia: University of Sydney</p> <p>Canada: University of British Columbia, University of Toronto</p> <p>China: Zhejiang University</p> <p>Japan: International Christian University, Keio University PEARL, Keio University (Dual Degree with Sciences Po of France), Meiji Gakuin University, Nippon Medical School, Sophia University, Temple University Japan, University of the Sacred Heart, University of Tokyo, University of Tsukuba, Waseda University</p> <p>United Kingdom: Arts University of Bournemouth, Imperial College London, London School of Economics, Royal College of Music, University College London</p> <p>United States: Barnard College, Berklee College of Music, Boston College, Brigham Young University, Colorado College, Northeastern University, Otis College of Art & Design, Pepperdine University, Pratt Institute, UC Davis, UC Irvine</p>