

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
7:00:00 AM		<b>Morning Workouts</b> (strength training, running, dance, etc) <b>Optional</b>											
7:15:00 AM		<b>7 - 8 am</b>											
7:30:00 AM													
7:45:00 AM		<b>KP 7:45 am</b>											
8:00:00 AM													
8:15:00 AM		<b>Breakfast 8:00 am</b>											
8:30:00 AM													
8:45:00 AM			<b>Morning Walk 8:45 - 9:10 am</b>			<b>Morning Walk 8:45 - 9:10 am</b>		<b>KP 8:45am</b>					
9:00:00 AM			<b>Win the Morning 9:15 - 9:30 am</b>			<b>Win the Morning 9:15 - 9:30 am</b>		<b>Breakfast 9:15 am</b>					
9:15:00 AM													
9:30:00 AM		<b>Learning Block 1</b> 9:30 - 11:30 am		<b>Intramurals; POL</b> <b>Work Time WK 6</b> 9:15-11:30 am	<b>Learning Block 1</b> 9:30 - 11:30 am								
9:45:00 AM													
10:00:00 AM	<b>KP 10 am</b>												
10:15:00 AM								<b>Current Events</b> 10:15 am					
10:30:00 AM	<b>Brunch 10:30am</b>												
10:45:00 AM													
11:00:00 AM	<b>KP</b>												
11:15:00 AM													
11:30:00 AM		<b>KP or Chores 11:35 am</b>		<b>KP 11:35 am</b> (no chores)	<b>KP or Chores 11:35 am</b>		<b>Saturday Service or</b> <b>Class T - Sa</b> <b>11 am-12:30 pm</b>						
11:45:00 AM													
12:00:00 PM	<b>Class Su - Th</b>	<b>Lunch Served</b> <b>12- 12:30 pm</b>			<b>DEI Lunch with</b> <b>Staff and Students</b> <b>12 - 1 pm</b>	<b>Lunch Served</b> <b>12 - 12:30 pm</b>							
12:15:00 PM		<b>KP</b>				<b>KP</b>		<b>KP</b> <b>12:30 pm</b>					
12:30:00 PM			(KP until 1:30) <b>Academic Office Hours, 1:1 meetings</b> (PG, RP), <b>Fitness, RWL, Choice Time</b> <b>1-2 pm</b>			(KP until 1:30) <b>Academic Office Hours, 1:1 meetings</b> (PG, RP), <b>Fitness, RWL, Choice Time</b> <b>1-2 pm</b>		<b>Lunch 1 pm</b>					
12:45:00 PM								<b>KP</b>					
1:00:00 PM				<b>Advisory + House</b> <b>Clean</b> <b>1:30-3:30 pm</b>	<b>Learning Block 2</b> <b>2 - 4 pm</b>		<b>Lunch 1 pm</b>						
1:15:00 PM									<b>KP</b>				
1:30:00 PM													
1:45:00 PM													
2:00:00 PM	<b>Snack 2-2:30 pm</b>	<b>Learning Block 2</b> <b>2 - 4 pm</b>		<b>Student Choice</b> <b>Time</b> (Staff Meetings & DEI) <b>3:30-5:30 pm</b>	<b>Learning Block 2</b> <b>2 - 4 pm</b>		<b>Off Campus Service</b> <b>Projects</b>  <b>or</b> <b>KITCHEN DEEP</b> <b>CLEAN 2-4 pm</b> (KP make up)						
2:15:00 PM													
2:30:00 PM	<b>Self Care Sundays</b>							<b>Gathering 4:10 - 4:30 pm</b>		<b>Community</b> <b>Meeting</b> <b>4:10 - 5 pm</b>		<b>Gathering 4:10 - 4:</b> <b>30 pm</b>	
2:45:00 PM													
3:00:00 PM		<b>Health and Wellness</b> <b>Student Check-ins</b> (Group and Individual) <b>4:30 - 5:30 pm</b>			<b>Health and Wellness</b> <b>Student Check-ins</b> (Group and Individual) <b>4:30 - 5:30 pm</b>								
3:15:00 PM		<b>Restorative Practices</b> Odd Weeks <b>Student Leaders</b> Even Weeks <b>4:30 - 5:30 pm</b>											
3:30:00 PM	<b>+ House Clean</b>												
3:45:00 PM	<b>+ House Checks</b>												
4:00:00 PM													
4:15:00 PM													
4:30:00 PM	<b>KP 4:30 pm</b>												
4:45:00 PM													
5:00:00 PM	<b>Dinner 5 pm</b>												
5:15:00 PM													
5:30:00 PM		<b>KP 5:30 pm</b>											
5:45:00 PM													
6:00:00 PM		<b>Dinner 6 pm</b>											
6:15:00 PM													
6:30:00 PM													
6:45:00 PM													
7:00:00 PM													
7:15:00 PM	<b>Self Care Sundays</b> <b>6 - 9:30 pm</b>	<b>Club ERS</b> <b>7:15 - 9 pm</b>	<b>Study Hall by Class</b> <b>7:15 - 9 pm</b> All students attend study hall for first 30 minutes + released at instructor discretion thereafter		<b>Skills Up</b> <b>7:15 - 9:30 pm</b>	<b>Study Hall by Class</b> <b>7:15 -9 pm</b> All students attend study hall for first 30 minutes + released at instructor discretion thereafter		<b>Friday Night Lights</b> Choice Time Celebrations <b>7:15 - 9:30 pm</b>	<b>Student Activities</b> Lock-ins, Celebrations, Choice Time Celebrations <b>7:15 - 9:30 pm</b>				
7:30:00 PM													
7:45:00 PM													
8:00:00 PM													
8:15:00 PM													
8:30:00 PM													
8:45:00 PM													
9:00:00 PM													
9:15:00 PM													
9:30:00 PM			<b>House Curfew or Lodge Clean 9:30 pm</b>										
9:45:00 PM													
10:00:00 PM		<b>Wing Curfew 10 pm</b>											