

December 2023

LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
11/27		11/28		11/29		11/30		12/1	
Bagel & Strawberry Cream Cheese (v)	Variety Cereal (v)	Waffle with Strawberries + Turkey Sausage	Breakfast Wrap: Sausage, Egg & Cheese	Variety Cereal (v)	Bananas	Apples	Oranges	Sliced Peaches	8 oz NF or 1% White Milk
Bananas	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
4		5		6		7		8	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Chicken Sausage Breakfast Bagel	Blueberry Yogurt & Granola Cup	Pancake Squares + String Cheese (v)	Bananas	Apples	Oranges	Manager's Choice: Fresh, In Season Fruit	8 oz NF or 1% White Milk
Bananas	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
11		12		13		14		15	
Bagel & Strawberry Cream Cheese (v)	Variety Cereal (v)	Waffle with Strawberries + Turkey Sausage	Breakfast Wrap: Sausage, Egg & Cheese	Variety Cereal (v)	Bananas	Apples	Oranges	Sliced Peaches	8 oz NF or 1% White Milk
Bananas	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
18		19		20		21		22	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Chicken Sausage Breakfast Bagel	Blueberry Yogurt & Granola Cup	Pancake Squares + String Cheese (v)	Bananas	Apples	Oranges	Manager's Choice: Fresh, In Season Fruit	8 oz NF or 1% White Milk
Bananas	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
25		26		27		28		29	
Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*

(p) = Contains Pork

This institution is an equal opportunity provider.

December 2023

LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI	
11/27		11/28		11/29		11/30		12/1	
SunButter & Jelly Sandwich + String Cheese (v)	Chicken Sandwich	Grilled Chicken & Corn + Tortilla Chips	Tamale: Chicken & Red Sauce + String Cheese & Beans	Mozzarella Breadsticks + Marinara Sauce (v)		Manager's Choice: Fresh, In Season Fruit			
Apples	Bananas	Oranges	Sliced Peaches	Corn					
Broccoli w/ Ranch	Baby Carrots	Jicama Sticks	Cucumber Slices	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
4		5		6		7		8	
Chicken Nuggets	Grass Fed Beef Hamburger	Mandarin Orange Chicken Bowl	Bean & Cheese Pupusa with Curtido	Cheese Pizza Slice (v)		100% Fruit Juice			
Apples	Bananas	Oranges	Sliced Peaches	Corn					
Broccoli w/ Ranch	Baby Carrots	Cucumber Slices	Baby Carrots	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
11		12		13		14		15	
SunButter & Jelly Sandwich + String Cheese (v)	Chicken Sandwich	Grilled Chicken & Corn + Tortilla Chips	Tamale: Chicken & Red Sauce + String Cheese & Beans	Mozzarella Breadsticks + Marinara Sauce (v)		Manager's Choice: Fresh, In Season Fruit			
Apples	Bananas	Oranges	Sliced Peaches	Corn					
Broccoli w/ Ranch	Baby Carrots	Jicama Sticks	Cucumber Slices	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
18		19		20		21		22	
Chicken Nuggets	Grass Fed Beef Hamburger	Mandarin Orange Chicken Bowl	Bean & Cheese Pupusa with Curtido	Cheese Pizza Slice (v)		100% Fruit Juice			
Apples	Bananas	Oranges	Sliced Peaches	Corn					
Broccoli w/ Ranch	Baby Carrots	Cucumber Slices	Baby Carrots	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
25		26		27		28		29	
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*	

(v)= Vegetarian
(p) = Contains Pork

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