

December 2023 LESD Breakfast Menu

MON	TUES	WED	THURS	FRI
11/27	11/28	11/29	11/30	12/1 Week 2
Quesadilla + Pico de Gallo Salsa (v) Frozen Fruit Cup 8 oz NF or 1% White Milk	Waffle with Strawberries + Turkey Sausage Apples 8 oz NF or 1% White Milk	Egg & Cheese English Muffin (v) Blackberries 8 oz NF or 1% White Milk	French Toast with Glazed Peaches (v) HOTM: Strawberries 8 oz NF or 1% White Milk	Variety Cereal (v) Grapes 8 oz NF or 1% White Milk
4	5	6	7	8 Week 1
Pancake Squares + Turkey Sausage (v) Tangerines/Mandarins 8 oz NF or 1% White Milk	Variety Bagels & Cream Cheese (v) Apples 8 oz NF or 1% White Milk	Blueberry Yogurt Cup & Granola Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Oranges 8 oz NF or 1% White Milk	Potato & Turkey Sausage Breakfast Wrap Grapes 8 oz NF or 1% White Milk
11	12	13	14	15 Week 2
Quesadilla + Pico de Gallo Salsa (v) Tangerines/Mandarins 8 oz NF or 1% White Milk	Waffle with Strawberries + Turkey Sausage Apples 8 oz NF or 1% White Milk	Egg & Cheese English Muffin (v) Bananas 8 oz NF or 1% White Milk	French Toast with Glazed Peaches (v) HOTM 8 oz NF or 1% White Milk	Variety Cereal (v) Grapes 8 oz NF or 1% White Milk
18	19	20	21	22 Week 1
Pancake Squares + Turkey Sausage (v) Tangerines/Mandarins 8 oz NF or 1% White Milk	Variety Bagels & Cream Cheese (v) Apples 8 oz NF or 1% White Milk	Blueberry Yogurt Cup & Granola Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Oranges 8 oz NF or 1% White Milk	Potato & Turkey Sausage Breakfast Wrap Grapes 8 oz NF or 1% White Milk
25	26	27	28	29 Week 2
Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*

(p) = Contains Pork

This institution is an equal opportunity provider.

December 2023 LESD Lunch Menu

MON	TUES	WED	THURS	FRI
11/27	11/28	11/29	11/30	12/1 Week 2

Chicken Drumstick Apples Krypton Kale Salad 8 oz NF or 1% White Milk	Grass Fed Beef Burger Bananas Cucumber Cuties 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl + Crackers HOTM: Strawberries Mandarin Crunch Salad 8 oz NF or 1% White Milk	Bean & Cheese Burrito (v) Grapes Pico de Gallo, Baby Carrots 8 oz NF or 1% White Milk	Cheese Pizza Sliders(v) Frozen Fruit Cup Garden Fresh Tossed Salad 8 oz NF or 1% White Milk
---	---	--	--	--

4	5	6	7	8 Week 1
----------	----------	----------	----------	-----------------

Chicken Nuggets Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk	Grilled Cheese (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk	BBQ Chicken Drumstick + Roll Orange Baby Carrots 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) with Curtido Grapes Refried Beans & Baby Carrots 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) 100% Fruit Juice Garden Fresh Tossed Salad 8 oz NF or 1% White Milk
---	--	--	---	--

11	12	13	14	15 Week 2
-----------	-----------	-----------	-----------	------------------

Chicken Drumstick Apples Krypton Kale Salad 8 oz NF or 1% White Milk	Grass Fed Beef Burger Bananas Cucumber Cuties 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl + Crackers Orange Mandarin Crunch Salad 8 oz NF or 1% White Milk	Bean & Cheese Burrito (v) Grapes Pico de Gallo, Baby Carrots 8 oz NF or 1% White Milk	Cheese Pizza Sliders(v) 100% Fruit Juice Garden Fresh Tossed Salad 8 oz NF or 1% White Milk
---	---	--	--	--

18	19	20	21	22 Week 1
-----------	-----------	-----------	-----------	------------------

Chicken Nuggets Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk	Grilled Cheese (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk	BBQ Chicken Drumstick + Roll Orange Baby Carrots 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) with Curtido Grapes Refried Beans & Baby Carrots 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) 100% Fruit Juice Garden Fresh Tossed Salad 8 oz NF or 1% White Milk
---	--	--	---	--

25	26	27	28	29 Week 2
-----------	-----------	-----------	-----------	------------------

Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*
--	--	--	--	--

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.