

December 2023 LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
11/27		11/28		11/29		11/30		12/1	
Quesadilla + Pico de Gallo Salsa (v)	Waffle with Strawberries + Turkey Sausage	Egg & Cheese English Muffin (v)	French Toast with Glazed Peaches (v)	Double Chocolate Chip Muffin (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	HOTM: Strawberries		Grapes		Apple Chips	
Tangerines/Mandarins	Apples	Bananas	Oranges	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
Dried Cranberries	100% Orange Juice	Applesauce Cups	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
4		5		6		7		8	
Pancake Squares + Turkey Sausage	Variety Bagels & Cream Cheese (v)	Blueberry Yogurt Cup & Granola	Mantecada Muffin (v)	Housemade Quesadilla (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Grapes		Apple Chips		Apple Chips	
Tangerines/Mandarins	Apples	Bananas	Oranges	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
Dried Cranberries	100% Orange Juice	Applesauce Cups	Dried Cranberries	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
11		12		13		14		15	
Concha and Fresh Pina (v)	Waffle with Strawberries + Turkey Sausage	Breakfast Wrap: Egg, Cheese & Turkey Sausage	French Toast with Glazed Peaches (v)	Double Chocolate Chip Muffin (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	HOTM		Grapes		Apple Chips	
Tangerines/Mandarins	Apples	Bananas	Oranges	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
Dried Cranberries	100% Orange Juice	Applesauce Cups	Dried Cranberries	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
18		19		20		21		22	
Pancake Squares + Turkey Sausage (v)	Variety Bagels & Cream Cheese (v)	Blueberry Yogurt Cup & Granola	Mantecada Muffin (v)	Housemade Quesadilla (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Grapes		Apple Chips		Apple Chips	
Tangerines/Mandarins	Apples	Bananas	Oranges	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
Dried Cranberries	100% Orange Juice	Applesauce Cups	Dried Cranberries	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
25		26		27		28		29	
Winter Break		Winter Break		Winter Break		Winter Break		Winter Break	
School not in session		*School not in session*		*School not in session*		*School not in session*		*School not in session*	

(v)= Vegetarian
(p) = Contains Pork

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December 2023

LESD Elementary School 2nd Chance Breakfast Menu

MON	TUES	WED	THURS	FRI
11/27	11/28	11/29	11/30	12/1
Variety Cereal + Sunflower Seeds (v) Tangerines/Mandarins Dried Cranberries 8 oz NF or 1% White Milk	Banana Chocolate Chunk BeneFit Bar (v) Apples 100% Orange Juice 8 oz NF or 1% White Milk	Variety Cereal + Sunflower Kernels or String Cheese (v) Bananas Applesauce Cups 8 oz NF or 1% White Milk	Mini Yogurt (v) + Cinnamon GoldFish (v) HOTM Oranges 8 oz NF or 1% White Milk	Double Chocolate Chip Muffin (v) Grapes Apple Chips 8 oz NF or 1% White Milk
4	5	6	7	8
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v) Tangerines/Mandarins Dried Cranberries 8 oz NF or 1% White Milk	Strawberry Yogurt Chex Mix + String Cheese (v) Apples 100% Orange Juice 8 oz NF or 1% White Milk	Campfire S'mores Bar + Sunflower Seeds (v) Bananas Applesauce Cups 8 oz NF or 1% White Milk	Mantecada Muffin (v) Oranges Dried Cranberries 8 oz NF or 1% White Milk	Variety Cereal + Sunflower Seeds (v) Grapes Apple Chips 8 oz NF or 1% White Milk
11	12	13	14	15
Concha and Fresh Pina (v) Tangerines/Mandarins Dried Cranberries 8 oz NF or 1% White Milk	Banana Chocolate Chunk BeneFit Bar (v) Apples 100% Orange Juice 8 oz NF or 1% White Milk	Variety Cereal + Sunflower Kernels or String Cheese (v) Bananas Applesauce Cups 8 oz NF or 1% White Milk	Mini Yogurt (v) + Cinnamon GoldFish (v) HOTM Oranges 8 oz NF or 1% White Milk	Double Chocolate Chip Muffin (v) Grapes Apple Chips 8 oz NF or 1% White Milk
18	19	20	21	22
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v) Tangerines/Mandarins Dried Cranberries 8 oz NF or 1% White Milk	Strawberry Yogurt Chex Mix + String Cheese (v) Apples 100% Orange Juice 8 oz NF or 1% White Milk	Campfire S'mores Bar + Sunflower Seeds (v) Bananas Applesauce Cups 8 oz NF or 1% White Milk	Mantecada Muffin (v) Oranges Dried Cranberries 8 oz NF or 1% White Milk	Variety Cereal + Sunflower Seeds (v) Grapes Apple Chips 8 oz NF or 1% White Milk
25	26	27	28	29
Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*	Winter Break *School not in session*

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December 2023

LESD Lunch Menu

MON		TUES		WED		THURS		FRI	
11/27		11/28		11/29		11/30		12/1	
Chicken Drumstick & Waffle	Grass Fed Beef Burger	Mandarin Orange Chicken Bowl + Crackers	Tamales: Chicken & Red Sauce + Pinto Beans	French Bread Pepperoni Pizza (p)		French Bread Cheese Pizza (v)			
Mac & Cheese with Waffle	Chipotle Black Bean Burger (v)	PB&J Sandwich (v)	Bean & Cheese Burrito (v)	Frozen Fruit Cups		Corn & Baby Carrots with Ranch			
Apples	Bananas	HOTM: Strawberries	Grapes						
Celery Sticks w/ Ranch	Cucumber Cuties	Chili Carrot Coins	Pico de Gallo						
Krypton Kale Salad	Shredded Lettuce & Cheese, Sliced	Mandarin Crunch Salad	Shredded Lettuce & Cheese	Garden Fresh Tossed Salad		8 oz NF or 1% White Milk or NF Chocolate			
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk						
4		5		6		7		8	
Chicken Nuggets + Sweet Crackers	Chicken Sandwich	BBQ Chicken Drumstick + Corn Bread	Bean & Cheese Pupusa (v) with Curtido	Pepperoni Pizza Slice (p)		Cheese Pizza Slice (v)		100% Fruit Juice	
Mozzarella Breadsticks with Marinara (v)	Grilled Cheese (v)	PB&J Sandwich (v)	Yogurt & Granola (v)						
Apples	Bananas	Oranges	Grapes						
Celery Sticks w/ Ranch	Broccoli w/ Ranch	Baby Carrots with Hummus	Refried Beans & Baby Carrots with Hummus	Corn		Garden Fresh Tossed Salad		8 oz NF or 1% White Milk or NF Chocolate	
Garden Fresh Tossed Salad	Shredded Lettuce & Cheese	New Salad with Kale Blend and Croutons	Chili Jicama Sticks, Pico de Gallo						
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk						
11		12		13		14		15	
Chicken Drumstick & Waffle	Grass Fed Beef Burger	Mandarin Orange Chicken Bowl + Crackers	Tamales: Chicken & Red Sauce + Pinto Beans	French Bread Pepperoni Pizza (p)		French Bread Cheese Pizza (v)		100% Fruit Juice	
Mac & Cheese with Waffle	Chipotle Black Bean Burger (v)	PB&J Sandwich (v)	Bean & Cheese Burrito (v)						
Apples	Bananas	Oranges	Grapes						
Celery Sticks w/ Ranch	Cucumber Cuties	Chili Carrot Coins	Pico de Gallo	Corn & Baby Carrots with Ranch		Garden Fresh Tossed Salad		8 oz NF or 1% White Milk or NF Chocolate	
Krypton Kale Salad	Shredded Lettuce & Cheese, Sliced	Mandarin Crunch Salad	Shredded Lettuce & Cheese						
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk						
18		19		20		21		22	
Chicken Nuggets + WG Star Cookie	Chicken Sandwich	BBQ Chicken Drumstick + Corn Bread	Bean & Cheese Pupusa (v) with Curtido	Pepperoni Pizza Slice (p)		Cheese Pizza Slice (v)		Wild Berry Ice (Frozen Juice Cup)	
Mozzarella Breadsticks with Marinara (v) + WG Star Cookie	Grilled Cheese (v)	PB&J Sandwich (v)	Yogurt & Granola (v)						
Apples	Bananas	Oranges	Grapes						
Celery Sticks w/ Ranch	Broccoli w/ Ranch	Baby Carrots with Hummus	Refried Beans & Baby Carrots with Hummus	Corn		Garden Fresh Tossed Salad		8 oz NF or 1% White Milk or NF Chocolate	
Garden Fresh Tossed Salad	Shredded Lettuce & Cheese	New Salad with Kale Blend and Croutons	Chili Jicama Sticks, Pico de Gallo						
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk						
25		26		27		28		29	
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*	

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