

IMPORTANT!
INFORMATION REGARDING FAMILY LIFE AND SEXUAL HEALTH
and HIV/AIDS CURRICULUM

Notice to all 5th Grade Parents/Guardians

Dear 5th Grade Families,

Each year, 5th grade classroom teachers instruct students on the topics of Family, Life and Sexual Health (FLASH) and HIV/AIDS.

As the parent/guardian, you have the right to request that your child be *excluded* from these lessons, but you **must first preview the HIV/AIDS curriculum** to exclude your child from instruction (in compliance with the Washington State Omnibus Act). If an exclusion from some or all of the HIV/AIDS or FLASH lessons is requested, a separate form for each must be completed and signed by parent/guardian. If you are interested in previewing the health lessons in the unit, you may follow the directions below.

The lessons are available for parent viewing, to log in follow the directions below:

1. Visit: www.bit.ly/healthpreview
2. Select grade level 5 to preview the curriculum
3. Scroll down to select different pages to preview lesson materials

If after reviewing these resources, if you would like to opt your student out of the lesson, then please complete the opt out form(s) found in the preview and return them to myself and your child's teacher.

In addition to the classroom lessons, we are providing families and students with additional resources to support healthy and productive conversations at home about sexual health. Tips for talking to kids about sexual health are available in English, Spanish and Chinese. We also have six pre-recorded lessons featuring Bellevue educators that families can view together (in English, Spanish and Chinese). Bellevue School Districted has collaborated with Seattle Public Schools, Lake Washington School District and Public Health of Seattle and King County to develop lessons to that are developmentally appropriate, culturally responsive and medically accurate. These additional resources can also be found in the Sexual Health Preview OneNote (directions to access are above).

We want you to know that we consider **YOU** to be the most important source of information for these topics. We look forward to a partnering with you to support healthy conversations about sexual health with your student.

Respectfully,



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