



Alvarado ISD Health Services SHAC Meeting Agenda



November 28, 2023



- **Welcome & Introduction**
- **Review & Approve Meeting Minutes – 09/19/23**
- **Roles and Responsibilities of SHAC**

- **Health Services**
- Strong Teens Curriculum Texas A&M (Dr. Jacob Szeszulski)
- District Clinic Update (Ana Encinas)

SHAC Goals (2023-2024)
 Increase SHAC activities
 Implement Local Wellness Plan Objectives
 Ensure program activities are fully developed

- **Counseling, Psychological & Social Services**
 - TCHAT Mental Health Resource (Leigh Williams)

- **Nutritional Services**
 - TDA Administrative Review Preliminary Results (Abigail Trevino)
 - CN Advisory Board (Abigail Trevino)

- **Parent/Community Involvement**
 - SHAC Family Night (Lori Nunez)

- **Physical Education**
 - Physical Education Coaches Update, planned events, etc.

- **Other Question, Comments, Concerns**
- **Next Meeting:** February 6th, May (TBD), at 1:30pm. in the boardroom at the Alvarado ISD Central Administration

Mission Statement:

The Mission of the Alvarado Independent School District School Health Advisory Council is to facilitate opportunities for the overall life-long health and wellness of the Alvarado Community.

Vision Statement:

It is the vision of the Alvarado Independent School District School Health Advisory Council to ensure Alvarado becomes an emotionally and physically healthy community.