

Charles County Public Schools Office of Early Childhood Monthly Newsletter

October 2023

Welcome to the first edition of the Charles County Early Childhood Newsletter!
We hope this newsletter will provide important information and engaging activities to share with your child!

Each month we will share school readiness activities from the four domains of learning along with events that are happening for children ages birth to 5.

1.



Can your child recognize their name in print?

- Show your child 2-4 names. Can they pick out which name is theirs?
- Show your child each letter in their name out of order. Can they identify each letter?
- Make a name puzzle for your child using an index card or piece of paper. Can they put the letters back together in the right order?

LANGUAGE AND LITERACY

Speaking and Listening:

I can describe familiar people, places, things and events with modeling and support.

- Go on a fall nature walk
- Name the items you see outside in the fall
- Talk about changes you see in the fall

Reading Foundational Skills

Concepts of Print:

I can demonstrate an awareness that words are read from left to right, top to bottom, and page by page

- As you read to your child, model proper book handling
- Point out that we read left to right and top to bottom



**Book
Spotlight:
"Leaf Man"
by Lois
Ehlert**

2.

MATH

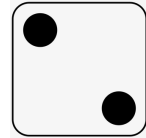
Counting and Cardinality: I can verbally count to 10 by ones

- Ask you child to count out loud or rote count to ten
- Incorporate movements such as clapping or marching while they count

Subitize

Counting and Cardinality:
I can recognize the number of objects in a set without counting (subitizing)

- Get ready...
- Look quickly...
- How many dots do you see?



3.

SOCIAL FOUNDATIONS

I can self-regulate by taking three calming breaths.

Be a S.T.A.R.

Smile

Take a deep breath and

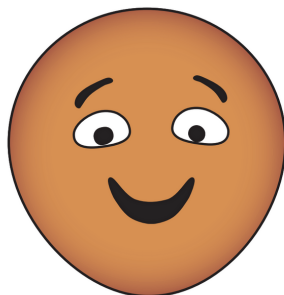
Relax

Encourage belly breathing where the tummy goes out when the air goes in, and in when the air goes out. Also help children learn to exhale slower than they inhale.



Be a star!

Identifying Emotions



happy

- What makes you happy?
- How does your face look when you are happy?
- How do you feel when you are happy?
- How do you know when others are happy?

4.

FINE MOTOR DEVELOPMENT

I can coordinate my hands, fingers, and wrists to perform fine motor tasks.

- Give your child a piece of construction paper
- Have them tear it into strips
- Then have them tear each strip into smaller pieces
- Have them put the torn paper into the shape of the first letter of their name



Tearing paper helps with....

- Hand eye coordination
- Bilateral coordination
- Pinch strength
- Arch development
- Hand strength
- Precision and refined grasp
- Motor planning

ACTIVITY SPOTLIGHT

The following events are happening across the county for the birth to 5 age group.

- Early Childhood Story Hours are hosted at 5 elementary schools across the county. These story hours are for Charles County children ages 2-5 that are not currently enrolled at Charles County Public Schools. Children will listen to a story hosted by the Charles County Public Library, complete school readiness activities, and take home a book to keep.
- Story Hour locations are at Malcolm, JC Parks, Dr. Higdon, Mt. Hope/Nanjemoy, and Dr. Brown Elementary schools.
- The event flyers are attached to the original e-mail or use the QR code to RSVP. We hope to see you there!

