

# 8th Grade Essential Standards -FACS (Human Services)

## The student will...

- demonstrate a basic knowledge of the sewing machine and sewing construction.
- demonstrate basic hand sewing skills
- identify different family structures.
- show an understanding of the function of the family unit in society.
- gain basic knowledge of the 6 basic nutrients for good health.
- show an understanding of choosing food for good health based on the nutrients and MyPlate.
- show the ability to read and follow a recipe.
- gain basic knowledge of the CTE Sunflower with career opportunities in the FACS petal.