



Mustang Messenger

February 21, 2020

Upcoming Events

- Publications meeting—Feb. 27th
- Cheer tryout meeting—Feb. 28th
- Cheer clinics—March 10-11th
- Cheer tryouts—March 12th

Want to know what is happening at The Creek? Visit the calendar on our webpage!

[Calendar Link](#)

**Enter to Learn
Go Forth to Serve**

Mill Creek Middle School

8001 Mize Blvd
Lenexa, KS 66227

Main Number
913-667-3512

Attendance Line
913-422-9698

Website
www.usd232.org

Dear 7th grade parents and guardians,

During the weeks of February 24-28 (girls) and March 2-6 (boys) your student will be receiving the Signs of Suicide (SOS) prevention program during their PE class. The program highlights the relationship between mental health and suicide, teaching that suicide is, most often, a fatal response to a treatable disorder—depression. While encouraging individual help-seeking, the program uses peer-to-peer messaging that encourages students to ACT® (Acknowledge, Care, Tell) when concerned about themselves or a friend. The school counselors and school social worker will be delivering the curriculum over two class periods to each 7th grade PE class. During the lesson, students will watch a video discussing signs of suicide, and then they will discuss with their peers and as a group what they have watched and their reactions. Information and resources for the SOS program can be found under the counseling tab on the Mill Creek Middle School website (link below). If you have any questions please feel free to reach out to the school counselors or school social worker:

<https://www.usd232.org/domain/3979>

Bulletin Board

Monday will be the last collection day!



SCHOOL SUPPLIES DRIVE

benefitting Kansas City International Academy

Feb. 18 - Feb. 21

Donations include (but are not limited to):

Donations will be accepted at	Notebooks
Mill Valley High School	Pencils
De Soto High School	Folders
Mill Creek Middle School	Markers
Monticello Trails Middle School	Crayons
Lexington Trails Middle School	Pens

Publications

Current 7th graders interested in applying for Publications 2020-21 can attend an informational meeting on Thursday, Feb. 27 during MELT. The meeting will be held in the 7th grade pod. Mrs. Miller, Publications adviser, will review the application process, the required project, and answer any questions about next year's schedule and tasks.

If you have questions, email

gmliller@usd232.org or stop in room (computer lab) 404.

Washington DC Trip

Any Parent or Student Grades 6 -12 interested in going on next year's Washington DC Trip need to attend the following meeting next week:

Thursday Feb. 27th - MCMS - 7:00
Cafeteria / Commons

Bulletin Board

Mrs. Roberts is placing a Scholastic Book Order on Friday, February 28th

<https://www.scholastic.com/home/>

Class Code is L9D8J

SPED Department Event

Parents and Guardians,

If you are a parent of a child with special needs and are preparing to transition your student to a new school setting within our school district for the 2020-21 school year, the USD 232 Special Services Advisory Committee (SSAC) would like to invite you to attend our Parent Forum on Transition on **Tues., 2/25/2020 at 6:30 pm at Mill Creek Middle School.**

Our families play an important role in supporting their child with special needs as they navigate different transitions throughout their school careers. At this forum, we will have staff available to share information and answer questions parents may have pertaining to transitions. If you are interested in attending on forum on Feb. 25, please register [HERE](#).

For Information on the following please click the link below:

[Cell Phone Policy](#)

[Black and Gold Calendar](#)

[Lunch Menu for the Week](#)

[Daily Schedule](#)

[MCMS Website](#)



STUCO Penny Wars

Every Warrior has a next
mission.

Penny Wars!!

February 24 - 28

POSITIVE POINTS	NEGATIVE POINTS
Pennies, dollars	Silver Coins

Put pennies and dollars in YOUR team bucket for positive points.

Put silver coins in OTHER team buckets for negative points.

Team Competition – Winning team gets DONUTS.

Drop your money in the buckets before school or in the library
during school.

**If you donate, your name will be put in a raffle for great
prizes!!**

Sponsored by Student Council, benefitting



**WOUNDED WARRIOR
PROJECT®**

Spring Musical

Mill Creek Middle School Presents



March 6th & 7th
at 7:00 pm

MCMS Gymnasium • 8001 Mize Blvd., • Lenexa, KS



Tickets \$5.00

5 years & under free



By Brian D. Taylor • Music by Bill Francoeur
• Lyrics by Scott DeTurk • Additional Lyrics
by Bill Francoeur

Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado.

High School Athletic Opportunities

MILL VALLEY JAG IRON

We will have a weight program going for middle school athletes on Monday and Wednesday from 3:45-4:45 starting Monday, March 2 through May. We would encourage those that are planning on going out for track to do so, but they are welcome to come the two weeks before spring break. They will get some good work in those two weeks and it will prep them for our summer program. This program is FREE

We are having a parent meeting for all incoming freshman football parents on Wednesday, Feb. 26th at 7 pm in the MVHS commons. This is an important meeting for a parent of a potential football player to attend. We will be handing out summer camp and summer calendar information among other things.

SIGN-UP INFORMATION

NAME: _____
 ADDRESS: _____
 CITY: _____ ZIP: _____
 HOME PHONE: _____
 GROUP: _____ 2020-21 GRADE: _____
 MOTHERS WORK/CELL PHONE: _____
 FATHERS WORK/CELL PHONE: _____
 EMERGENCY CONTACT NAME & NUMBER: _____
 INSURANCE CO: _____ POLICY # _____
 T-SHIRT SIZE (CIRCLE ONE) – S, M, L, XL, 2XL, 3XL

DISCLAIMER

MY CHILD, _____ HAS MY PERMISSION TO PARTICIPATE IN THE JAGUAR IRON SUMMER PROGRAM. I UNDERSTAND THAT MY CHILD WILL PARTICIPATE IN ACTIVITIES THAT MAY INVOLVE PHYSICAL CONTACT WITH THE GROUND AND/OR OTHER PEOPLE. I HEREBY RELEASE THE INSTRUCTORS, PROGRAM AND SCHOOL DISTRICT FROM ANY AND ALL CLAIMS AND/OR FINANCIAL RESPONSIBILITIES THAT MY CHILD MAY SUSTAIN AT OR TRAVELING TO AND/OR FROM THE JAGUAR IRON SUMMER PROGRAM.

IN THE EVENT OF AN EMERGENCY IN WHICH MY CHILD REQUIRES MEDICAL ATTENTION, I AUTHORIZE THE STAFF TO ACT FOR ME AND TO OBTAIN WHATEVER MEDICAL TREATMENT THE STAFF DEEMS NECESSARY. I FURTHER AGREE TO BE RESPONSIBLE FOR ANY MEDICAL AND/OR OTHER CHARGES IN CONJUNCTION WITH HIS PARTICIPATION AT THE JAGUAR IRON SUMMER PROGRAM.

IF YOUR CHILD HAS ANY RESTRICTIONS, PHYSICAL LIMITATIONS OR IMPAIRMENTS OF WHICH WE NEED TO BE ADVISED OF PLEASE LIST THEM BELOW.

Parent's Signature _____

Date _____

ALL athletes MUST have a physical on file before the start of camp!

JAG IRON SUMMER 2020



JUNE 8 – JULY 30

GROUP 1 – 10TH-12TH GRADE FOOTBALL ATHLETES
 MON/TUES/WED/THUR 6:30-8:30 AM

GROUP 2 – 9TH GRADE MALE ATHLETES
 MON/TUES/THUR 7:00-8:00 AM

GROUP 3 – 10TH-12TH GRADE MALE ATHLETES
 MON/TUES/THUR 8:30-9:30 AM

GROUP 4 – 7TH-8TH GRADE MALE ATHLETES
 MON/TUES/THUR 9:30-10:30 AM

GROUP 5 – 10TH-12TH GRADE FEMALE ATHLETES
 MON/TUES/THUR 10:15-11:15 AM

GROUP 6 – 7TH-9TH GRADE FEMALE ATHLETES
 MON/TUES/THUR 11:00 AM-12:00 PM

High School Athletic Opportunities

More Info on JAG IRON

What is The JAG IRON Summer Program?

THE JAGUAR IRON SUMMER PROGRAM IS A WEIGHT AND SPEED DEVELOPMENT PROGRAM SPONSORED BY THE ATHLETIC STAFF. THIS PROGRAM IS DESIGNED TO INCREASE YOUR SPEED, STRENGTH, AGILITY AND FLEXIBILITY. IT HAS A PROVEN TRACK RECORD THAT INVOLVES WEIGHT TRAINING, FORM RUNNING, AGILITY, PLYOMETRICS, AEROBICS AND FLEXIBILITY TRAINING. YOUR ATHLETE CAN AND SHOULD EXPECT IMPROVEMENT IN EACH OF THESE AREAS AND IN OVERALL CONDITIONING.

When is The Program?

THE JAGUAR IRON PROGRAM STARTS MONDAY, JUNE 8 AND CONTINUES THROUGH THURSDAY JULY 30.

***** SESSIONS WILL BE HELD EACH WEEK STARTING JUNE 8 AND ENDING JULY 30 EXCEPT FOR THE FOLLOWING DATES:**

**JULY 2 – JULY 6 (4TH OF JULY BREAK/KSHSAA BREAK)
JULY 20 – JULY 24 (SUMMER BREAK)**

Who can attend?

ANY ATHLETE, MALE OR FEMALE, 7TH GRADE AND UP WHO WANTS TO IMPROVE THEIR PHYSICAL ABILITIES THROUGH HARD WORK AND DEDICATION WHILE HAVING FUN MAY ATTEND.

What is the COST?

\$

75.00 (CHECK MADE PAYABLE TO JAGUAR STRENGTH PROGRAM)

Where is the program held?

AT THE MILL VALLEY HIGH SCHOOL WEIGHT ROOM (FIELDHOUSE), JAGUAR STADIUM, AND GYMS.

****IMPORTANT NOTE: OUR WEIGHT ROOM IS TEMPORARILY BEING MOVED TO THE FIELDHOUSE AT THE NORTH END OF THE STADIUM FOR THE 2020 SUMMER. PLEASE DROP YOUR STUDENT-ATHLETE OFF AT THE STADIUM FIELDHOUSE.**

What Now?

MAKE THE DECISION TO ENROLL YOUR ATHLETE TODAY!

1. MAKE CHECKS PAYABLE TO:

JAGUAR STRENGTH PROGRAM

2. ATTACH CHECK TO THE SIGN UP INFORMATION SHEET ON THE BACK OF THE BROCHURE. **PLEASE SEND INFORMATION IN BEFORE JUNE 1, 2020**

3. SEND MONEY AND INFORMATION SHEET TO THE FOLLOWING ADDRESS:

MILL VALLEY HIGH SCHOOL
ATTN: JOEL APPLEBEE
5900 MONTICELLO RD
SHAWNEE, KS 66226

IF YOU HAVE QUESTIONS FEEL FREE TO CONTACT COACH HUDGINS @ AHUDGINS@USD232.ORG

REGISTRATION FORMS FOUND ON WWW.MVJAGUAR.COM AND WWW.USD232.ORG.

DE SOTO CAMPS AND SUMMER OPPORTUNITIES



De Soto High School takes pride in offering a wide variety of camps and summer programs for the student-athletes of our community. At the included link, you will find information about summer camps and programs. Please feel free to contact the Activities Department with any questions.

<https://dhswildcatnation.com/summer-camps/>

#GoodNewsCallOfTheDay



**COWs from
February 21st**

School Procedures

Attendance

Report an Absence:

A 24 hour voicemail phone line (422-9698) is available to report an absence. If you need to speak with someone in person, our office opens at 7:30 am. We ask that you call on the day of the absence or before if possible.

Please include the following information:

- Leave your name, relationship
- Student's name
- Date and hours missed
- Reason for absence

Students are expected to attend school and to be present and punctual for all classes each day that school is in session from 7:55 am - 3:05 pm. Regular attendance is basic to the educational process.

Excused Absence:

The only acceptable reasons for absence or tardies are: illness, medical/dental appointments, court appearance, family emergencies (funerals, critical illness), religious holidays, and school sponsored events.

Bus Pass

If you are enrolled as a bus rider and you need to ride home on the bus with another student the office needs the following:

- **A note/email from BOTH parents involved giving permission along with bus and phone information.** Emails can be sent to amasilionis@usd232.org and thiggins@usd232.org.
- This option should only be used when other arrangements can't be made. **Students should not be changing buses daily or every week.**
- The office needs to have these changes **BY 1:30**. Requests after that will be denied.
- We will do our best to accommodate all requests but some may not be able to be filled.
- **Please have your student check in with the office at the end of the day if they have not received their but pass for the day.**
- If your student needs to change a bus for more than one occasion, please contact First Student at (913) 422-8501.
- Bus drivers are NOT part of the approval process. All communications need to be with the office.

Forgotten Items Policy

It is each student's responsibility to bring to school their classroom supplies, homework, P.E. clothes, uniforms, lunch, lunch money and anything else they need at school. It is important for students to learn how to handle their responsibilities. If you decide to bring forgotten items to school, please leave them **CLEARLY LABELED** at the Students Drop-Off Table in the front office. The office will NOT interrupt classroom instruction to notify your child of a forgotten item(s). Students can pick up their forgotten item between classes, during lunch or after school. Thank you for your cooperation!

After School/Event Code of Conduct

Please join us to spread some Mustang spirit at our after school events at Mill Creek Middle School. Athletic events (except cross country and track) at Mill Creek are \$3 for adults, \$1 for school aged children and free for 59 and over.

If a student wants to stay for a game those arrangements need to be made BEFORE school. We will NO longer allow students to call home AFTER school to see if they can stay for a game, due to our bus schedule. Please make arrangements for post-game transportation BEFORE arriving at school the day of the game. Students should be picked up from game around 5:30 and should not expect to use the school phone to call home for a ride. Students who consistently fail to make previous arrangements may be required to bring a note in order to stay or not be allowed to stay for future games.

MCMS Students expectations:

MCMS students who plan to stay for a game must report to the cafeteria at 3:05 on game days. Students may use this time after school as study hall, to talk quietly or play a game. Mandatory quiet time may be assigned at the discretion of the supervisor and they must ask for permission to leave the cafeteria for any reason. Any student who chooses to leave after school can ONLY attend the game with supervision of a parent/legal guardian. Students who stay after school are expected to follow the MCMS After School Athletic Events Code of Conduct and abide by the following guidelines:

- Stay in the building or at the football game during the entire course of the game. Any student who leaves the building or field during the game will be required to leave school grounds and will not be allowed to return.
- Be sitting in the bleachers in the student section while the game is in play. Students will be given the opportunity at all game breaks, such as quarter breaks, match breaks and half-time to get concessions and use the restroom. If a student misbehaves, engages in unsafe behavior, or displays poor sportsmanship, the student will be given an assigned seat, asked to leave or have additional school consequences.